

Resource Guide

April-August 2018

Free & Low Cost Activities/Caregiver Resource Guide

Important Info About this Packet:

This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening. This is not a complete list of Seattle events. ***Most events are free unless otherwise noted call location to confirm.** Information on most of the events in this list can also be found at the Seattle Parks and Recreation website:

<http://www.seattle.gov/parks/brochures/>

*****NOTE: This newsletter is for upcoming programs during the months of April- August. This will hopefully allow those interested in participating in Seattle park activities enough time to register and plan for them.

For future & additional copies, go to:
<http://www.treehouseforkids.org/how-we-help/essentials/>

Save Some Change!

With Seattle Parks and Recreation Discount Quick Card– New options available! Quick Card is a prepaid discount admission card that provides access to many recreational choices at Seattle Parks and Recreation.

To purchase a discount quick card, visit any center. A photo is taken at the time of purchase. Cards are issued to individuals and are not transferable.

Toddler Play 10 admissions: \$24

Drop-In Gym 10 admissions: \$27 (Adults) \$18 (Seniors)

Fitness Room 10 admissions: \$27 (Adults) \$18 (Seniors)

Punch Card 30 day UNLIMITED: \$20 (Adults) \$13 (Seniors)

Contact your community center for more information

Some of the upcoming programs have been included in this newsletter but there are **more programs available for free during the upcoming months that are not listed.** Refer to the website to find out more information regarding a description of each program, any changes since the release of this newsletter and registration information. Register early as some of the programs also have limited enrollment and fill up quickly. Feel free to contact programs that have already started if you would like to join, many will allow individuals to register if space is available.

There will be changes to the operating hours at some community centers and changes to some Parks and Recreation fees. We have tried to provide the most up to date information but changes may still occur before registration starts. Please call your local community center or pool for updates. We apologize for the inconvenience this may cause.

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City Wide Athletics:

Please consider volunteering as a coach or helping with recruitment of coaches. Our low cost leagues can't operate without the dedication of our awesome coaches!

FALL YOUTH SPORTS FIRST DAY OF REGISTRATION: May 23, 2018

GIRLS VOLLEYBALL LEAGUE Age Groups: 10-11, 12-13, and 14-17 (Age as of 8/31/18)

CO-ED VOLLEYBALL LEAGUE Age Groups: 10-11, 12-13, & 14-17 (Age as of 8/31/17)

The Citywide Girls and CO-ED Volleyball Leagues provide players the opportunity to develop and solidify fundamental skills, team play, and sportsmanship. Players may sign-up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at community centers or nearby school gyms and begin in early September. Games are played on weeknights and begin in mid-September and conclude with a weekend jamboree in mid-November. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available, or withdrawing with a full refund. Register early for your best chance of securing a spot on a team. Fee: \$40 Minimum: 6 Girls per team

YOUTH FLAG FOOTBALL LEAGUE (CO-ED) Age Groups: 6-7, 8-9, 10-11, and 12-17 (Age as of 8/31/18)

Players learn basic skills, team play, and sportsmanship in this citywide league. Players may sign-up at their local community center and are placed on teams. Games are played in accordance with NFL flag football rules and field dimensions. League play begins the last week in September and concludes in mid-November. Teams practice at their local community center. Teams will be forming in NE, NW, Central, South and West Seattle. Fee: \$40 Minimum: 5 players per team

YOUTH CROSS COUNTRY Ages 8-17:

To register or for more info please visit, www.raincityflyers.com or call 206-523-4233. Practices begin in early September at Woodland Park. Dress for the weather.

YOUTH SPORTS GENERAL INFORMATION I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff. Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.
2. Get registered! (Paperwork is at community centers).
3. Start practices and get ready for fun honing your skills and competing against other neighborhood community centers! If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

Summer Camps

2018:

*****Click the links provided in the titles to access camp websites.**

Destination Summer Camp: Ages 5-12, engage, spark passion, discover. Week long day camps with options for extended care. Scholarships available. All Camps are \$110 per week (Week 2 is \$88); Extended Care is \$5 for the AM and \$5 for the PM. \$15 holding deposits are available to hold your spot; the remainder of the amount will be due two weeks prior to the start of the camp. Contact Garfield Community Center for more information, call 206.684.4788

Licensed School-Age Camps: Locations at Alki, Delridge, Hiawatha @ Schmitz Park, High Point, Sout Park, Yesler. Different camps each week, running 6/25-8/31. Ages: 5 through 12 years. Operating Hours: 7 a.m. to 6 p.m.. Cost: \$225/week (\$180 for 4-day week of July 4). \$15 Sibling Discount (\$12 Sibling Discount week of July 4). A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available. Contact centers for more information.

Music Works Northwest: Bellevue
These camps include voice, jazz, piano, composition and even a Musical Trip to the Zoo. Camps cater to various skill levels and several camps are designed for kids with special needs. Offerings accommodate campers as young as 3 (with caregiver) and up to age 18.

Cost: Prices range from \$75 to \$320 per week, depending on the number of hours and age group.

Off the Wall School of Music: North Seattle. Off the Wall is all about making music fun, hosts rock band camp weeks throughout the summer where kids, among other things, get to name their band, get

private lessons, plan the performance, record music and more. Camp is for ages 8 to 15; and runs from 9 a.m.–2 p.m. during camp weeks.

Cost: \$397 per week; discount for registration prior to April 18.

School of Rock summer camp:

North Seattle, Lynnwood, West Seattle
With a new location in Lynnwood, School of Rock allows young rockers join a band for a week. With themes ranging from grunge to the Beatles, kids ages 8 to 18 learn about live performance while studying with professionals, learning songwriting and more. Week-long camps run all summer; there is also a two-day Rookie camp for the littlest rockers, kids entering grades 1 and 2 (ages 6–8).

Cost: 5-day and 2-day camps range from \$130 to \$450.

Wedgwood Drama Studio, Seattle
Wedgwood Drama Studio offers a number of popular, outdoor theater camps in northeast Seattle, ranging from a summer lab theater camp for grades 6 to 12; theater-in-the-park camps for kindergarden through sixth grade; and drama camp for preschoolers.

Cost: Camps for kids kindergarden-age and above run from 9 a.m.–3 p.m. and costs \$265; preschoolers attend from 9 a.m.–1 p.m. and pay \$144 per week.

Woodland Park Zoo, Seattle

Woodland Park Zoo offers a wide range of popular summer camps for ages 3 to 14. Kinder campers (ages 3–5) explore the zoo with a different theme focus such as colors, numbers, families and more; Zooper Campers (ages 4–9) explore one of two different themes (Animal Olympics or Kingdom of Animals); Discovery Days (ages 5–7 years) is offered in partnership with Seattle Children's Theatre; and Zoo U (ages 10–14) offers older kids the opportunity to study more advanced subjects.

Cost: Younger kids' camps start at \$215 per week for 9 a.m.–noon; \$360 for 9 a.m.–4 p.m.; Zoo U is \$380 for 9 a.m.–4 p.m.

Paint Away Summer art camps: Redmond
Paint Away's Kids' Summer Art Camp offers plenty of time for campers ages 6 to 13 to practice painting on ceramics, as well as the opportunity to delve into other artistic pursuits such as glass-fusing and canvas painting.

Cost: Week-long camps cost \$280 and meet 10 a.m.–2:30 p.m.

Skyhawks Sports Camps: multiple locations. Skyhawks Sports offers 12 different sports camps and clinics for kids ages 3 to 12 in locations all around the Sound. Some camps specialize in a single sport, such as lacrosse; others offer a mix of sports, such as baseball, basketball and soccer covered in one camp. Times and prices vary; use the website search engine to find a location near you.

Cost: \$100 and up for half-day camps

More great summer camps including overnight options can be found at <https://www.parentmap.com/article/fun-summer-camps-for-seattle-area-kids>

Teen Late Night- Seattle Parks and Recreation Citywide Program

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7 p.m.-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required.

Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. Contact your local neighborhood specialist for more information.

NORTH - (206) 684-7523 Meadowbrook Teen Life Center, Bitterlake Community Center

CENTRAL - (206) 684-4550 Garfield Teen Life Center

SOUTHEAST - (206) 551-7316 Rainier Community Center, Rainier Beach Community Center, Van Asselt Community Center

SOUTHWEST - (206) 684-7438 Southwest Teen Life Center High Point Community Center, Delridge Community Center South Park Community Center

RECTECH - LAB PUBLIC ACCESS HOURS AND PROGRAMS

RecTech's mission is to facilitate effective technology-driven programs providing education, recreation, and community development services for children, families, and neighborhoods. RecTech works to bridge the digital divide, providing technology access, training, and opportunities for personal and career development where the need is greatest, in Community Technology centers across south and central Seattle. Programs consist mainly of youth development services, workforce training, senior citizen programs, adult digital literacy training, and a variety of specialized educational opportunities. In the ten years since its inception, RecTech has worked to become a leading community resource, building stronger, more engaged communities through quality technology programming. Visit rectech.seattle.gov for more information.

OPEN COMPUTER LAB: During open hours, RecTech offers free time to use our technology resources for your own personal and professional needs. Please be aware that the labs are used by both young and old and some websites may be closed due to inappropriate content for minors. Please see below for open lab hours for each site:

DELRIDGE COMMUNITY CENTER: RecTech Site Lead: Leslie Howle (206-684-0364) Mon-Thu 2:30-8p.m. Fri-Sun CLOSED

SOUTH PARK COMMUNITY CENTER: RecTech Site Lead: Marcel Jones (206-615-1579) Mon- Fri 10a.m.-6p.m. Sat/Sun CLOSED

YESLER COMMUNITY CENTER: RecTech Site Lead: Asfaha Lemlem (206-615-1579) Monday 2-5 p.m. Tu/Thu 10a.m.-4p.m. Wednesday 2-6 p.m. Friday 2-4:30 p.m. Sat/Sun CLOSED

RAINIER COMMUNITY CENTER: RecTech Site Lead: Jonathan O.L.H. Porter (206.386.1919) Mon Noon-3 p.m. Wed 1-3 p.m. T/Th/F Noon-4 p.m. Sat/Sun CLOSED

RAINIER BEACH COMMUNITY CENTER: RecTech Site Lead: Young Pham (206-470-9115) Mon-Fri 11 a.m.-6:30 p.m. Sat/Sun CLOSED

DROP-IN All Ages: Computer lab has 8 PC's equipped with the latest versions of Microsoft Office, Adobe Premium Design Suite, the latest web browser versions, and a B&W printer in addition to free WIFI. Utilize our community technology lab to stay on top of your email, fill out online forms, do online banking, or research your next outing. Tutoring also available by appointment. Location: Rainier Beach CC Ongoing M-F Noon-3 p.m. 5-6:30 p.m. ADULT 1 ON 1 M/W 11 a.m.-2 p.m. OPEN LAB M/T/Th/F 5-6:30 p.m.

EVENING OPEN LAB: All Ages Open access to the internet, computers, and productivity software including Microsoft Office, Adobe Photoshop, and more. Whether you want to work on your own, or you'd like help using these or other technologies such as smartphones, laptops, tablets, email, social media, etc., our lab staff is here to help.

Citywide Teen Advisory Council:

Join other teens and make a difference in your community. The Teen Advisory Council (TAC) plans activities, fundraisers, and volunteer projects. If you're interested, please join our monthly meetings by registering with the teen programs at any community center. Times and days of meetings will vary from center to center.

Alki C.C.: Third Fri. of the month 5-6 p.m.

Delridge C.C.: Last Thursday of the month 4-5 p.m.

Hiawatha C.C.: Thursday 5 p.m.

High Point C.C.: Friday 4:30 p.m.

South Park C.C.: 2nd and 4th Wednesday 4:15-5 p.m.

SouthWest C.C.: Tuesday 3 – 5 pm

Special Events:

FRIDAY NIGHT SKATE:

Ages 2 and older. Join us for a night of skating for the whole family. Don't have your own skates? That's ok, we have your size. Enjoy a night of family fun to the latest pop music, races, and lights. No skate night 12/22. **Location: Alki CC**

Ongoing Fri 5:45-7:45 p.m. \$3/skater

THEMED SKATE NIGHTS: Ages 5 and Older. Join us for a night of fun! We'll have themed music, games, raffles, a costume contest, and a whole lot of fun for the entire family. **Location: Alki CC**

SPRING FLING: 4/20 Fri 5:45-7:45 p.m. \$3/skater

HAWAIIAN NIGHTS: 5/18 Fri 5/45-7:45 \$3/skater

PARENT'S NIGHT OUT:

Ages 5-11 Parent's, it's your turn to take a time out. And while you are out your kids will enjoy pizza, skating, games, and other activities. Please register a week in advance, a minimum of 5 participants is required. **Location: Alki CC Sibling Discount: \$10**

4/20 Fri 6-8 p.m. \$30

5/18 Fri 6-8 p.m. \$30

Southwest Seattle

MUSIC UNDER THE STAR:

Bring a picnic, blanket, stretch out on the lawn and enjoy live and audio broadcasted music from each of our Summer Festival concerts, provided directly to your neighborhood park. Each night begins with live music performed by an outstanding student ensemble and continues with KING-FM live broadcast, directly from Benaroya Hall. Snacks and refreshments provided by the Delridge CC Advisory Council. **Location: Delridge Playfield**

7/2 Mon 7:15 p.m.

7/9 Mon 7:15 p.m.

7/16 Mon 7:15 p.m.

7/23 Mon 7:15 p.m.

YESLER ADVISORY COUNCIL MOVIE NIGHTS:

All Ages Bring the whole family to watch free indoor family friendly movies every month! Brought to you by Yesler Advisory Council (donations accepted). **Location: Yesler CC**

4/13 Fri 5-7:30 p.m.

5/11 Fri 5-7:30 p.m.

6/8 Fri 5-7:30 p.m.

7/13 Fri 5-7:30 p.m.

8/10 Fri 5-7:30 p.m.

MOTHER'S DAY CELEBRATION:

All Ages. Bring your mothers and aunts to a paradise of fun at our appreciation breakfast put on by our Associated Recreation Council. Parent supervision is required. We appreciate what our mothers and aunts do for us year-round, so we decided to celebrate them in a beautiful and respectful way for all to enjoy. Please join us in the celebration. **Location: Yesler CC**

5/12 Sat 10 a.m.-Noon

DISCOVER! COMMUNITY RESOURCE EVENT:

All Ages Tour the High Point Community Center, learn about classes and programming offered in the High Point neighborhood, meet representatives from organizations that serve our community; Neighborhood House, Seattle Housing Authority, West Seattle Food Bank, Nature Consortium, High Point Clinic, and much more. **Location: High Point Neighborhood House**

4/14 Sat Noon-4 p.m.

DELRIDGE MOVIE NIGHT, SANDLOT: TWENTY-FIFTH ANNIVERSARY:

Join us for our annual summer time movie night. This year we are celebrating 25 years of "Your Killing Me Smalls" as we watch a classic, Sandlot. Come dressed in your favorite baseball attire and join us as we also celebrate National S'more Day. Brought to you by the Delridge Advisory Council and Southwest Youth and Family Services.

Location: Delridge Playfield

8/10 Fri 8:45 p.m. or Sun down

DELRIDGE DAYS FESTIVAL:

13th annual Delridge Day. A neighborhood celebration and annual neighborhood festival bringing everyone together for food, fun, games, music, resources, and community building. Let's celebrate all that Delridge offers. Brought to you by the Delridge Advisory Council and V.I.E.W.S.

Location: Delridge Playfield

8/11 Sat 11 a.m.-3 p.m.

NEIGHBORHOOD APPRECIATION BBQ:

Here at Alki Community Center we appreciate our neighbors and would love to invite you to join us for a good ole Neighborhood BBQ. Come meet our staff and your fellow neighbors while enjoying some good eats and carnival games. Food is free and games are \$1 per game or \$7 per unlimited bracelet. **Location: Alki CC**

8/17 Fri 5-7:30 p.m.

BACK TO SCHOOL CELEBRATION:

We welcome all students from elementary to high school to come and celebrate going back to school by offering free school supplies and snacks to members of our surrounding community. We welcome donations and volunteers to our event. Just come on in and inquire about our upcoming

event and how you can help, or call 206-386-1245.

Location: Yesler CC

8/24 Fri 5:30-6:30 p.m

ADVISORY COUNCIL FUN ACTIVITY NIGHTS:

Bring the whole family to a fun monthly evening at Yesler CC. Activities will include movie nights, gym game nights, board game nights, etc. We will also use these times to share fun and educational programming opportunities with the community. These events will be sponsored by the Yesler Community Center Advisory Council, a group of volunteers made up of neighbors and community agency staff to advise Seattle Parks and Recreation on activities in the Yesler Community Center. Admission is free but snacks will be sold to support the Yesler Community Center Advisory Council. Location: Yesler CC

Drop In Programs:

All drop-in programs are now free, unless otherwise noted, but require a Quickcard.

Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule.

***No Programs 5/29, 7/4, and 9/4.*

BALLROOM DANCE:

Ages 18 and Older Join us to experience complimentary and Latin dance lessons and free dance instruction/guidance in ballroom dancing. **Location:** Yesler CC

Tue 6-8:45p.m.

Sat 2:30-4:30 p.m.

DROP-IN BASKETBALL:

DELRIDGE: Mon 6-8p.m. T/Th 3-8 p.m. W/F 3-6p.m.

HIAWATHA: Please call for times.

HIGH POINT: Sat 9 a.-7p.m. Sun 2-5p.m.

Spring: M/W/F 2:30-4 pm. Summer: 10a.m.-Noon.

SOUTH PARK: M/T/W Noon-2 p.m.

YESLER: YOUTH M/W/F 3-5 p.m. T/TH 2:30-3:30P.M. ADULTS T/Th 1-3 p.m.

DROP-IN COMPUTER LAB:

DELRIDGE: Spring: M-Thu 2:30-8p.m.

SOUTHPARK: M-F 10AM-6 PM

YESLER: Mon- Fri 2-4p.m.

DROP-IN FITNESS ROOM:

DELRIDGE: M/W 9 a.m.-8 p.m. T/Th Noon-8 p.m. Friday 11 a.m.-6 p.m.

HIAWATHA: M/Th 10a.m.-3p.m. T/W 11a.m.-3p.m. Fri Noon-3p.m.

DROP-IN PICKLEBALL:

DELRIDGE: M/W 9:30a.m.-11:30a.m. Wed. 6-8p.m. (Ends 6/13) T/Th Noon-2 p.m.

HIAWATHA: Friday 10 a.m.-Noon

HIGH POINT: Mon 9:30a.m.- 11a.m. Wed 9:30a.m. – Noon

SOUTH PARK: M/W/F 10a.m.-12:30p.m.

YESLER: T/Th 10 a.m.-Noon

DROP-IN VOLLEY BALL:

DELRIDGE: T/Th 10 a.m.- noon

YESLER: Mon 6-8 p.m.

Alki Community Center:

HELP OTHER PEOPLE ENGAGE (HOPE):

Ages 12-17 At Alki Community Center we believe every youth has something special to offer. HOPE embraces the opportunity to help each youth find that gift through engaging volunteer activities. HOPE is a program that gives student volunteers experience working with other students, youth, and adults. This program allows youth to bring their voice and insight to their service learning experience at Alki Community Center. To find out about volunteer service learning hours, contact Paula Pablo at 206-684-7430 to set up an interest interview.

TEEN NIGHT:

Age 12-17 Once per quarter Alki Community Center will hold a teen night for all the teen volunteers (H.O.P.E) through the quarter. Enjoy open gym, arts and crafts, food and a ton of laughter. For more details please contact Paula @ (206) 233-3851.

KARATE - THE EMPTY HAND:

This class teaches traditional Shotokan Karate based on the texts of Gichin Funakoshi and Yasutsune Itosu. Presented using a multidisciplinary self-defense approach, by studying and practicing basic Karate techniques and strategies, that are designed to defend against larger and/or

multiple opponents. Come join the fun and great exercise too! Open to adults and children. We were West Seattle Shotokan...Now we're Alki Shotokan...we've been here for over 25 years...come be part. No classes 5/28 and 7/4. Summer hours 6-7 p.m. Start 6/25 and ends 8/29. Adults are \$45/month.

4/2-4/30 M/W 6:30-7:30 p.m. \$32

5/2-5/30 M/W 6:30-7:30 p.m. \$32

6/4-6/27 M/W 6:30-7:30 p.m. \$32

6/25, 6/27 Time is 6-7 p.m. \$32

7/2-7/30 M/W 6-7 p.m. \$32

8/1-8/29 M/W 6-7 p.m. \$32

9/5-9/26 M/W 6:30-7:30 p.m. \$32

ZUMBA® DANCE AND FITNESS:

(Ages 16 and Older) Zumba® combines high energy, and motivating Latin music with unique moves, and combinations that allow you to dance away your worries. The routines feature aerobic/fitness interval training with a combination of fast, and slow rhythms that tone and sculpt the body. Zumba® uses the principles of fitness interval training and resistance training to maximize caloric output, fat burning, and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps. Join us the last Thursday of every month for a themed Zumba Class. Monthly fee below, \$10 drop in fee.

4/9-5/7 Mon 7:15-8:15 p.m. \$45

5/14-6/18 Mon 7:15-8:15 p.m. \$45

7/2-7/30 Mon 7:15-8:15 p.m. \$45

8/6-8/27 Mon 7:15-8:15 p.m. \$36

Delridge Community Center:

TEEN FITNESS:

Ages 16-19 Cease to be obese! Work off those calories and feel great! Teen open fitness room hours. E-13 Form Required.

M/W 6-7p.m.

TEEN ADVISORY COUNCIL:

Ages 11-19. Join us for the Delridge Teen Advisory Council the last Thursday of each month. Call 206-684-7423 for more information.

Last Tuesday of the Month 6-7 p.m.

ZUMBA® DANCE AND FITNESS Ages:

16 and Older Zumba. Combines high energy, and motivating Latin music with unique moves, and combinations that allow you to dance away your worries. The routines feature aerobic/fitness interval training with a combination of fast, and slow rhythms that tone and sculpt the body. Zumba. uses the principles of fitness interval training and resistance training to maximize caloric output, fat burning, and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps. No Class 4/10 and 4/12.

4/3-4/26 T/Th 7-8 p.m. \$64

5/1-5/31 T/Th 7-8 p.m. \$80

6/5-6/28 T/Th 7-8 p.m. \$64

7/10-8/2 T/Th 7-8 p.m. \$64

8/7-8/30 T/Th 7-8 p.m. \$64

Drop-in: \$10

ACROBATICS AND CIRCUS ARTS:

Ages 5-12 This beginning circus class will keep you moving! Instructors from the School of Acrobatic and New Circus Arts will teach tumbling, wire walking, juggling, trampoline, rolling globe, and acrobatics. Don't miss out on the fun and sign up now. *Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure. No class 4/12. Instructor: SANCA

Ages 5-7 4/19-6/21 Thu 5:15-6 p.m. \$50

Ages 8-12 4/19-6/21 Thu 6-7 p.m. \$50

Hiawatha Community Center:

AFTER SCHOOL TEEN DROP-IN:

Ages 11-19 Daily activities set up by teens for teens – volleyball, basketball, current music,

crafts and more. Hiawatha also offers FREE dance studio space, a homework computer station. And FREE Wi-Fi access. Location: Hiawatha CC

4/2-6/22 M-F 3:35-5 p.m.

TEEN JOB READINESS PROGRAM:

Ages 14-19 Earn service learning hours and gain skills that prepare you for work and university life. In addition to quarterly intern positions, staff also offers resume, job application and interviewing assistance. Join our Hiawatha team! For more information, send your resume and/or inquiries to John.Hasslinger@Seattle.gov. Location: Hiawatha CC. The application period for summer internships begins April 2nd, 4/2-6/22.

FLEX FIT DROP IN:

Ages 14-19 Challenge your body to do great things! Student centered body-weight circuits, power yoga, core-fit, sports specific training, and more. Location: Hiawatha CC

4/4-6/20 Wed 2:20-3:30 p.m.

CREATE-A-COOK:

Ages 14-19 Share recipes and cook delicious foods. Space is limited to eight youth per event. Sign up in the teen room today!

4/6-6/22 Fri 3:30-5 p.m.

TUTOR CONNECT:

Ages 11-19 Connect with a fellow teen who can help you succeed in the classroom. Volunteer tutors and those seeking help are asked to email john.hasslinger@seattle.gov. Exceptional volunteer tutors will be offered additional service opportunities in the Seattle Public Libraries' "Math Buddies" program.

4/2-6/22 M-F 3-7 p.m. by appointment

WESTSIDE SPRING MUSICAL: Ages 14-

18 Show your Westside Spirit and cheer on your talented 'WildCat' friends. Earn FREE seats for this April performance by completing 20+ service hours with Hiawatha CC. Pre-funk begins at 6 p.m. in the Center, show starts at 7 p.m. at the high school. Contact center for dates. Location: Hiawatha CC

MOVIE NIGHT:

Ages 13-19 Popcorn, themed food, and movie selected by teens via email. Please email your rate PG-13 vote to

john.hasslinger@seattle.gov prior to May 1st. Best themed costume prize awarded at intermission! Limit 50

5/11 Fri 6-10 p.m.

WSHS TALENT SHOW:

Show your Westside Spirit and cheer on your talented 'Wildcat' friends. Those who serve 20+ hours beginning January 1st earn FREE seats for the annual talent show! Pre-party begins at 6 p.m. in the center, show starts at 7 p.m. at the high school. Limit 20

5/18 Fri 6-10 p.m.

BASKETBALL, BALLET, SOCCER, HIP HOP, HULA, AND TENNIS:

Lessons Available. Please inquire on community center website. Some scholarships offered.

MULTICULTURAL FOOD FAIR EVENT HELP:

Ages 14-19 Hiawatha interns will lead a volunteer group to assist at this annual event led by WSHS Key Club. Volunteers must be current WSHS students or alumni. Sign up at john.hasslinger@seattle.gov prior to May 2nd. Preparation begins in the Hiawatha CC Teen Room.

5/23 Wed 4-9 p.m.

MT. SI CHALLENGE HIKE:

Ages 14-19 Take a break from the city and experience awesome views and a physical challenge! This is an 8 mile, relatively steep hike with a big payoff at the top. Participants must join in "Flex-Fit Outdoors" and pass a fitness test to join. All supplies, including lunch and dinner provided. Limit 10. Van leaves Hiawatha CC at 10 a.m., returns at 6 p.m.

8/28 Tue 10 a.m.-6 p.m.

SNOW LAKE:

Ages 14-19 Arguably one of the most scenic lake destinations in the state! Participants will day hike up the mountains near Alpentel and descend to a special spot for lunch. "FlexFit Outdoors" participation and pass a fitness test to join. All supplies included. Limit 10. Van leaves Hiawatha CC at 10 a.m., returns at 6 p.m.

8/14 Tue 10 a.m.-6 p.m.

CITY-WIDE VOLLEYBALL LEAGUE:

Ages 10-17 Hiawatha is seeking players and volunteer coaches for the upcoming City-Wide fall volleyball season. Sign-ups begin in May, and the season begins after students return from Labor Day break. Please send questions and inquiries to john.hasslinger@seattle.gov. Location: Hiawatha CC

9/10-11/23 M-F

PING PONG BATTLE:

Ages 14-19 Players of all skill levels welcome. Music, food, and prizes for division winners. Sign up in advance at john.hasslinger@seattle.gov.

6/6 Wed 2:30-4:30 p.m.

INVEST IN YOURSELF:

Ages 13-19 Check out real opportunities to earn tuition dollars, seek scholarship funds and raise your value to potential universities. Invest in yourself! Please send emails to john.hasslinger@seattle.gov to schedule an appointment.

FLEX-FIT OUTDOOR:

Ages 14-19 No boring exercise here! We vary the workouts to keep your muscles and your heart challenged- tennis, yoga, circuits and more. For sign up, visit the Teen Room or email john.hasslinger@seattle.gov.

7/16-8/27 Mon 12:30-1:30 p.m

CYCLE THE WESTSIDE:

Ages 14-19 See more of West Seattle by bicycle! No bicycle required. For sign up, visit the Teen Room or email john.hasslinger@seattle.gov. Contact center for dates. Limit 20. Trip originates at and returns to Hiawatha CC

Wed Noon-5 p.m.

SUMMER CONCERTS IN THE PARK VOLUNTEERS WANTED!

Ages 14-19 Hiawatha staff wants your help to lead outdoor concerts in Hiawatha Park. These hours qualify for student service learning. Visit the Teen Room or email john.hasslinger@seattle.gov to sign up. Limit 15.

7/19-8/30 Thu 4-9 p.m.

High Point Community Center:

HIGH POINT TEEN PROGRAM INFORMATION FOR 2018 :

All programs are on the schedule but may be subject to change due to staffing and participation levels. We are a drop-in program. E-13's are required for participations and for any Field Trips. Teen program ages are 11-19 years old. For more information please call 206-684-7422 and speak with Laura Wilburn.

POPCORN AND MOVIE Ages 11-19:

This program is for kids who participate in one or more of our programs. The youth will be able to choose the Red Box movie and choices will be discussed in our Teen Talk sessions.

4/12, 4/26, 5/10, 5/24, 6/14, 6/28, 7/12, 7/26, 8/16, 8/30

Thu 5-8 p.m.

TEEN ADVISORY COUNCIL:

Ages 11-19 Our Teen Advisory Council gets together to discuss what programs the youth would like to see their community center engage in. Our council arranges and helps with events and event planning. Learn about civic engagement and how to strengthen our community through youth expression and discussions. We also discuss community service hours, projects, events and availability. Youth earn community service hours for participation.

4/25, 5/30, 6/27, 7/25, 8/29

Wed 5-6 p.m

TEEN GRUB CLUB Ages 11-19:

This class explores healthy eating and cooking habits. We cook from scratch. No mixes and or packaged sauces. Real whole foods are cooked and served by youth and for youth. Food is for participating youth. If you have recipe ideas or if you can cook, please come out and share your ideas and thoughts.

4/3, 4/17, 5/1, 5/15, 6/5, 6/19, 7/3, 7/17, 8/7, 8/21

Tue 4-6 p.m.

TEEN ART PROGRAM:

Ages 11-19 Youth will create different kinds of crafts. Some of the crafts include: Jewelry making, crochet, duct-tape crafts, and seasonal crafts. This class will be offered every other Friday. Call to confirm art program dates.

4/13, 4/27, 5/4, 5/18, 6/1, 6/15, 7/6, 7/20, 8/3, 8/17

Fri 5-7 p.m.

TEEN BAKING:

Ages 11-19. On those off Wednesdays, the kids here like to bake some fun stuff. It started out with cookies, but some of the kids are interested in baking other things. We bake everything from scratch. No cake mixes allowed in this place. The youth are experimenting with using whole food choices and healthy recipes.

4/11, 4/25, 5/9, 5/23, 6/13, 6/27, 7/11, 7/25, 8/15, 8/29

Wed 4-6 p.m.

COLLEGE PREPARATION:

Ages 11-19 College...Need help with applications, scholarships, budgets, grades, financial aid? Are they oh so confusing? This program is for youth who are looking to further their educational goals. Learn what colleges are looking for from youth, grades, and extracurricular activities. Learn how to apply for scholarships and financial aid. How to realistically budget for books, tuitions and fees to avoid the credit card trap. Call to confirm dates. Wed 4-5 p.m

ICE CREAM SOCIALS Ages 11-19:

Everybody knows that everything tastes better with ice cream. Youth make and serve ice cream to their peers. This program is for participants in youth programs here at High Point. The youth that make and serve ice cream will receive community service hours. Call to confirm dates.

WEST SEATTLE TAE KWAN DO CLUB Ages 18 and Older:

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Our club is focused on self-improvement in a non-competitive atmosphere that promotes unity, respect, and indomitable spirit. Improve physical abilities such as strength, speed, endurance, flexibility, and

coordination as well as mental attributes such as confidence, focus, self-control, and willpower. Taught by Darin Smith, 3rd deg. black belt and certified personal trainer. No class 5/28 and 7/4. Instructor: Darin Smith

4/2-4/30 M/Th 6:30-8 p.m. \$35 Sat 10 a.m.-Noon

5/7-5/31 M/Th 6:30-8 p.m. \$35 Sat 10 a.m.-Noon

6/2-6/30 M/Th 6:30-8 p.m. \$35 Sat 10 a.m.-Noon

7/2-7/30 M/Th 6:30-8 p.m. \$35 Sat 10 a.m.-Noon

8/4-8/30 M/Th 6:30-8 p.m. \$35 Sat 10 a.m.-Noon

YOGALATES:

Ages 16 and Older Come and relax after a hectic day. Yoga is excellent for developing general tone and fitness in the body while also creating a sense of inner calm, relaxation and overall wellbeing. Beginners and intermediates are welcome. No class 4/11 and 7/4.

4/4-4/25 Wed 6:30-7:30 p.m. \$21

5/2-5/30 Wed 6:30-7:30 p.m. \$28

6/6-6/27 Wed 6:30-7:30 p.m. \$28

7/11-7/25 Wed 6:30-7:30 p.m. \$21

8/1-8/29 Wed 6:30-7:30 p.m. \$28

BALLET, DANCE, TENNIS, AND

PIANO: Lessons available. Please go to website for more information.

South Park Community Center:

INTRODUCTION TO PIANO:

Ages 6 and Older. This program offers an A to Z introduction to playing piano for those who have never played before, and those who are playing but want to learn more about piano music theory.

LUNCHTIME YOGA:

Ages 16 and Older. Come and relax and take

a lunch break to experience a healthy yet soothing workout. Yoga will help you de-stress your day away, become more flexible and strengthen your core.

4/3-4/24 Tue Noon-1 p.m. \$20

5/1-5/29 Tue Noon-1 p.m. \$25

6/5-6/26 Tue Noon-1 p.m. \$20

7/3-7/31 Tue Noon-1 p.m. \$25

8/7-8/28 Tue Noon-1 p.m. \$20

12/5-12/26 Tue 5-6:30 p.m.

SISTER CIRCLE:

(Ages 12 and Older) Upon request, the South Park Community Center has created a program specifically for young women to support participants in building positive relationships amongst their own. Young women between the ages of 10+ are welcome to discover all of themselves with Sisters of a common goal.

4/3-4/26 T/Th 5:30-7:30 p.m.

5/1-5/29 T/Th 5:30-7:30 p.m.

6/5-6/28 T/Th 5:30-7:30 p.m.

LGBT AND ALLIES: BUILDING AND ALLY NATION:

Ages 10 and Older. Young adults it is time to roll up our sleeves and get to work. At the South Park Community Center, we are recruiting young adults who are interested in building collaborations and alliances between the Seattle Parks and Recreation Staff and alternate teens so that every community center is a welcoming and safe space. You can participate in this project as an afterschool program, service learning opportunity or internship. If you would like to have this as an internship opportunity, please ensure that you have completed both Coping and Support Training and Race: The Power of an Illusion Training.

4/6-4/27 Fri 5-7 p.m.

5/4-5/25 Fri 5-7 p.m.

6/1-6/29 Fri 5-7 p.m.

INDOOR ROWING AND FITNESS:

Ages 14 and older The South Park Community Center offers indoor rowing and fitness classes for those interested in getting in shape with a whole-body workout. Classes will be based around the Concept 2 Ergometer and also encompass core training and circuit training classes. This is a participant led course

4/3-4/24 Tue 5:45-6:45 p.m.

5/1-5/29 Tue 5:45-6:45 p.m.

6/5-6/26 Tue 5:45-6:45 p.m.

7/3-7/31 Tue 5:45-6:45 p.m.

8/7-8/28 Tue 5:45-6:45 p.m.

FOOD SAFETY TRAINING:

(Ages 14-19) Are you looking for a part time job that involves handling food served to the public? Before you travel on that journey, you should stop by the South Park Late Night Program on one of the dates below. Washington State requires that all food workers have food safety training before handling food served to the public. Food workers who take a food safety training class and pass the State of Washington exam on food safety basics are issued a Food Worker Card (also called a Food Handler Permit). South Park Late Night will not only provide the training but pay for the card as well. Now that's winning!

4/13 and 5/18 Fri 7-9:30 p.m.

FIRST AID/CPR/AED:

Ages 14-19. Would you know what to do in a cardiac, breathing or first aid emergency? The right answer could help you save a life. With an emphasis on hands-on learning, our First Aid/CPR/ AED course gives you the skills to save a life. In this training, you will learn how to respond to common first aid emergencies, including burns, cuts, head, neck and back injuries, and more.

5/19 Sat 9:30 a.m.-4:30 p.m.

Yesler Community Center:

SEATTLE SOUNDERS FC/ RAVE FUTSAL CLINICS:

Ages 6-12 Come join the Seattle Sounders FC/Rave Foundation in clinics to learn the fundamentals of futsal. Seattle Sounders coaches will provide two futsal clinics for the youth in our surrounding areas, and for Yesler Community Center. Each group will be capped at 40 participants. At the end of each session each youth will receive a Sounders FC soccer ball.

4/4-6/13 Wed 4-6 p.m.

SEATTLE PUBLIC LIBRARY:

Ages 6-12 Seattle Public Library will provide a summer series of fun and educational programs at the Yesler Community Center for elementary age students.

7/11-8/29 Wed 3-5 p.m.

PEACEFUL TRAINING:

Ages 5-18 Through physical exercise, healthy foods, and mindfulness your child will develop a powerful sense of self, in order to achieve their full potential. Your child will participate in sport specific drills designed to improve speed, agility, strength, balance, and overall physical abilities. Your child will also be taught mindful meditation which will allow the positive effects of physical exercise to sink in. Instructor: Coach Kal

4/6-6/22 Fri 5-6 p.m.

TEEN FITNESS:

Ages 11-19. Join fellow teens in Yesler Community Center's Fitness Room and learn to be fit together! You will encourage each other to be healthy, learn how to use fitness equipment properly, and learn simple techniques to incorporate into your daily routine to accomplish your fitness goals. FREE Instructor: Donna Kirvin and Intern

4/2-8/31 M-F 3:30-5 p.m..

LEADERSHIP DEVELOPMENT PLUS PROGRAM/ ENTREPRENEURSHIP:

Ages 14-19 Yesler's Leadership Development Plus Program is a program for teen's ages 14 to 19 years old. This program is designed to develop and enhance the leadership skills

within our participants. This program will also help teens to create a business based on their skills and talents that they have. They will be encouraged to build relationship with their peers and to find partners within the community that can help them successfully start a small business and apply for start-up grants. Some internships are available but requirements must be met before you are selected by the Recreation Leader Donna Kirvin. Instructor: Donna Kirvin

4/2-8/31 M-F 11 a.m.-6 p.m

DRILLS AND SKILLS:

(Ages 14-19) Teens will be able to participate in team sports. Activities will be supervised by Drills and Skills Staff to ensure that everyone gets a chance to participate and enjoyed the activities offered. Participants will improve the physical fitness durability, they will learn and improve on such skills as basketball, leadership, communication, teamwork, eye and hand coordination. Participants will play games against the peers. Participants will work on ball handling, defensive drills, passing drills, lay-ups, jumpers, full court press, screening, blocking and running plays. Instructor: James Hampton/ Aaron Brook's Foundation

4/3-6/21 T/Th 4-7 p.m.

HISTORY OF WAACKING, DANCE CLASS, LGBTQ COMMUNITY DANCE CLASS:

(Ages 14 and Older) Waacking was born out of a dance called Punking in the 70s during the height of the disco era. Punking stemmed from the black and latino gay underground clubs in LA, a safe place for their community to express themselves and dance without fear of persecution. Punks was a derogatory term for gay men at the time that they took as their own. Inspired by tv shows and Hollywood dramaticism punking involved lots of emotional expression and posing. Later it was called whacking meaning 'to strike' after the quick arm motions involved as well as to help distance itself from the negative term punking. It was later changed to the double a spelling, waacking, to further distance itself from sexual and violent connotations. Waacking is currently undergoing a new wave of popularity across Asia, Europe, and America with new styles and forms being created..

4/3-4/24 Tue 6-7 p.m. \$20

5/1-5/22 Tue 6-7 p.m. \$20

6/5-6/26 Tue 6-7 p.m. \$20

7/3-7/24 Tue 6-7 p.m. \$20

8/7-8/28 Tue 6-7 p.m. \$20

Drop-in: \$10

DEVELOPING GIRLS TO AAU STANDARDS BASKETBALL SQUAD:

Ages 13-17 Participants between the ages 13-17 will improve physical fitness durability. They will also learn and improve on skills such as basketball, leadership, communication, teamwork, and eye and hand coordination. Participants will work on ball handling, defensive drills, passing drills, lay-ups, jumpers, full court press, screening, blocking, running plays, and enhancing natural abilities. Participants will play games against other AAU teams. Instructor: Donna Kirvin and James Hampton

4/2-6/21 T/Th 4-6 p.m.

WOMEN'S ZUMBA:

(Ages 13 and Older) Join the Zumba Women's class. Zumba is a Latin inspired dance fitness class that incorporates Latin and International music and dance movements. This class format combines fast and slow rhythms that tone and sculpt the body, blending balance of cardio and muscle toning benefits. Zumba is fun, different, easy and effective. No class 7/4

Drop-in: \$10

4/2-4/23 Mon 6-7 p.m. \$20

4/4-4/25 Wed 6-7 p.m. \$20

5/7-5/28 Mon 6-7 p.m. \$20

5/2-5/23 Wed 6-7 p.m. \$20

6/4-6/25 Mon 6-7 p.m. \$20

6/6-6/27 Wed 6-7 p.m. \$20

7/2-7/23 Mon 6-7 p.m. \$20

7/11-7/25 Wed 6-7 p.m. \$20

8/6-8/27 Mon 6-7 p.m. \$20

8/1-8/22 Wed 6-7 p.m. \$20

KYOKUSHIN KARATE, INTRO TO BREAK DANCE, BEGINNING FREESTYLE DANCE, BALLET, AND GUITAR:

Lessons available. Please go to website for more information on these classes.

SOUTHWEST COMMUNITY CENTER HOURS:

ALKI COMMUNITY CENTER: 5817
SW Stevens St / Seattle, WA 98116, PH:
206-684-7430 Fax: 206-938-9549

Mon/Wed/Fri 3-8 p.m. Tue/Thu 10 a.m.-3
p.m. Sat/Sun Closed

DELRIDGE COMMUNITY CENTER:
4501 Delridge Way S / Seattle, WA
98106, PH: 206-684-7423 Fax: 206-684-
7424

Mon/Wed 9 a.m.-8 p.m. Tue/Thu Noon-8
p.m. Friday 11 a.m.-6 p.m. Sat/Sun
Closed

**HIAWATHA COMMUNITY
CENTER:** 2700 California Ave SW /
Seattle, WA 98116, PH: 206-684-7441
Fax: 206-923-1691

Mon/Thu 10 a.m.-8 p.m. Tue/Wed 11
a.m.-8 p.m. Friday Noon-7 p.m. Sat/Sun
(available for rentals) Closed

**HIGH POINT COMMUNITY
CENTER:** 6920 34th Ave SW / Seattle,
WA 98126, PH: 206-684-7422 Fax: 206-
684-7402

Mon-Thu 9 a.m.-8 p.m. Fri/Sat 9 a.m.-7
p.m. Sunday 2-8 p.m.

SOUTHWEST TEEN LIFE CENTER:
2801 SW Thistle St/Seattle, WA 98126,
Entry is located on south side of
building.

PH: 206-684-7438 Fax: 206-233-7295,
Tue-Fri 2:30-8 p.m. Fri/Sat 7 p.m.-
Midnight (Late Night) Saturday 5-7 p.m.

**SOUTH PARK COMMUNITY
CENTER:** 8319 8th Ave S / Seattle, WA
98108, PH: 206-684-7451 Fax: 206-684-
7992

Mon-Thu 10 a.m.-9 p.m. Friday 10 a.m.-7
p.m. Saturday 9 a.m.-5 p.m. Sunday
Closed

YESLER COMMUNITY CENTER: 917
E. Yesler Way / Seattle, WA 98122, PH:
206-386-1245 Fax: 206-684-7787

Mon-Fri 10:30 a.m.-8 p.m. Saturday 10
a.m.-5 p.m. Sunday 9:30 a.m.-5 p.m.

Northwest Seattle

Special Events:

FAMILY SKATE NIGHT:

All Ages Join us for this popular Bitter Lake family tradition! We will have great music and play fun games. Bring your own skates and blades, or borrow a pair of ours. Please note: No toy skates allowed. Location: Bitter Lake CC Annex (13040 Greenwood Ave N)

4/6-6/15 Fri 6:30-8:15 p.m. \$4/skater

FAMILY FUN NIGHT:

All Ages Magnolia will host a family fun night, full of activity. Family Fun Night is designed to get the kids moving: a gym full of toys, tumbling mats, and more. Location: Magnolia

4/20 Fri 5-7 p.m. \$3 6/8 Fri 5-7 p.m. \$3

BELLTOWN ARTWALK:

All Ages Join us every second Friday of the month to kick-off the Belltown Artwalk. Pick up a free map of participating venues, check out the center's featured artists, enjoy refreshments and raffle prizes. Doors open from 6-7:30 p.m. Other participating venues remain open till 9 p.m. Location: Belltown CC

4/13 Fri 6-7:30 p.m.

5/11 Fri 6-7:30 p.m.

6/8 Fri 6-7:30 p.m.

7/13 Fri 6-7:30 p.m.

8/10 Fri 6-7:30 p.m.

9/14 Fri 6-7:30 p.m.

TUESDAYS IN BALLARD:

All Ages On Tuesday nights bring your friends and family to join Ballard Community Center for hotdogs, popcorn, great conversations, and plenty of fun! Donations of new socks, canned food, or cash gratefully accepted. Watch our Facebook page for weekly themes! Location: Ballard CC

7/10-8/21 Tue 6:30 p.m.

SUMMER SACK LUNCH/SNACK PROGRAM:

Ages 18 and Under Bitter Lake Community Center will be hosting this wonderful program again in 2016! During the summer, youth up to 18 years of age can receive a free sack lunch and/or afternoon snack (while supplies last). Location: Bitter Lake CC

6/27-8/24 Lunch: Noon-1 p.m. Snack: 3:30-4 p.m.

WADING POOL:

All Ages Our popular wading pool will be open once again for all sorts of wet summer fun! The pool will be open and staffed on sunny days when the temperature reaches 70 degrees or above. If you're unsure, call the Wading Pool Hotline at 206-684-7796. Location: Bitter Lake CC

6/26-8/17 T-F Noon-7 p.m.

OUTDOOR MOVIES:

All Ages Bring your picnic baskets and blankets and watch a family friendly movie. The big outdoor screen will be located on the Eastside of the Green Lake Community Center by the arch. Look for more details and information as the summer approaches. We are collecting can food donations for the local food bank. Free popcorn! Location: Green Lake CC July and August 8 p.m.

BITTER LAKE MOVIE NIGHTS:

All Ages Don't have dinner plans for your families and looking for a fun night out with your family? Come and enjoy quality time with your family as dinner and a movie for will be provided. All movies shown will be fun and friendly for the whole family to enjoy! Admission is per family! Location: Bitter Lake CC

4/27 Fri 6-8 p.m. \$5

5/25 Fri 6-8 p.m. \$5

7/27 Fri 6-8 p.m. \$5

LIFE JACKET SALES:

All Ages We encourage the community to beat the heat this summer at our public beaches, pools and water features, but we want everyone to enjoy the water as safely as possible. Drowning is the second leading cause of unintentional injury death among children ages 1-14 years old. Wearing a life jacket saves lives. Washington State law requires children ages 12 and younger to wear a Coast Guard-approved life jacket or life vest on vessels shorter than 19 feet long. There must be a life jacket on board for each person older than 12. Please call Evans Pool for more information. Location: Evans Pool/Green Lake Community Center

TBA Sat 10 a.m.-2 p.m. \$20-\$30

SERVICE LEARNING HOURS:

Ages 11-16. High school students are required to complete 60 hours of volunteer service in order to meet graduation requirements. This is an opportunity for you to earn a portion of your hours at Magnolia Community Center. Teens receiving service learning credit will be required to be active in the Teen Advisory Council Leadership Component as part of their 60 hours. The ongoing hours varies.

TEEN ADVISORY COUNCIL:

Ages 11-15. Here is an opportunity to represent your community center by suggesting future activities, and to help run special events. Meetings are held once per month at the community center. For more information, visit the teen board.

3rd Friday of the month 4-5:30 p.m.

APRIL POOLS DAY:

All Ages With summer fast approaching, there is no better time than now to start preparing for how to stay safe and get the most enjoyment out of swimming and water recreation season. In April, Evans Pool will host an April Pools Day event for families and community members. The event will include FREE public swims, water and boat safety information, and fun activities for kids. Location: Evans Pool/Green Lake CC 4/14 Sat 3:30-4:30 p.m.

TACO TRIVIA:

All Ages Join us for a night of delicious Mexican food as we celebrate Cinco de Mayo. Trivia will challenge your mind, there will be a piñata and other fun activities. A choice of tacos will be available (including vegetarian, vegan, and gluten free options)

along with salsa, beans, and rice. Preregistration is required and the party is limited to 40 people. Location: Loyal Heights CC

5/4 Fri 6-7:30 p.m. \$5 per person Kids 3 and under are free!

SUMMER BOUNCE FEST:

All Ages Dress in bright tropical colors, and join us for a fun time with bounce houses, carnival games, and entertainment. Event bracelets include snack, crafts, and unlimited bouncing fun! Volunteers are needed so please call 206-684-4052 if you are interested. Location: Loyal Heights CC

6/7 Thu 5:30-7:30 p.m. Event bracelet available for \$7

RAINBOW RUN:

Ages 3 and Older Join us for a lap run to celebrate the beautiful diversity of our friends and families. The run will include racing numbers, awards, treats, and surprises. Everyone wins, just cross the finish line! Parents, relatives and friends are welcome to participate or just come cheer runners on. Participants need to wear running shoes. Location: Ballard CC

6/23 Sat 9 a.m. \$5

ICE CREAM SOCIAL:

All Ages Bring a picnic to the park and enjoy live music performed by the talented Sliverbacks and premium ice cream! Location: Loyal Heights CC

7/26 Thu 5:30-7:30 p.m. \$2/scoop recommended donation

MAGNOLIA SUMMERFEST & PARADE:

All Ages This two-day summer festival has been a part of the Magnolia community for over 55 years. Enjoy great food and entertainment, the largest children parade in Seattle, talent, contest, live music art vendors, a juried art show, a huge sidewalk sale, and much more! Location: Magnolia C.C.

8/3- 8/5

NATIONAL NIGHT OUT:

All Ages National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. So come celebrate with

your neighbors! We will have hot dogs, music, games, face-painting and more. Please contact the community center at 206-684- 7524 with any questions. Location: Bitter Lake CC

8/7 Tue 6-8 p.m.

Drop-In Programs:

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 5/28, 7/4, 9/3..

TODDLER GYM PLAY TIME:

Ages Walkers-5 Years. Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) Times are subject to change.

BALLARD COMMUNITY CENTER
M/W/F (Ends 5/25) 9:30 a.m.-12:30 p.m.

BELLTOWN COMMUNITY CENTER
M/W/Th 9:30a.m.- Noon

BITTER LAKE COMMUNITY CENTER
(Ends 5/30) M/W 9:30 a.m.-12:30p.m.

LOYAL HEIGHTS COMMUNITY CENTER
(Ends 5/31) Tue/Thu 10 a.m.-2 p.m.

MAGNOLIA COMMUNITY CENTER
(Ends 5/10) Wed/Fri 11 a.m.-1 p.m.
Sat 9:30-11a.m.

QUEEN ANNE COMMUNITY CENTER (Ends 6/21) Tue/Thu 10 a.m.-1 p.m

DROP-IN ADULT WATER COLOR:

Ages 18 and older. Join us each week for painting, sharing ideas, and critiques. We will paint still life scenes, share reference photos, and/or work on our own independent projects. This group is open to watercolorists at all levels. This is not a class. To participate, please bring your own paints, brushes, paper, and unbreakable water container. Location: Loyal Heights CC

Fri 11 a.m.-3 p.m.

QUIET PLAY GYM:

The Ballard Community Center is proud to be able to offer Quiet Play time for families affected by autism spectrum disorder. Experience all the fun of the community center without the large crowds. We will be dimming the lights and make special efforts to reduce the noise level. Location: Ballard CC

Fridays 1-2:30 p.m.

TODDLER PLAY ROOMS:

Enjoy a dedicated play space filled with lots of children's toys of all shapes, sizes, and mobility. It's a great way for your child to learn and socialize with others. Parental supervision required. Must adhere to posted rules. So what are you waiting for? Come in from the wet and cold and play! Public Health-Seattle and King County requires that you take away changed diapers. Times are subject to change.

BALLARD COMMUNITY CENTER*
(Ends 5/25) Ages 4 and younger Mon-Fri 9:30 a.m.-8:30 p.m.

BELLTOWN COMMUNITY CENTER
Ages 5 and younger M/W/Th 3-8 p.m. Fri 9:30 a.m.-2:30 p.m.

GREEN LAKE COMMUNITY CENTER
Ages 5 and younger Available for rentals on Saturday and Sundays! Mon-Fri 10 a.m.-8 p.m. Saturday 9 a.m.-4:45 p.m.

QUEEN ANNE COMMUNITY CENTER
Ages 5 and younger Mon-Fri 9:30 a.m.-4 p.m.
Sat 10 a.m.-3 p.m.

LOYAL HEIGHTS WEIGHT ROOM:

Ages 18 and older. Take a little time to get a workout in our fitness room. The room features several pieces of cardio equipment, Kaiser Compress machines, a punching bag, free weights, a cable machine, squat rack, and more. Location: Loyal Heights CC

Mon 9 a.m.-8:45 p.m.

T/Th 10:30 a.m.-5:45 p.m., 7-8 p.m.

Wed 10:30 a.m.-8:45 p.m.

Fri 11 a.m.-Noon, 1-8:45 p.m.

QUEEN ANNE WEIGHT ROOM:

Ages 18 and older. Commit to get fit! In our friendly, non-intimidating fitness room, you can set and meet your goals no matter what your level of fitness is. Put on that old pair of sweats, grab your sneakers, we are into fitness, not fashion. No program on 5/30. Location: Queen Anne CC

SPRING:

Mon-Fri 9:30-8:45 p.m.
Sat 10 a.m.-3 p.m.

SUMMER:

Mon/Wed 9 a.m.-8 p.m.
T/Th/F 9 a.m.-7 p.m. Sat/Sun Closed

LOBBY GAMES:

Come play ping pong, chess, checkers and possibly other games in our lobby. Available during open hours, call ahead to confirm. Location: Belltown CC

OPEN PLAY PIANO PRACTICE:

All Ages. Come in and have at it tapping the keys. Location: Belltown CC

Mon/Wed 3-4 p.m.

DROP-IN BASKETBALL:

BITTER LAKE: Mon 7-9p.m.

GREEN LAKE: M/F 10a.m.-2p.m. T/Th 10a.m.-11:45a.m.-1p.m.-2p.m.

LOYAL HEIGHTS: Friday 7-8:45 p.m.

MAGNOLIA: Tuesday 6-8p.m.

QUEEN ANNE: Wed 7-9p.m.

DODGEBALL:

GREEN LAKE: Wed 7-9p.m.

LOYAL HEIGHTS: Mon 7-8:45p.m.

TABLE TENNIS – PING PONG:

Open to the public at any time. Equipment is available during operating hours. Tables are located outside.

BELL TOWN: M/T/W 3-8 p.m. Thu/Fri 9:30a.m.-2:30p.m. FREE

GREENLAKE: Wednesday 10 a.m.-1 p.m.
Friday 6-9p.m. Saturday 5-9 p.m. Sunday 4-9 p.m. \$5 or \$45 (10-visit) punch card (14 tables)

VOLLEYBALL:

BALLARD: T/F * 6:30-8:30 p.m. *Fri is Women only

Ballard:**QUICKSTART TENNIS:**

LEAGUE Ages 7-10 QuickStart Tennis League is designed as a FUN play based approach for beginner kids ages 7-10 years old. There are two divisions that use age appropriate courts and equipment that allow kids to learn a new sport while having a good time and being successful. Kids will learn fun drills and play fun games. Practices are Monday's and Wednesday's from 6-7 p.m. for 7-8 years old and 7-8 p.m. for 9-10 years old. All equipment is provided! Teams will also participate in matches against other community centers beginning in late July.

Ages 7-8 6/26-8/16 M/W 6-7 p.m. \$40

Ages 9-10 6/26-8/16 M/W 7-8 p.m. \$40

WHACKY WEDNESDAYS:

Ages 5-12 Early release Wednesdays are the perfect time to try something new. Kids will enjoy time in the gym and on the playground, paper crafts, strategy games, dance, cooking and more. Every week will be a new adventure! Program will be at Adams Elementary, room 208. A snack will be provided, and kids are encouraged to bring a water bottle. All children must be signed out at the end of program by an approved a guardian.

4/18-6/20 Wed 1:25-5 p.m. \$280

KIDS AT CLAY:

Ages 5-12 The art of pottery is thousands of years old. At the Ballard Community Center, we will "travel" throughout time visiting various moments in history, the people involved and any special clay and/or techniques they employ. We travel to Ancient Egypt where the students will use a 7,000-year-old recipe for Egyptian Paste—a special clay that turns glass like in the kiln. We will even make our own clay body (type of clay) from raw materials! This in-depth program allows for students to explore and learn about different cultures and history as they relate to the art of pottery. No Passport needed! No class days TBA will follow Seattle Public Schools schedule and include 1/15, 2/19, 2/20, and 2/22. Instructor: Andrea Hays

Ages 5-8: 4/16-6/18 Mon 3:30-5 p.m. \$180
4/17-6/19 Tue 3:30-5 p.m. \$200

Ages 9-12 4/19-6/21 Thu 3:30-5 p.m. \$200

FENCING-ADVANCED CLUB:

Ages 12 and Older This class is for those who have completed the intermediate class or for experienced fencers who want to stay in practice and improve their skills. Fencers at this level must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers, glove, and electric gear. We usually have two or three electric strips set up and all weapons are welcome. There are no enrollment limits for Open Fencing. Instructor: Pat Reeves

4/17-6/21 T/Th 7-8:30 p.m. \$80

JEWELRY MAKING:

Ages 7-12 Kids will learn about different material, styles and designs as they learn to make their own jewelry. If you can dream it-you can make it! No class days TBA will follow Seattle Public Schools schedule and include. Instructor: Amber Daub

4/20-6/22 Fri 3:30-4:45 p.m. \$150

PILATES:

Ages 18 and Older Join us for a 45-minute "Pilates-based" Mat Class which will focus on stretching and strengthening your muscles, particularly the "core" muscles. We will strengthen, tone, and improve flexibility and balance. You'll leave with more energy and a warm glow! Light weights and mats are provided, although you are welcome to bring your own. We recommend you bring your own towel. No class 5/28 or 7/4. Drop-In: \$5

4/19-5/17 Thu 10:30-11:15 a.m. \$20

5/24-6/21 Thu 10:30-11:15 a.m. \$20

Drop-in: \$5

Belltown:

BEGINNING AND INTERMEDIATE GROUP GUITAR LESSONS:

All Ages Come learn the basics of playing guitar such as chords, scales, and skills necessary to play your favorite songs! This class is appropriate for total beginners with no musical experience, as well as students with some experience. Please bring a six string acoustic or electric guitar (along with practice amp) to each class. Class size is limited to six students, so register early to secure your spot! No class 5/28 and 7/4.

4/4-4/25 Wed 5-6 p.m. \$50

5/2-5/30 Wed 5-6 p.m. \$50

6/6-6/27 Wed 5-6 p.m. \$50

7/11-7/25 Wed 5-6 p.m. \$50

8/1-8/29 Wed 5-6 p.m. \$50

PUBLIC SPEAKING:

Work on improving your public speaking, presentation and professional leadership skills with Emerald City Toastmasters. Enrollment is open to all; visitors are welcome! Noon to 1 p.m., Thursdays at Belltown Community Center.

4/5-8/30 Thu Noon-1 p.m. (registration is required)

CREATIVE COOKING SKILLS FOR BEGINNER AND INTERMEDIATE COOKS
Ages 18 and Older All classes are hands-on one-time workshops. Sign up for 2 or more classes, and receive a discounted rate of \$30 per class. Bring your own apron. Instructor: Mindy Jahn. **Tuesdays from 5:30-8:30p.m.**

Pasta: 4/3

Thai: 4/17

Dips: 5/1

Mexican: 5/15

Greek: 6/5

Indian: 6/19

Bitter Lake:

ART PROJECTS FOR KIDS:

Ages 3-8 Fun art projects for children 3 to 8 years old, parents welcome. Each class will explore a different art technique, including painting, drawing, printmaking, collage, crafts and paper constructions. Kids will have fun building creative skills and learning about art. Supplies and materials provided.

Instructor: Kathleen Coyle

4/7-5/12 Sat 11 a.m.-12:15 p.m. \$78

5/19-6/24 Sat 11 a.m.-12:15 p.m. \$78

4/7-5/12 Sat 1-2:15 p.m. \$78

5/19-6/24 Sat 1-2:15 p.m. \$78

LITTLE HOOPERS INSTRUCTIONAL BASKETBALL:

Ages 5-9 Learn the basics of basketball in a fun and safe environment! Students will learn basic basketball skills which instructors will incorporate into organized group games. All participants will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

4/5-5/10 Thu 5-5:50 p.m. \$60

5/17-6/21 Thu 5-5:50 p.m. \$60

AARON BROOKS FOUNDATION DRILLS AND SKILLS:

Ages 10-18 The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop academic, social, and leadership skills. The participants will start each session with tutoring and homework time, followed by structured activities to develop their interpersonal skills, and ending with physical activity, such as basketball drills and scrimmages. No class 5/28 Instructor: James Hampton

4/2-6/11 Mon 4-7 p.m.

BALLET 1:

Ages 6-10 Girls and boys experience the joy of dancing through ballet technique.

Students will learn ballet vocabulary, motor skills, posture, balance, coordination, musicality, and motor planning. This class has a classic ballet structure and includes choreography and creative expression.

Students should wear ballet shoes, dance attire, and have long hair pulled back.

Instructor: Fawnia Chauvaux

4/7-6/16 Sat 1-2 p.m. \$110/\$140*

6/23-7/21 Sat 1-2 p.m. \$50

7/28-8/25 Sat 1-2 p.m. \$50

ROLLER SKATING LESSONS:

Ages 5 and Older Come participate in some intergenerational skating for beginning and intermediate roller skaters and bladders.

Class will be divided according to skill level. Come and learn to skate or improve the skills you have developed so far. After lessons, you can practice with others during Friday Night Family Skate! No class 5/28. Instructor: Dona Ely

4/13-5/11 Fri 5:30-6:30 p.m. \$55

5/18-6/22 Fri 5:30-6:30 p.m. \$55

HOMEWORK HELP:

Looking for a help on your homework? Why not hang out and get your homework done at the same time! We have the space, resources, and tutors to give you that one on one help so you get done with your homework and still have time to chill with your friends. Come by to the Bitter Lake Community Center and help us help you!

4/2-6/20 M/W 4:30-6 p.m.

TEEN CHEFS:

Ages 11-18 This class will provide hands-on cooking and nutrition education for participants. Learn how to sustainably prepare your own meals and develop a taste for traditional dishes from around the world. Have a favorite recipe you'd like to share with the group? Bring it to class and we'll cook it together!

4/5-6/21 Thu 4-5:30 p.m.

TEEN ADVISORY COUNCIL:

Ages 11-18 Takes place first Thursday of the month. Here is a chance for teens to represent their peers by planning afterschool activities and field trips for themselves and their friends! Participants will also engage in discussions regarding issues in and around their community, as well as ideas to help solve them. For more information, please contact Richard By or Adam Johnson at the Community Center 206-684-7524.

4/5-6/7 1st Thu/Month 4-5 p.m.

COMMUNITY SERVICE HOURS:

Ages 13-19 High school students seeking to fulfill community service hours can earn them through helping at various special events. Please contact Richard By or Adam Johnson at the community center at 206-684-7524 for opportunities. Ongoing.

SUMMER OF SAFETY:

Ages 11-14 Join us for our second Summer of Safety! This program is designed for middle school age youth who are looking for fun and safe activities to participate in during the summer. This program will be offered 3-4 days per week and will highlight cultural, environmental, and social activities, including a light snacks and free sack lunch. Participants are required to have a current E-13 on file.

7/2-8/24 M-F Noon-5 p.m.

TAI CHI:

Ages 16 and Older Learn the world's most popular and gentle martial art. Yang style Tai Chi is a traditional form of exercise, renowned for developing coordination, flexibility, patience, balance and strength. Wear loose comfortable clothing. No class 5/28. Instructor: Chris Marshall

4/2-5/7 Mon 7-8:30 p.m. \$36

5/14-6/18 Mon 7-8:30 p.m. \$30

7/2-7/30 Mon 7-8:30 p.m. \$30

8/6-8/27 Mon 7-8:30 p.m. \$24

Green Lake:

TEEN SWIM:

Ages 11-17 Middle School and Teens with school ID can swim for FREE. (Youth are \$3.75 without school ID).

Tue 7-8 p.m.

BALLET 1:

Ages 5-7 A class for those students wanting to explore ballet in an engaging, inclusive, and fun way. We will develop ballet skills and vocabulary while inspiring creativity and expression. Students will learn the fundamentals of good posture, alignment, balance, and placement. Barre and center work will be introduced, as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled off the face. All students welcome.

4/7-5/12 Sat 10:45-11:45 p.m. \$55

5/19-6/23 Sat 10:45-11:45 p.m. \$55

7/14-8/18 Sat 10:40-11:45 p.m. \$55

KAJUKENBO KUNG FU:

Ages 8 and Older Kajukenbo is a mixed martial arts system from Hawaii. The name Kajukenbo is a portmanteau of the various arts from which its style is derived: KA for Karate, JU for Judo and Jujutsu, KEN for Kenpo and BO for Boxing. Instructor: Jacque Johnson

4/19-6/7 Thu 5-6 p.m. \$70

QUICKSTART TENNIS LEAGUE:

Ages 7-10 QuickStart Tennis League is designed as a FUN play-based approach for beginner kids ages 7-10 years old. There are two divisions that use age appropriate courts and equipment that allow kids to learn a new sport while having a good time and being successful. Kids will learn fun drills and play fun games. Practices are Monday's and Wednesdays from 6-7 p.m. for 7-8 year olds and 7-8 p.m. for 9 -10 year olds. Teams will also participate in matches against other

centers in late July. Volunteer coaches wanted.

Ages 7-8 6/25-8/15 M/W 6-7 p.m. \$40

Ages 9-10 6/25-8/15 M/W 7-8 p.m. \$40

ADULT/YOUTH PIANO LESSONS:

Ages 6 and Older Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Must have access to electric key board or piano for home practice. Sign-up for half hour time slots. Instructor: Brendan McGovern

\$25/Session Please contact center for dates

TEENS DEN @ GREEN LAKE:

Ages 11-17. Calling all teens come hang out in our new TEEN Room! We have pool table, air hockey, foosball, shuffleboard, darts, X-Box, shoot some hoops or join our teen advisory council. Check out calendar of special events and join the fun! An updated E-13 must be on file. Must show school ID or Quick Card

4/2-8/31 M-F 3-8 p.m.

4/7-8/25 Sat 11 a.m.-4 p.m.

GREEN LAKE TEEN DEN CHALLENGE:

Ages 11-17 Join us as we decide together what our challenge for the quarter with the options being on the X-Box, basketball or outside playing some ultimate frisbee. Teens will vote on the featured activity with one vote per person. Must have Quick Card and E-13 to participate.

6/1 Fri 6-8 p.m.

ZY QIGONG:

Ages 14 and Older Come join Jean Clough and Karen Fletcher, who are certified qigong instructors as they teach one of the world's most ancient and complete healing and self-development systems. Learn to: activate your energy center and system; absorb, generate, and move energy; increase your energy level and vitality; reach a deep relaxed state; balance and improve your immune and digestive systems and feel more

present with your daily life. Instructors: Jean Clough

Level 1: 4/18-5/16 Wed 5:15-6:45 p.m. \$65

Level 2: 5/23-6/20 Wed 5:15-6:45 p.m. \$65

HAWAIIAN HULA DANCE:

Ages 14 and Older Learn dance steps, hand movements, language, and customs in a welcoming, creative environment. Fit them together in the telling of a story. Fun, low impact exercise! Instructor: Eileen Mumm

4/3-4/24 Tue 5:45-6:45 p.m. \$44

5/1-5/29 Tue 5:45-6:45 p.m. \$55

Loyal Heights:

LOYAL HEIGHTS AFTER SCHOOL TEEN PROGRAM:

Ages 11-18 Teens participate in fun, exciting and educational activities after school.

4/2-6/18 M-F 3:30-6 p.m

POPCORN & A MOVIE:

Ages 11 -18 Participants watch an exciting movie rental from Rain City Video.

4/2-6/18 Mon 3:30-6 p.m.

TEEN COUNCIL:

Ages 11-18 The Loyal Heights Teen Council is looking for trustworthy, reliable and responsible teens to join the Loyal Heights Teen Council. Members are expected to participate in monthly teen meetings, help with special events, plan activities and recruit other teens.

Meetings are held on the first Thursday of the month. Ongoing Thu 4 -5 p.m.

PIZZA & PINS:

Ages 11-18 Teens eat pizza and pop while bowling at Roxbury Lanes.

Spring TBA Alt. Fri 4-7:30 p.m.

7/6-8/31 Alt. Fri 1-4 p.m.

TEEN SWIM:

Ages 11- 18 Teens Swim at Evans Pool. 4/3-6/19 Tue 6:30-8:30 p.m. Teens Swim at Meadowbrook Pool.

7/5-8/30 Thu 1-4:30 p.m.

TEEN FITNESS:

Ages 11 -18 Teen workout in the Loyal Heights Fitness Room.

4/4-6/20 Wed 5-6 p.m.

7/10-8/28 Tue 4-5 p.m

FIRST TEE GOLF:

Age 11-19 The First Tee of Greater Seattle's program consists of two curricula designed primarily for 8-18 year olds. One is focused on golf and the other is focused on life skills. To make progress, participants must show proficiency in both golf and life.

7/3-8/8 Wed 2-4:30 p.m.

FENCING-BEGINNING:

Ages 12 and Older If you have never fenced before, this is the class for you. You will learn basic footwork, attacks, parries, strategy, rules, and etiquette. By the end of the quarter you will be able to step onto the strip in electric gear and fence! Basic fencing equipment for the class will be provided. However, you will need to wear long pants (sweats or warm-ups recommended) and court or running shoes. Street shoes are not allowed. Instructor: Diane Rodenberg

4/17-6/20 T/Th 7-8 p.m. \$110

Intermediate: 4/17-6/20 T/Th 7-8 p.m.

MACHINE SEWING @WHITTIER:

Ages 7-12 Students are invited to learn a skill they will use for a lifetime and a hobby they will forever enjoy sewing! No experience necessary for boys and girls to learn the basics and beyond. Beginning students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. Projects, which are constantly rotating during the quarter, include backpacks, phone cases, clothing, accessories, bags, games,

stuffed animal and more! All sewing classes are supervised by Chelsea Cook, owner of Little Hands Creations. No class 1/15 and 2/19 Instructor: Little Hands Sewing Location: Whittier Elementary School

4/16-5/14 Mon 2:30-4 p.m. \$150

5/21-6/18 Mon 2:30-4 p.m. \$120

HIP HOP @WHITTIER:

Ages 5-12 Learn the creative and energetic dance steps of Hip Hop for fun or fitness. Hip Hop classes are designed for students to learn all facets, foundations and fundamentals of hip hop. Students will leave class refreshed, with confidence and ready to strut their stuff. Instructor: Anna Nagy Location: Whittier Elementary School

4/17-6/19 Tue 2:30-4 p.m. \$180

WHAT'S COOKING?!

Ages 7-12 In this fun class, young chefs will learn about kitchen basics including food safety, nutrition and how to follow a recipe. Together we will taste the rainbow as we explore everyone's favorites as well as cuisines from around the world. Learning to cook is a great way to support your child's growing independence and creativity! No class 2/22 Instructor: Mindy Jahn

4/19-6/21 Thu 5-6 p.m. \$150

PIANO LESSONS:

Ages 6 and Older Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric key board or piano for practice outside of lessons. Instructor: Dina Drovetto

4/3-6/28 Tue 3:30-6:30 p.m. \$22/session

PIANO OR GUITAR LESSONS (BONUS MANDARIN):

Ages 4 and Older Students of all levels are welcome for lessons in piano or guitar. As a bonus, instructor Bruce will teach one or more phrases or characters in Mandarin Chinese per lesson. If you do not have an

instrument yet, please consult instructor for appropriate choices. Lessons are 30 minutes once per week. Please call 206- 684-4052 to schedule your lessons. Instructor: Bruce Howard

4/5-8/30 Thu 4-7:30 p.m. \$22/session

GYMNASTICS:

Ages 7-10 Girls and boys will develop their gymnastics skills in a fun and positive environment. Students will progress skills in tumbling and on balance beam, bar, vault and trampoline. Students will develop coordination, strength, flexibility and endurance. Parents may attend the first day of class only, parents are asked to not be in the class room so that your child will not be distracted while learning. No class 1/15 and 2/19 *Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure. Instructor: Tigger Huisinga

4/16-6/18 Mon 5:30-6:30 p.m. \$100

MARTIAL ARTS: TANG SOO DO:

Ages 8 and Older Get moving with your friends, family and neighbors! Explore self-defense through the traditional Korean martial art of Tang Soo Do! You will get the opportunity to develop skills in kicking, striking, flexibility, balance and coordination. We aim to teach students to become better versions of themselves through movement, self-discipline and focus. If you choose to continually participate in this class, you will have the opportunity to gain belt ranks through an internationally recognized martial arts organization. No class 5/28, 6/27, 7/4, and 7/16 Instructors: Mr. Robert Nelson and Mr. Juanya Williams

4/2-4/30 M/W 7:15-8:15 p.m. \$28

5/2-5/30 M/W 7:15-8:15 p.m. \$28

6/4-6/20 M/W 7:15-8:15 p.m. \$28

7/2-7/30 M/W 7:15-8:15 p.m. \$28

8/1-8/29 M/W 7:15-8:15 p.m. \$28

Magnolia:

TEEN DROP IN PROGRAM:

Ages 11-15 Drop-in activities; enjoy a game of table tennis or foosball, and some board games in our games room. The gym is available for teens to use during scheduled (open gym) hours. Daily 3:30-6 p.m.

TEEN COOKING:

Ages 11-15 Come join us in cooking class with the Teen Leader. We will be learning the basics of food preparation, as well as food safety and basic kitchen etiquette. Every other Tuesday 4-5 p.m.

SERVICE LEARNING HOURS:

Ages 11-16 High school students are required to complete 60 hours of volunteer service to meet graduation requirements. This is an opportunity for you to earn a portion of your hours at Magnolia Community Center. Teens receiving service learning credit will be required to be active in the Teen Advisory Council Leadership Component as part of their 60 hours. The ongoing hours varies.

TEEN ADVISORY COUNCIL:

Ages 11-15 Here is an opportunity to represent your community center by suggesting future activities, and to help run special events. Meetings are held once per month at the Community Center. For more information visit the teen board. 3rd Friday of the month 4-5:30 p.m

TAEKWON DO:

Ages 7 and Older Taekwon Do, a Korean martial art is taught utilizing a fun, safe, family focused method designed for a wide range of skill levels and ages (7 and older). This class teaches traditional Taekwon Do and focuses on empowering students to reach their full potential through self-disciplined, hard work! Students should wear comfortable clothes (no shorts please) that allow them to move freely. Uniforms are required. Students should consult their instructor for purchasing options. A typical class is run with the instructor leading the group through a series of warm ups and stretches, followed by drills that focus on

development of balance and technique.

*Please contact the Magnolia Community Center at 206-386-4235 to register multiple people. Instructor: Bob Couch

4/3-4/26 T/Th 6:15-7:30 p.m. \$50

5/1-5/31 T/Th 6:15-7:30 p.m. \$62.50

6/5-6/28 T/Th 6:15-7:30 p.m. \$50 \$

7/3-7/31 T/Th 6:15-7:30 p.m. \$56.25

8/2-8/30 T/Th 6:15-7:30 p.m. \$56.25

Sibling Discounts Available

ZUMBA®:

Ages 16 and Older Ever thought about taking Zumba®? Looking for something to kick start your fitness plan? Join us for this exciting and active Zumba® class with super-energetic instructor. Drop-in is only \$9 per class. Fee is monthly and will not be prorated after the start of the month. No class 1/16 and 2/20. Instructor: Venessa Mackie and Run Chneang

4/2-4/23 Mon 6:30-7:30 p.m. \$20

4/4-4/25 Wed 6:30-7:30 p.m. \$20

3/31-4/28 Sat 9:45-10:45 a.m. \$25

4/30-5/25 Mon 6:30-7:30 p.m. \$20

5/2-5/30 Wed 6:30-7:30 p.m. \$25

5/5-5/19 Sat 9:45-10:45 a.m. \$15

6/4-6/25 Mon 6:30-7:30 p.m. \$20

6/6-6/27 Wed 6:30-7:30 p.m. \$20

6/2-6/23 Sat 6:30-7:30 p.m. \$20

7/2-7/30 Mon 6:30-7:30 p.m. \$25

7/11-7/25 Wed 6:30-7:30 p.m. \$15

8/6-8/27 Mon 6:30-7:30 p.m. \$20

8/1-8/29 Wed 6:30-7:30 p.m. \$25

KIDS CARPENTRY:

Ages 5-10 Kids' Carpentry is a hands-on toy building class designed to teach girls and boys, ages 5-10, practical woodworking skills

with an emphasis on the safe use of hand tools. While kids construct fun and exciting projects they are also empowered to become independent thinkers-building confidence, self esteem, and a repertoire of practical skills that will last them a lifetime! At the end of the session, each child will go home with at least one but often three or more wooden toys or games that they have made and painted by hand. Instructor: Kids Carpentry Instructor

4/18-5/23 Sat Noon-1 p.m. \$108

BALLET:

Ages 6-10 This class is ballet barre, steps, stories, and props. Ballet attire is required. No class 6/13, 6/20, and 7/4. Instructor: Charla Jennings

4/4-5/2 Wed 4:45-5:30 p.m. \$50

5/9-6/6 Wed 4:45-5:30 p.m. \$50

6/27-7/25 Wed 4:45-5:30 p.m. \$40

8/1-8/29 Wed 4:45-5:30 p.m. \$50

Queen Anne:

BREAK DANCE:

Ages 6-12 Let's get movin' and groovin'! Our beginning level class is focused on safety and basic break dance technique. Classes are non-competitive and focused on building confidence. Show off your new skills at our exciting Metropolis Dance Show! Dance games and party lights are always a hit in class too! www. metropolisdance.com. No program 5/28. Instructor: Metropolis Dance Studio

4/17-6/12 Tue 5:05-6 p.m. \$150
\$10 Sibling Discount

CHESS CLUB:

Ages 7-12 Come have fun while learning the game of chess. Learn what moves a King, Queen, Knight and Rook make, as well as what to do when someone says Checkmate?

4/12-5/31 Thu 3:30-4:30 p.m. \$16

POTTERY FOR KIDS:

Ages 5-12 Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of projects. Students will use brightly colored, non-toxic glazes, and be introduced to the pottery wheel. All materials are provided. Dress for a mess! Instructor: Jane Meagher

4/16-5/14 Mon 4:45-5:45 p.m. \$50

EASYBRIDGE!

Ages 16 and older Bridge for beginners. Learn the world's greatest card game! Great social, fun sport to challenge your brain! 1st class is free! Instructor: Anne Farmer

4/6-6/8 Fri 6-8:30 p.m. \$100

SEATTLE NEXTGENBRIDGE LEAGUE:

Ages 10-17 Saturday Afternoon Junior Bridge- Learn and play ACBL duplicate bridge- the greatest card game! Improve your skills with tips from the masters of the sport. It's Game on! Parents and guardians of players welcome too.

4/7-5/5 Sat 12:30-2:30 p.m. Drop-in:
\$1/person

TRADITIONAL NON-CONTACT TAE KWON DO:

Ages 6 and older This class teaches non-contact Tae Kwon Do and focuses on these 5 tenets: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance and strength. \$40 one time material fee; testing fees additional. Instructor: Jeanie Ahn

FULL SESSION

4/2-6/27 M/W 6-7 p.m. \$135
7/2-9/26 M/W 6-7 p.m. \$135 \$15
Sibling/Family Discount

MONTHLY SESSION

4/2-4/30 M/W 6-7 p.m. \$50
5/2-5/30 M/W 6-7 p.m. \$50
6/4-6/27 M/W 6-7 p.m. \$50
7/2-7/30 M/W 6-7 p.m. \$50
8/1-8/29 M/W 6-7 p.m. \$50
9/5-9/26 M/W 6-7 p.m. \$50
\$5 Sibling/Family Discount

INTRODUCTION TO BALL HOCKEY:

Age 5-12 Learning running, passing, stickhandling, shooting and battling!
Instructor: DeeJay Alook

4/8-5/9 Wed 1:30-2:30 p.m. \$72

5/16-6/20 Wed 1:30-2:30 p.m. \$72

KIDSTASTIC CARE:

Ages 5-12 Kidstastic is an art and recreation class that's fun, and promotes creativity and individual achievement. Activities include, Kids Yoga, multi-cultural art projects, Snack Art, learning games, Brain Quest, story time acting, jokes, teaching kind words, and other activities during our classes. No class 5/28.

4/2-4/27 2:30-6 p.m.

5/7-5/31 2:30-6 p.m.

6/1-6/22 2:30-6 p.m.

5 days: \$625, 4 days: \$500, 3 days: \$375, 2 days: \$250, 1 days: \$125 Drop-in: \$80

QACC TEEN DROP-IN:

Ages Middle School/High School Come in with your friends or meet new friends in a safe and positive environment just for teens. Play pool, foosball, basketball, movies, board games, and other activities to choose from while at QACC. Middle School and High School ages are welcome. Instructor: Dirk Hallingstad

Mon-Thu 2:30-7 p.m.

QACC TEEN FITNESS:

Ages Middle School/High School Want to work out, build muscle, lose a couple of pounds or just tone up? Teen participants will have the opportunity to use a convenient and great workout facility. Welcome to teens who will work hard and wear proper attire (sweats/shorts/athletic shoes) required for participation in this program. Instructor: Dirk Hallingstad

Tue/Thu 6-7 p.m.

NorthWest Center

Hours:

BALLARD CC:

6020 28th Ave. NW / Seattle, 98107 Ph: 206-684-4093 Fax: 206-684-7199

HOURS Mon-Fri 9 a.m.-9 p.m. Saturday (1/14-3/25) 9 a.m.-5 p.m. Sunday Closed

BELLTOWN CC:

415 Bell Street / Seattle, 98121 Ph: 206-684-7245

HOURS Mon/Tue/Wed 3-8 p.m. Thu/Fri 9:30 a.m.-2:30 p.m. Sat/Sun Closed

BITTER LAKE CC:

13035 Linden Ave. N / Seattle, 98133 Ph: 206-684-7524 Fax: 206-684-0858

HOURS Mon-Thu 9 a.m.-9 p.m. Fri/Sat 9 a.m.-7 p.m. Sunday Closed

GREEN LAKE CC:

7201 E Green Lake Dr. N / Seattle, 98115 Ph: 206-684-0780 Fax 206-684-7550

HOURS Mon-Fri 10 a.m.-9 p.m. Saturday 9 a.m.-5:30 p.m. Sunday Closed

LOYAL HEIGHTS CC:

2101 NW 77th St. / Seattle, 98117 Ph: 206-684-4052

HOURS Mon/Wed 9 a.m.-9 p.m. Tue/Thu 9 a.m.-8 p.m. Friday 10 a.m.-9 p.m. Saturday (1/6-3/24) 9 a.m.-5 p.m. Sunday Closed

MAGNOLIA CC:

2550 34th Ave. W / Seattle, 98199 Ph: 206-386-4235 Fax: 206-386-4230 CLOSED FOR MAINTENACE 2/17-2/25

HOURS Tue/Thu 9 a.m.-9 p.m. Saturday 9 a.m.-2 p.m. Sunday Closed

QUEEN ANNE CC:

1901 1st Ave. W / Seattle, 98119 Ph: 206-386-4240 Fax: 206-386-4284

HOURS Mon-Fri 9:30 a.m.-9 p.m. Saturday 10 a.m.-3 p.m. Sunday Closed

BALLARD POOL:

1471 NW 67th St. / Seattle, 98117 Ph: 206-684-4094

EVANS POOL:

7201 E. Green Lake Dr. N / Seattle 98115 Ph: 206-684-4961

QUEEN ANNE POOL:

1920 1st Ave. W / Seattle, 98119 Ph: 206-386-4282

Southeast Seattle

Special Events:

MAKE-N-TAKE MONDAYS:

All Ages Join PhillySoCreative in partnership with the Van Asselt Community Center to learn different techniques like heat embossing, water coloring, stamping, 3D projects, and more! Each month will feature cultural sharing of drinks/food to connect with the activity. Space is limited to 15, so sign up early! Location: Van Asselt CC

SPRING TIME PROJECT:

3/26 Mon 6:30-7:30 p.m.

ALL ABOUT BIRTHDAYS:

4/30 Mon 6:30-7:30 p.m.

SUMMERTIME CRAFT:

5/21 Mon 6:30-7:30 p.m.

COMMUNITY KITCHEN:

All Ages International District/Chinatown Community Center will host Community Kitchen once a month for lunch through a partnership with International Community Health Services. Please call 206-233-0042 for more information. Location: International District/Chinatown CC

Once a month 11 a.m.-1 p.m.

HISTORY FILM SERIES:

All Ages Popcorn and a movie with meaning and discussion – Come watch films with us that highlight heritage and history fostering inclusion and multicultural engagement. Both evenings we will have staff available to help complete Scholarship applications. Location: Rainier CC. Contact center for details.

SWEET PEA COTTAGE PRESENTS: TALES FROM THE AFRICAN CONTINENT:

Ages 5 and Under with Adults We perform the Tanzanian Folk Tale: Two Ways to Count to Ten and from West Africa: Why Mosquitos Buzz in People's Ears. Our interactive storytelling allows children of all ages to participate by singing along to songs by famous Smithsonian Folkways artist, Ella Jenkins and join us to play the Liberian children's game Who is in the Garden. Location: Van Asselt CC

4/24 Tue 11 a.m. (donations accepted)

CLASSIC BRITISH TALES, THE FAIRY TULIPS AND THE TALE OF PETER RABBIT:

Ages 5 and Under with Adults Join Theatre for Young Children as we perform two classic tales from Britain to celebrate the coming of Spring. Plant beautiful tulips with an old woman in her garden and see how the fairies come alongside her to make her garden grow. And laugh at silly Peter Rabbit as he gets into mischief in Farmer McGregor's garden, that naughty bunny!! Location: Van Asselt CC

5/15 Tue 11 a.m. (donations accepted)

CHICKEN N' WAFFLES:

Bring the whole family to start the day off right! We'll have fried Chicken and Waffles, coffee, and juice. Come join your friends and neighbors in making this an annual tradition! All proceeds will benefit programs and Scholarships at Rainier Community Center Location: Rainier CC

6/9 Sat 11 a.m.-3 p.m. \$5 (Suggested Donation)

NEIGHBORHOOD NIGHT OUT:

Meet your neighbors, have fun, and talk about ways to keep our wonderful neighborhood safe! Enjoy free food, bouncy house, and live entertainment. Location: Rainier CC

8/7 Tue 5:30-8 p.m.

Drop-In Programs:

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 5/28,7/4, and 9/3.

BASKETBALL:

ID/C:

YOUTH: Mon* 3-5:30 p.m. Tue 3-4:30 p.m.

Wed 1:30-6p.m. Fri 1:30-8:45 p.m.

FAMILY (kids under 12 w/ parent) Sat 2-4:45 p.m.

ADULT M/W/F 11:30 a.m.- 1:30 p.m.

*half-gym

JEFFERSON: M/F 3:30-4:45 p.m

RAINIER:

Call for availability

RAINIER BEACH:

YOUTH M-F 2:30-4:30 p.m.

ADULT Please call for availability, 206-386-1925

VAN ASSELT:

YOUTH Ages 8-20 Mon 2-6 p.m. T/Th 2-5 p.m. Wed 3-6 p.m. Fri 2-4 p.m. Sat (Ends 6/23) 9a.m.-1p.m.

DANCE:

ID/C:

LINE DANCING* M/F 11 a.m.-12:30 p.m.

CHINESE DANCE* Tue/Thu 10 a.m.-1 p.m.

*\$3 Adult/ \$2 Senior

JEFFERSON:

WORLD DANCE Mon 6:45-8:45 p.m.

BALLROOM DANCING Wed 1-3 p.m.

RAINIER:

MIXED FIT® M/W 6-7 p.m. \$7

MARTIAL ARTS:

ID/C:

KUNG FU Tue 7-8 p.m. \$10 Drop-in

RAINER:

ADULT TAI CHI Wed 3-3:45 p.m. Sat 9:30-10:15 a.m. \$3

VAN ASSELT:

SELFDDEFENSE Ages 6-16 Fri 5:30-6:30 p.m.
Ages 16 and older Fri 6:30-7:30 p.m. Spring Only

TABLE TENNIS:**GARFIELD:**

ADULT Mon/Wed 11 a.m.-2 p.m

ID/C:

YOUTH Mon 3-6p.m. Wed 4:30-6 p.m.
ADULT * M/W/F 1-2:30 p.m. 6-8:45 p.m.
Saturday 2-4:45 p.m. *\$3 Adult/ \$2 Senior

VAN ASSELT:

Includes Foos Ball M/W/F 2-6:45 p.m. T/Th 10 a.m.-6:45 p.m. Saturday 9 a.m.-3:45 p.m.
Ends 6/16

Garfield:

ACROBATICS AND CIRCUS ARTS CLASS:

Ages 5-10 This beginning circus class will keep you moving! Instructors from the School of Acrobatic and New Circus Arts will teach tumbling, wire walking, juggling, trampoline, rolling globe, and acrobatics.

Don't miss out on the fun, sign up now!

*Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure.

Instructor: SANCA instructors

Ages 5-7

4/10-5/15 Tue 5-5:45 p.m. \$35

5/22-6/19 Tue 5-5:45 p.m. \$30

Ages 8-10

4/10-5/15 Tue 5:45-6:30 p.m. \$35

5/22-6/19 Tue 5:45-6:30 p.m. \$30

BALLET 1 AND 2: Ages 5-6 Starting with the foundations we learned in Pre-Ballet, this class gives growing students a chance to expand their horizons and learn new skills while gaining strength and refining their technique.

Ages 7-9 This class will build on students' basic understanding of correct body alignment and proper ballet technique. Students will expand their ballet vocabulary and explore dance concepts. Class will include traditional barre and center work, and will introduce students to learning and performing choreography. This traditional class is for students who have taken 2 years of dance instruction and older beginners.

No class on 5/28. Instructor: Ciara

Ballet 1:

4/9-5/7 Mon 6-6:50 p.m. \$55

5/14-6/18 Mon 6-6:50 p.m. \$55

Ballet 2:

4/9-5/7 Mon 7-7:55 p.m. \$55

5/14-6/18 Mon 7-7:55 p.m. \$55

YOUTH DEVELOPMENT**TAEKWONDO:**

Ages 5-18 We are a Youth Development Program. Taekwondo is the connection/a catalyst used to provide opportunity and recognition for developing positive behaviors that promote productive hard and soft life skills. Our framework for teaching and communicating with our students is persistent positive feedback. We support and reinforce educational achievement, behavioral change, and community building.

Our guiding principles: opportunity, recognition, clear standards, skills, relationship building (loosely modeled after the University of Washington research program communities in action). We challenge our students to think critically to open their minds to change within themselves and their environment. Learning Taekwondo is an excellent way to explore how to recognize good choices and to make better decisions. No class on 5/28. Instructor: Grandmaster Leon Preston

4/9-8/27 Mon 6-7:30 p.m.

4/11-8/29 Wed 6-7:30 p.m.

TEEN/TWEEN CENTER DROP-IN HOURS:

Ages 11-14 Hang out and plug in with your friends and try to win at the Xbox Kinect,

Xbox 360: Madden, NBA 2K, Dance Central, Michael Jackson Experience, Wipe-Out or try your hand at tradition games like Monopoly, Jenga, Checkers, Chess, Pictionary, Uno, Dominoes, Outburst, and Ping Pong is also available. M-F 4-7 p.m. Depending on Staff availability.

CODE. PLAY. CONNECT:

Ages 10-13 Create with Code. Design and program your own video games, stories, social media, sports, art, and other fun coding activities. Explore more of your creativity through technology. No previous computer experience is necessary. Have your friends join too — the CS First Coding Club is social and fun!

Mon 4-5:15 p.m.

GIRL TALK: Ages 12-19 Our focus is joining together as girls with the common goal of being mentally and physically fit. We will discuss hot topics including arts and culture, future education, health, and much more. There will be guest speakers from the community that will cover health, finances, and education. Tue 4:30-6 p.m.

International District/Chinatown:

FINE ART DRAWING:

Ages 6-12 Learn to draw through different lessons which encourage advancements in motor skills, creativity, and self-confidence. Transform simple objects into wonderful works of art using a variety of media such as ink, pencil, charcoal, watercolor, oil, and chalk. Students who are actively involved in the arts have been proven to produce 25% higher in academic achievement. No class 5/28 and 7/4. Contact for sessions and prices.

LUCKY LIONS DANCE CLASS:

Ages 6-25 Students will learn the basic movements of the lion head and body through the fundamental movements of Kung Fu. Students learn respect for others and interpersonal skills that will benefit them for a lifetime in their family lives, school, and the business world. Working together helps

to build character and self-confidence and it teaches students the importance of clear and open dialogue with those around us.

4/3-4/24 Tue 6-7 p.m. \$48

5/1-5/29 Tue 6-7 p.m. \$60

6/5-6/26 Tue 6-7 p.m. \$48

7/3-7/24 Tue 6-7 p.m. \$48

8/7-8/28 Tue 6-7 p.m. \$48

8 ANIMAL/8 METHODS KUNG FU:

Ages 12 and Older Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods. Drop-ins are welcome.

4/3-4/24 Tue 7:15-8:15 p.m. \$36

5/1-5/29 Tue 7:15-8:15 p.m. \$45

6/5-6/26 Tue 7:15-8:15 p.m. \$36

7/3-7/24 Tue 7:15-8:15 p.m. \$36

8/7-8/28 Tue 7:15-8:15 p.m. \$36

Drop-in: \$10

Jefferson:

JUNIOR HOOPERS:

Ages 6-8 Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength all the while encouraging teamwork and sportsmanship. Parental supervision required.

4/4-5/9 Wed 5-5:45 p.m. \$48

5/16-6/20 Wed 5-5:45 p.m. \$48

6/27-8/1 Wed 5-5:45 p.m. \$40

8/8-8/29 Wed 5-5:45 p.m. \$32

BRAZILIAN JIU JITSU:

Ages 5-12 Brazilian Jiu Jitsu is a grappling martial art that promotes the concept that a smaller, weaker person can successfully defend against a bigger, stronger, heavier assailant by using proper technique and leverage. This class aims to build confidence in your child by emphasizing healthy living, respect for self and others, perseverance, self-discipline, and integrity through the fun medium of martial arts. We also practice meditation to help improve focus, concentration, self-awareness, and stress management.

4/3-5/8 Tue 4:40-5:30 p.m. \$48

5/15-6/19 Tue 4:40-5:30 p.m. \$48

PEER TUTORING CLUB:

Ages 12-17 Teach others, meet new friends, and work together on homework.

4/3-6/5 Tue 4-6 p.m.

COOKING CLUB:

Ages 11-19 Learn how to cook the basics and try new ideas in creating your own signature dish.

4/4-5/23 Wed 4-6 p.m.

YOUTH APPRECIATION WEEK:

Ages 11-19 In recognition for community service given by the youth, it's time to celebrate their contribution to this community by having a fun. Sign up for different activities. We will display the pictures of our Volunteers of the Year on our bulletin board for their service.

4/9-4/13 4-6 p.m.

MASTER CHEF:

Ages 11-19 Put on the chef hat and get ready to learn how to make delicious in next to no time. Each week the class is tailored to a specific course: main dish, side dish, appetizer, dessert and beverage. Pre-registration required.

7/2-8/27 Mon 1-3 p.m.

BOATING @ MT. BAKER

Ages 11-19 Have a new experience by learning how to navigate the water using canoe, kayak, and paddle boards. A completed Float Test Certification and a parental waiver are required to join. TBA Tue 1-5 p.m.

URBAN ADVENTURE & TRIPS

Age 11-18 Build your team and compete against another community center to explore Seattle by bus using a city map. The final challenge will be a surprise! Free unless otherwise stated

SEATTLE ART MUSEUM 7/5 Thu 1- 4 p.m.

FAMILY FUN CENTER 7/12 Thu 1- 4 p.m. \$20

PIKE PLACE MARKET 7/19 Thu 1- 4 p.m.

WESTFIELD 7/26 Thu 1- 4 p.m.

KEXP 90.3 FM 8/2 Thu 1- 4 p.m.

KUBOTA GARDEN 8/16 Thu 1- 4 p.m.

SEWARD PARK 8/23 Thu 1- 4 p.m.

BBQ COOKOUT AT JEFFERSON CC 8/30 Thu 1- 4 p.m.

CREATIVE CREATIONS:

Age 11-19 Grab a smock and get ready to get creative. Learn how to make a variety of arts and craft projects. Each project can be a souvenir of your summer at Jefferson Community Center.

SHADOW DRAWING 7/6 Fri 1-3 p.m.

ORIGAMI 7/13 Fri 1-3 p.m.

PET ROCKS 7/20 Fri 1-3 p.m.

SCRAPBOOKING 7/27 Fri 1-3 p.m.

CARD MAKING 8/3 Fri 1-3 p.m.

SURPRISE PROJECT 8/10 Fri 1-3 p.m.

INTRO TO TAI CHI:

Ages 18 and Older Tai Chi promotes a well-balanced body and mind while gently increasing the body's range of motion. The meditative movements improve relaxation, stress reduction, posture, circulation, and more. Instructor practices a calming, patient demeanor which allows her to adapt to the

needs of men and women of all ages and levels.

4/4-4/25 Wed 9-10:30 a.m.

5/2-5/30 Wed 9-10:30 a.m.

6/6-6/27 Wed 9-10:30 a.m.

7/11-7/25 Wed 9-10:30 a.m.

8/1-8/29 Wed 9-10:30 a.m.

Rainier:

LITTLE HOOPERS BASKETBALL:

Ages 3-5 Get off to a great sporting start with your preschooler! This co-ed program eases your child into the world of basketball.

Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required. No program 5/28 and 7/4.

4/2-5/7 Mon 6:15-7 p.m. \$48

5/14-6/18 Mon 6:15-7 p.m. \$40

6/25-8/20 Mon 6:15-7 p.m. \$72

JUNIOR HOOPERS BASKETBALL:

Ages 6-7 Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength.

Teamwork and sportsmanship will be encouraged. Parental supervision required.

4/4-5/9 Wed 6:15-7 p.m. \$48

5/16-6/20 Wed 6:15-7 p.m. \$48

6/27-8/22 Wed 6:15-7 p.m. \$72

GOJU RYU KARATE:

Ages 7 and Older Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are continuous throughout the year and taught by Sensei Paul Kurose, who along with family members has taught in our

community for 25+ years. Check out his experience! No program 5/28 and 7/4.

4/2-6/20 M/W 7:15-8:45 p.m. \$15

6/25-8/22 M/W 7:15-8:45 p.m. \$15

QUICKSTART TENNIS:

Ages 7-10 QuickStart Tennis League is designed as a FUN play based approach for beginner kids ages 7-10 years old. There are two divisions that use age appropriate courts and equipment that allow kids to learn a new sport while having a good time and being successful. Kids will learn fun drills and play fun games. All equipment is provided! Teams will also participate in matches against other community centers beginning in late July.

For more information on QuickStart Tennis go to www.10andundertennis.com/parents. EXPLORE MORE! register online

Ages 7-8

6/25-8/15 M/W 6-7 p.m. \$40

Ages 9-10

6/25-8/15 M/W 7-8 p.m. \$40

GIRLS /YOUNG LADIES BEING EMPOWERED:

Ages 11-18 This program focuses on giving girls and young ladies the tools they need to feel empowered, build everlasting friendships self-esteem, and self-confidence to accomplish life successes.

April-Aug Mon 4:30-7:30 p.m

DYNAMIC DESIGNS:

Ages 11-18 This art program will allow the teens to draw, paint and design words of art using their creative imaginations and life experiences.

April-August Wed 4:30-7:30 p.m.

ADULT DIVA:

Ages 16 and older Think Beyonce, Rhianna, and Jennifer Lopez, just to mention a few. This class is designed for our students to release their inner Diva and surrounds the concepts of empowering women and building their inner confidence (men are also very welcome to join). This class used to be

known as 'heels,' however dancing in heels is not a requirement; SASSINESS definitely is. Get ready to get down to the hottest hits. You will leave this class feeling sexy, sassy, and ready to take on the world. Incorporating urban, hip hop, and funk styles, students do not need to have any dance experience to join. Instructor: Boom Dance Studios

4/19-6/7 Thu 6:30-7:30 p.m. \$120

SPECIAL EVENTS AND PROGRAMS:

Ages 11-18

YOUTH APPRECIATION WEEK April 9-13, 2018

BIG DAY OF PLAY August 8, 2018 Noon-6 p.m. A Family and Community Fun Affair

PING PONG AND POOL TOURNAMENTS

TBA call Teen Program to register Field Trips are based on consistent participation and a completed E-13 form. You must be in the Teen Program to participate. Field trips include movies, skating, Wild Waves, and other fun places and events.

Rainier Beach:

LYRICAL DANCE:

Do you have a super expressive child? The lyrical dance class will give them an introduction to creative storytelling and self-expression through a mix of ballet, jazz, and contemporary techniques. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. Parental supervision required. Instructor: Emmy Fansler

Age 5-7

4/4-5/9 Wed 4:45-5:30 p.m. \$54

5/16-6/20 Wed 4:45-5:30 p.m. \$54

6/27-7/25 Wed 4:45-5:30 p.m. \$36

8/1-8/22 Wed 4:45-5:30 p.m. \$36

Age 8-12

4/4-5/9 Wed 5:30-6:15 p.m. \$54

5/16-6/20 Wed 5:30-6:15 p.m. \$54

6/27-7/25 Wed 5:30-6:15 p.m. \$36

8/1-8/22 Wed 5:30-6:15 p.m. \$36

HIP HOP DANCE:

Ages 7 and Older All experience levels will be able to enjoy this opportunity to express themselves through a diverse, urban, welcoming environment. Instructor: Emmy Fansler

1/10-2/14 Wed 6:15-7 p.m. \$54

2/21-3/28 Wed 6:15-7 p.m. \$54

LITTLE HOOPERS:

Ages 3-5 Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required. Instructor: Coach Sandra

4/4-5/9 Wed 6:15-7 p.m. \$54

5/16-6/20 Wed 6:15-7 p.m. \$54

6/27-7/25 Wed 6:15-7 p.m. \$36

8/1-8/22 Wed 6:15-7 p.m. \$36

JUNIOR HOOPERS:

Ages 6-7 This class emphasizes the fundamentals including ball handling, shooting techniques and footwork while increasing endurance, flexibility and strength while encouraging teamwork and sportsmanship. This course will include fun scrimmages at the end of the quarter. Parental supervision required. Instructor: Coach Sandra

4/6-5/11 Fri 6-7 p.m. \$54

5/18-6/22 Fri 6-7 p.m. \$54

6/29-7/27 Fri 6-7 p.m. \$45

8/3-8/24 Fri 6-7 p.m. \$36

SHOTOKAN KARATE:

Ages 6-8, 9 and Older Have fun learning traditional Japanese Shotokan Karate. Martial arts training will improve your self-confidence and concentration in all parts of life. Open to all ages and all levels.

Participants test for belt rank at their own pace. Instructor: Kris Haight

Ages 6-8

4/5-5/10 Thu 5:45-6:15 p.m. \$24

5/17-6/21 Thu 5:45-6:15 p.m. \$24

6/28-7/26 Thu 5:45-6:15 p.m. \$20

8/2-8/23 Thu 5:45-6:15 p.m. \$16

Ages 9 and Older

4/5-5/10 Thu 6:15-7:15 p.m. \$48

5/17-6/21 Thu 6:15-7:15 p.m. \$48

6/28-7/26 Thu 6:15-7:15 p.m. \$40

8/2-8/23 Thu 6:15-7:15 p.m. \$32

COOKING AT THE BEACH:

Ages 11-19 Our Center's cooking program focuses on teens finding healthy alternatives to what they normally eat. Youth research recipes and are responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is totally hands on under the supervision of center staff.

4/18-6/20 Wed 4-6 p.m.

PIZZA PROJECT:

Ages 11-19 The goal of these projects is for youth to engage their writing and thinking skills on a topic. Youth are encouraged to come up with points on how these topics relate to them. After the work is done, we have pizza and discuss what ideas they come up with.

4/19-6/21 Thu 4-6 p.m.

MEDIA GROUP:

Ages 11-19 This Facebook group will be posting with a purpose. Youth in this group will post pictures and other designed digital media to share with other youth on Facebook. Our goal is to focus and raise visibility of positive images of youth in and around our community. No program 5/28

4/16-6/18 M/W 4-5 p.m.

GAME ROOM DROP-IN:

Ages 11-19 Our game room will be hosted by Safe Passage staff for teens to hangout, plug in with friends, and try to win. We will have

Xbox games such as Madden, NBA 2K16, Dance Central, Wipe Out, board games, Dominoes, Uno, Checkers, Jenga, Pictionary, and Ping Pong. Game On!!

4/17-6/21 M-F 4-6 p.m.

DRILLS AND SKILLS:

Ages 11-18 The Aaron Brooks Foundation Basketball Drills and Skills Program is working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills. Drills and Skills Application, E-13, and Concussion Form required.

4/3-6/19 Tue 3-7 p.m.

FAMILY ZUMBA®:

Ages 14 and Older Founded in 2001, Zumba® Fitness is a global lifestyle brand that fuses fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are 'fitness parties' that blend upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration! Please arrive early, as space is limited. Instructor: Toni Harding

4/4-6/20 Wed 6:30-7:30 p.m.

6/27-8/22 Wed 6:30-7:30 p.m.

YOUR HOUSE BOXING AND COMMUNITY CLUB:

Ages 12-24 YHBCC is a free boxing program for youth and young adults. The program emphasizes physical fitness and mental discipline through boxing training. Sparring is not required and no previous boxing experience is necessary. The program also promotes educational and community engagement. With the support of coaches and mentors, participants are required to fulfill their commitments to educational, vocational, personal, and/or life goals, and to give back through regular community service

activities. YHBCC pushes youth to become more complete and connected individuals. Registration paperwork required. No program 5/28.

4/2-6/21 M-Th 3:30-6 p.m.

Van Asselt:

DOUBLE DUTCH JUMP ROPE:

Ages 5-14 Have fun, bring a friend, get moving, and learn the basic exercises and skills needed for Double Dutch. We will practice skills including how to enter the rope, do stunts, tricks, routines, speed jumping, and more. Track your progress, make new friends, and learn a new skill! Scholarships are available.

4/3-5/8 Tue 5-6 p.m. \$30

5/15-6/19 Tue 5-6 p.m. \$30

DRILLS AND SKILLS:

Ages 8-14 Have fun, get moving, and learn the game of basketball. Practice skills like dribbling, passing and shooting. This class also builds valuable life skills such as communication and working as part of a team.

4/6-5/11 Fri 4-7 p.m. \$10

5/18-6/22 Fri 4-7 p.m. \$10

FEMALE ONLY BASKETBALL SKILLS:

Ages 6-14 Have fun, get moving, and learn the game of basketball. Practice skills like dribbling, passing and shooting. This class also builds valuable life skills such as communication and working as part of a team.

Ages 6-8

4/7-5/12 Sat 1-2 p.m. \$15

5/19-6/23 Sat 1-2 p.m. \$15

Ages 9-11

4/7-5/12 Sat 2-3 p.m. \$15

5/19-6/23 Sat 2-3 p.m. \$15

Ages 12-14

4/7-5/12 Sat 3-4 p.m. \$15

5/19-6/23 Sat 3-4 p.m. \$15

SELF-DEFENSE:

Ages 6-16 Come learn self-defense skills – no time is better than now. Don't wait any longer to feel safer and more comfortable in your everyday life. Coach Edmonds has years of experience in multiple martial art disciplines.

4/6-6/22 Fri 5:30-6:30 p.m.

INTRO TO SEWING:

Ages 8 and Older Learn everything from sewing on a button and hemming pants to creative sewing projects. This class will work on both hand and machine sewing. No experience necessary. Scholarships are available.

4/6-5/11 Fri 6:30-7:30 p.m. \$60

5/18-6/22 Fri 6:30-7:30 p.m. \$60

PCC COOKING:

Ages 10-19 Join Bryce for some yummy, healthy, and gluten free cooking fun! This program includes choosing recipes, trips to the store to learn about healthy choices, and practice preparing a dish.

4/2-6/18 Mon 5 p.m.

CENTER HOPPING HOOP:

Ages 10-19 Van Asselt Teens who participate regularly in our teen program will have the opportunity to get in the van and go across the city to different community centers and play basketball against other teens. This will also give teens the chance to explore different parts of the city and experience different cultures.

TBD Depending on game/site schedules 5:30-7 p.m.

TEEN FLASHLIGHT HUNT:

Ages 12-18 Looking for a new twist on an egg hunt? Try finding the loot in the dark. Bring a flashlight and a bag, but don't be late, because the hunt goes quick. Meet in the Van Asselt Community Center Gym. Rain or shine, we will be outside, so dress for the weather. Questions? Ask Clay at Van Asselt

3/30 Fri 7 p.m.

WOMEN'S ONLY

ZUMBA®/AEROBICS:

Ages 8 and Older Are you tired of the same old work out? Try this fun workout inspired by Latin dance and upbeat music. Zumba® uses a variety of styles in its routines, including cumbia, merengue, salsa, reggae tone, hip-hop, pop, mambo, rumba, flamenco, calypso, and salsa. Music selections include both fast and slow rhythms to help tone and sculpt the body. Space is limited, so register early!

4/3-6/19 Tue 6-7:30 p.m.

7/3-8/28 Tue 6-7 p.m.

4/5-6/22 Thu 6-7:30 p.m.

7/5-8/30 Thu 6-7 p.m.

Southwest Center Hours:

GARFIELD CC:

2323 E Cherry St. / Seattle, WA 98122
PH: 206-684-4788 Fax: 206-684-4380
HOURS Mon-Fri 10 a.m.-9 p.m. Saturday 10 a.m.-5 p.m. Sunday Available for Rentals

GARFIELD TEEN LIFE CENTER:

428 23rd Ave. / Seattle, WA 98122
PH: 206-684-4550 Fax: 206-684-4324
HOURS Mon-Thu 2:30-8 p.m. Friday Noon-7 p.m. Sunday Closed
LATE NIGHT (AGES 13-19 ONLY) Fri/Sat 7 p.m.-Midnight

ID/CHINATOWN CC:

719 8th Ave. S /Seattle, WA 98104
PH: 206-233-0042 Fax: 206-233-5036
HOURS M/W/F 11 a.m.-9 p.m. Tue/Thu 10 a.m.-7 p.m. Saturday 10 a.m.-5 p.m. Sunday Closed

JEFFERSON CC:

3801 Beacon Ave. S /Seattle, WA 98108
PH: 206-684-7481 Fax: 206-684-7483
HOURS Mon-Fri 9 a.m.-9 p.m. Saturday 9 a.m.-5 p.m. Sunday Closed
GREAT NIGHT (AGES 19 AND OLDER)
Saturday 7 p.m.-Midnight

RAINIER CC:

4600 38th Ave. S /Seattle, WA 98118
PH: 206-386-1919 Fax: 206-386-1904
HOURS Mon/Wed 9 a.m.-9 p.m. T/Th 10 a.m.-9 p.m. Friday 9 a.m.-6 p.m. Saturday 9 a.m.-5 p.m. Sunday (available for rent)
Closed
LATE NIGHT (AGES 13-19 ONLY) Fri/Sat 7 p.m.-Midnight

RAINIER BEACH CC:

8825 Rainier Ave. S /Seattle, WA 98118
PH: 206-386-1925 Fax: 206-386-1510
HOURS Mon-Thu 10 a.m.-9 p.m. Friday 10 a.m.-7 p.m. Saturday 8:30 a.m.-7 p.m. Sunday 9 a.m.-6:30 p.m.
LATE NIGHT (AGES 13-19 ONLY) Fri/Sat 7 p.m.-Midnight

VAN ASSELT CC:

2820 S. Myrtle St. /Seattle, WA 98108
PH: 206-386-1921 Fax: 206-386-1894
HOURS Mon/Wed/Fri 2-8 p.m. Tue/Thu 10 a.m.-8 p.m. Saturday 9 a.m.-4 p.m. Sunday Closed
LATE NIGHT (AGES 13-19 ONLY) Saturday 7 p.m.-Midnight

MEDGAR EVERS POOL:

500 23rd Ave /Seattle, WA 98122
PH: 206-684-4766

RAINIER BEACH POOL:

8825 Rainier Ave. S /Seattle, WA 98118
PH: 206-386-1925 Fax: 206-386-1510
CLOSED 3/27-4/16 FOR MAINTENANCE.

Northeast Seattle

Special Events:

THEATER FOR YOUNG CHILDREN:

Ages 2½-10 Brought to you through a partnership between Sweet Pea Cottage Enterprises and Seattle Parks and Recreation. We will be performing free theater in your community centers during winter. Check out our performance locations below!

Location: Ballard CC 2/14 Wed 9:30 a.m.

Location: Bitter Lake CC 2/28 Wed

Location: Jefferson CC 3/1 Thu 11 a.m.

Location: Green Lake CC 2/9 Fri 5/18 Fri

Location: Van Asselt CC 3/1 Thu 4/24 Wed 11 a.m. 5/15 Wed 11 a.m.

Location: Northgate CC 3/28 Wed 11:15 a.m.

SILVER SCREENERS CINEMA CLUB:

Ages 12 and Older A free senior outreach program presented by Scarecrow Video, and our way of convening the elder community with movies. In addition to providing access to its vast film library, Scarecrow's movie experts lead post-film discussions with Silver Screeners program audiences. Location: Northgate CC

4/10 Tue 2-4:30 p.m.

5/8 Tue 2-4:30 p.m.

6/12 Tue 2-4:30 p.m.

FRIDAY FAMILY GAME NIGHTS:

All Ages Enjoy a fun evening with family, friends and neighbors playing board games! Use our games, or bring some from home! Light snacks and refreshments provided. Adults must supervise children. On the

second Friday of every month. Location: Miller CC

5/11 Fri 6-8 p.m. \$5/family

6/8 Fri 6-8 p.m. \$5/family

7/13 Fri 6-8 p.m. \$5/family

8/10 Fri 6-8 p.m. \$5/family

PARENTS NIGHT OUT:

Ages 5-12 Drop your kids off for a night of pizza, gym games, movies, and fun while you enjoy a night on the town. Space is limited so please register early. Call us, 206-684-4736 to reserve a spot and get more information.

Location: Montlake CC:

4/27 Fri 5:30-8:30 p.m. \$25

5/18 Fri 5:30-8:30 p.m. \$25

Location: Miller CC:

4/20 Fri 5:30-8:30 p.m. \$25

6/15 Fri 5:30-8:30 p.m. \$25

FANTASTIC FAMILY NIGHTS:

Ages 12 and Younger Enjoy a casual evening with friends and family in our community living room playing something from our game closet. A light snack will be provided. Location: Ravenna-Eckstein CC

BUILD-IT NIGHT 4/20 Fri 6:30-8:30 p.m.

SCOOT SPORTS 5/18 Fri 6:30-8:30 p.m.

END OF SCHOOL BBQ 6/15 Fri 6:30-8:30 p.m.

KIDS SHOWTIMES SUMMER SERIES:

All Ages Come and join us for some summer fun and entertainment at Laurelhurst Community Center. These performances are family friendly and sure to captivate your kids. Contact the 206-684-7529 for more information.. Location: Laurelhurst CC Dates and times TBA

MOVIES IN THE PARK:

All Ages In partnership with Scarecrow Video Project, Magnuson welcomes you to share a joyful evening watching a movie with your neighbors. Movies are TBD. Watch us on Facebook to learn about the movies and evenings' activities! Location: Magnuson Park Amphitheater.

ACTIVITIES BEGIN AT 7:30 P.M. EACH NIGHT. MOVIE BEGINS AT DUSK.

8/2 Thu dusk is around 9 p.m.

8/16 Thu dusk is around 8:45 p.m.

8/23 Thu dusk is around 8:30 p.m.

8/30 Thu dusk is around 8:15 p.m.

MOM, CHILD & BABY CLOTHING SWAP:

Ages 16 and Older Give generously and receive with gratitude within your local community. No currency exchanged, just smiles and new connections. Tired of driving all over town to drop donations or collect needed items? Try out this first ever Meadowbrook Clothing Swap! Organizers: North Seattle Shoreline Moms (Facebook) Group aka NSSMG. Location: Meadowbrook

4/7 1-2 p.m. Donations Received
2-4 p.m. 'Shopping'

FUN RUN FOR TOTS:

Ages 3-6 Join us for a 1K Tot Trot with racing numbers, awards, treats, and surprises. Everyone wins... just cross the finish line! Parents, relatives, and friends are welcome to cheer runners on. Participants need to wear running shoes. Pre-register by May 10 and be guaranteed to receive a Fun Run T-shirt! Race day checkin is at the Sports Meadow Track starting at 5:30 p.m. Location: Magnuson Park Sports Meadow

5/17 Thu 6 p.m. \$20

JUNETEENTH:

All Ages Juneteenth celebrates Freedom Day, the ending of America's enslavement of Africans and African-Americans. On this day, brothers and sisters, allies and friends, join together to embrace, reflect, and celebrate the day independence was given to all American people. Come to Magnuson Park for a joyful evening full of food, music, and community! Location: Magnuson Park Amphitheater

6/16 Sat Noon-3 p.m.

NORTHGATE COMMUNITY FESTIVAL:

All Ages Join us for our annual party on the lawn with live music, BBQ, carnival games, and more! A fun summer family event!
Location: Northgate CC

6/29 Fri 5-8 p.m.

BACKYARD WATERPARK!:

Ages 12 and Under Splash! Splash! Spray! Come on by for an afternoon of fun in the sun. Enjoy mini-waterpark activities as well as water based games. Don't forget your swimsuit, towel, and sunscreen. Location: Ravenna-Eckstein CC 7/11 Wed 1-3 p.m. \$5

BOX-MAGGEDON!:

All Ages It's our second year of cardboard box creations! Join us on the lawn for a day of creativity and fun as we set you loose upon a giant pile of cardboard boxes of all shapes and sizes. Bring the family to create massive forts, cars, planes, or whatever your heart desires. All materials provided! Location: Northgate CC 7/20 Fri 1-4 p.m.

ICE CREAM SOCIAL AND CONCERT:

All Ages Join us for a good old-fashioned ice cream social and live music. Bring the family and picnic dinner and we'll supply the ice cream and fun! The Weavils will entertain with their bluegrass music. Location: Magnuson Park Amphitheater

7/20 Fri 6:30 p.m. \$1 per ice cream bowl

PIRATE TREASURE HUNT:

All Ages Put on yer best pirate attire, cause yer going on a treasure hunt! Families will follow the clues in a search for the hidden treasure, followed by a backyard BBQ. Fun for the entire family. Who knows? Maybe there will even be real Pirate there! Location: Meadowbrook CC

7/20 Fri 6 p.m. \$10/family \$3/person

FARM PARTY!:

Ages 12 and Under Throw on your overalls and mud boots, we're bringing the farm to you. Cuddle with cute little baby animals! Chew on straw while riding our tractor pull! Enjoy farm themed games and prizes. Farm

fresh snacks will be provided. Location: Ravenna-Eckstein CC

7/25 Wed 1-3 p.m. \$5

ANNUAL KIDS CARNIVAL:

Ages 12 and Under A Ravenna tradition! Celebrate summer with your friends! Laugh and play while you enjoy carnival games, music, face painting, bingo, and lots of fun! Location: Ravenna-Eckstein CC

8/8 Wed 1-3 p.m. \$5

MONTLAKE MUSIC AND FAMILY NIGHT FESTIVAL:

All Ages Come join us for music, food, and fun at the annual Montlake Music Festival. There will be live music performances, bounce houses, food, popcorn, cotton candy, face painting, and games for the whole family. We will have seating but we encourage you to also bring a blanket if you have/choose to sit in the grass. Location: Montlake CC

8/10 Fri 5:30-8:30 p.m.

URBAN CAMPOUT:

All Ages Join us for a campout in Magnuson Park! Campsites are around Shelter 2 on beautiful Lake Washington, where barbeques, campfires, and nature exploration abound. Instruments around the campfire are welcome! Take a nature walk at dusk to watch for bats and again at dawn to watch for birds. Pre-registration is required with Magnuson Community Center. Check in starts at 6 p.m. on Friday. Campout ends at 11 a.m. on Saturday. Location: Magnuson Park/Shelter 2

8/10-8/11 Fri 6 p.m. \$10/person Ages 2 and younger free

PIRATE P"ARRR"TY BBQ:

Ages 5 and Younger Ahoy mates! We be a meetin' at 1 p.m. at Ravenna fer adventure as you hunt fer hidden treasure. We be servin up some scurvy dogs and piraradical punch. Lads and lasses, come dressed in yer finest pirate garb and be prepared fer some swashbuckling fun! Location: Ravenna-Eckstein CC. 8/22 Wed 1-3 p.m. \$5

Drop-In Programs: *All*

drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 5/28 and 7/4.

CHESS:

All Ages Learn and practice one of the best strategy games in the world. Play full games with friends or work out chess puzzles on your own! All levels of players welcome. Location: Northgate CC

Fri 1-4 p.m.

ENGLISH LANGUAGE CONVERSATION:

All Ages We offer a welcoming place for English language learners to practice their conversational skills. In partnership with Seattle Public Libraries, come meet others who are eager to practice their vocabulary through casual conversation. If you are interested in volunteering, email Tom.Diamond@seattle.gov. Patience is appreciated; bilingualism is helpful, but not necessary. Location: Northgate CC

Wed 4-6 p.m.

PING PONG:

All Ages We offer two ping pong tables for you to train, play, or just have fun! Try out our new outdoor table! One hour maximum. Paddles and balls can be checked out at no extra charge. Location: Northgate CC

SPRING

Mon 11 a.m.-7 p.m.

T/Th 10 a.m.-8 p.m.

Wed 11 a.m.-8 p.m.

Fri 11 a.m.-1 p.m. and 4-7 p.m.

SUMMER:

Mon-Fri 11 a.m.-7 p.m.

RACQUETBALL:

Ages 12 and Older If younger than 12, must be accompanied by adult. Balls and racquets can be checked out at no extra charge. Reserve a court in advance or take your

chances and drop-in. You can make reservations one week in advance on the half hour only. Courts can also be used for informal squash matches. Call 206-684-7026 for more information. Location: Magnuson CC

SPRING

Mon-Wed 2-9 p.m. \$8/hour

Thu 9 a.m.-9 p.m. \$8/hour

Fri 9 a.m.-7 p.m. \$8/hour

Sat 11 a.m.-5 p.m. \$8/hour

SUMMER

Mon-Fri 9 a.m.-8 p.m. \$8/hour

Sat 10 a.m.-3 p.m. \$8/hour

WALLYBALL:

Ages 12 and Older If younger than 12, must be accompanied by adult. Try this exciting variation on volleyball in our racquetball court. Please reserve ahead of time so staff can have the net set up upon your arrival. Location: Magnuson CC

SPRING

Mon-Wed 2-9 p.m. \$12/hour

Thu 9 a.m.-9 p.m. \$12/hour

Fri 9 a.m.-7 p.m. \$12/hour

Sat 11 a.m.-5 p.m. \$12/hour

SUMMER

Mon-Fri 9 a.m.-8 p.m. \$12/hour

Sat 10 a.m.-3 p.m. \$12/hour

BASKETBALL: (Times change for Summer 6/22)

Montlake:

YOUTH: M-Th 3-6p.m.

ADULT: M-Th 6-8p.m.

Magnuson: M/W 6-8p.m.

PICKLEBALL: (Times change for Summer 6/22)

Magnuson: Thu 9:15 a.m. – Noon

Meadowbrook: Competitive T/TH 10 a.m.-

Noon. Recreation T/TH Noon-2 p.m.

Miller: Mon 10:15 a.m. -1:15 p.m. Fri 10a.m.-

Noon.

Northgate: M/F 11 a.m.- 2 p.m. Tue 5-7p.m.

Rav-Eck: All Levels M/W 10 a.m. – 1 p.m.

Inter/Adv. 11:30 a.m. – 2 p.m.

Laurelhurst CC:

INDOOD NERF SOCCER LEAGUE:

Ages 5-6 Get ready for some fun! Gather your friends to play in our coed indoor Nerf soccer league. Kids can be placed on teams as single players or teams can be formed by coaches. Registration packets are available at the community center and must be filled-out in person. Maximum of 10 players per team. Teams practice one night a week at Laurelhurst Elementary School Gym starting week of April 16th, and games are on Friday evenings beginning May 1. No class 5/28 and 6/8.

5/4-6/22 Fri 5-9 p.m. \$60

AFRICAN DANCE:

Ages 6-13 Professional performing artist, Shakira Rae Adams brings the beat to your feet through traditional/modern West African dance. Come together to build our African village, exploring the polyrhythms that will gyrate through our bodies. Music and dance is a language that can be spoken by everyone and ALL levels are welcome! No class 5/28. Instructor: Shakira Rae Adams

4/2-6/18 Mon 6-7 p.m. \$165

PARKOUR: RUN, JUMP, CLIMB!:

Ages 9-13 Parkour is a movement discipline focused on connecting jumping, vaulting, and climbing movements to create new pathways over under, acrobatics and around obstacles in the environment. It's an accessible, noncompetitive sport that turns the world into a playground. Classes are instruction-focused, with plenty of games, obstacle courses, and free-play thrown in! Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure. No class 5/28. Instructor: Parkour Visions Staff

4/2-4/30 Mon 4-5:30 p.m. \$90

5/7-6/4 Mon 4-5:30 p.m. \$90

KUNDALINI YOGA:

Ages 16 and Older Considered to be the most comprehensive of all the yogas, Kundalini Yoga incorporates the use of breath, movement, meditation, and deep relaxation. It is a practical tool for everyday people. It's powerful, efficient, and effective. Kundalini Yoga is an ancient, time proven technology for human transformation, helping people live their lives with greater meaning and joy. No class 5/28. Instructor: Kathryn Scarberry

4/2-4/30 Mon 6:30-8 p.m. \$50

5/7-6/11 Mon 6:30-8 p.m. \$50

Magnuson CC:

PARKOUR: RUN, JUMP, CLIMB!

Ages 9-13 Parkour is a movement discipline focused on connecting jumping, vaulting, and climbing movements to create new pathways over under, acrobatics and around obstacles in the environment. It's an accessible, non-competitive sport that turns the world into a playground. Classes are instruction-focused, with plenty of games, obstacles courses, and free-play thrown in! Classes are a mix of indoor and outdoor activities; class happens rain or shine. Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure. Instructor: Parkour Visions Staff

4/4-5/9 Wed 4-5 p.m. \$60

4/4-5/9 Wed 5-6 p.m. \$60

5/16-6/20 Wed 4-5 p.m. \$60

5/16-6/20 Wed 5-6 p.m. \$60

PAINTING:

Ages 6-18 Learn different styles of painting through research and practice! We'll start each class with a trip to the library to choose books that highlight different artists or aesthetic styles. We'll take our books back to the community center to study and try our hand at painting like the pros!

4/2-6/18 Mon 4-6 p.m.

GARDENING:

Ages 6-18 Magnuson youth and teens now have space in the Magnuson Park P-Patch! Through fall and winter, we'll plant and tend to our crops. Learn about soil building, succession planting, and sustainable living.

4/3-6/19 Tue 4-6 p.m.

AFTER SCHOOL SPECIAL:

Ages 6-10 Drop in Thursdays for some free after school fun! You can look forward to a different activity each week, like cooking, group games, arts & crafts, and more!

4/5-6/21 Thu 4:30-6 p.m.

GAME NIGHT:

Ages 11-18 Compete against your friends in games of all kinds. Every week has games of basketball, ping pong, board games, and video games! Try out a new game or come back to defend your title.

4/4-6/20 Wed 6-9 p.m.

MOVIE NIGHT:

Ages 11-18 Rent a new movie from Redbox and snack on popcorn and goodies.

4/5-6/21 Thu 6-8 p.m.

LATE NIGHT:

Ages 13-18 Come to Magnuson Late Night, just for teens! With lots of indoor activities to fill your Friday night, including basketball, ping pong, racquetball, and wallyball. Relax with friends and watch a movie or play video games. There's opportunities for off-campus field trips, including swimming, the art museum, and more. Meet new people and try something new! Must have completed E-13 form to participate.

4/6-6/22 Fri 7-11 p.m.

WOMEN'S SELF-DEFENSE:

Ages 14 and Older Shock, scream, run! Learn essential safety and self-defense principles to recognize danger and avoid life threatening situations. Specific methods include developing a strong confident voice, escapes from commons grabs, striking shock points, and escaping to safety. Classes are ongoing;

join anytime! Instructor: Oom Yung Doe
Location: Magnuson Park/The Brig

4/7-4/28 Sat 11:30 a.m.-12:30 p.m. \$75

5/5-5/26 Sat 11:30 a.m.-12:30 p.m. \$75

6/2-6/23 Sat 11:30 a.m.-12:30 p.m. \$75

8/4-8/25 Sat 11:30 a.m.-12:30 p.m. \$75

PIANO LESSONS:

All Ages It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. Call Magnuson to register 206-684-7026.

4/4-4/25 Wed 2:30-5 p.m. \$100

5/2-5/23 Wed 2:30-5 p.m. \$100

6/6-6/27 Wed 2:30-5 p.m. \$100

8/1-8/29 Wed 3-6 p.m. \$125

MAGNUSON EXPLORER PACKS:

Designed for families and small groups, these backpacks are stuff with everything you need for a fun-filled, self-guided park adventure. Included are park maps, wildlife identification guides and charts, binoculars, and games, plus an activity book to take home. Choose from two different themes: Wetland Discoveries or Birds of Magnuson. Explorer packs are available for rental at Magnuson Community Center front desk.

SPRING:

M-W 2-9 p.m. \$5/rental

Thu 9 a.m.-9 p.m.

Fri 9 a.m.-7 p.m.

Sat 11 a.m.-5 p.m.

SUMMER:

M-F 9 a.m.-8 p.m. \$5/rental

Sat 10 a.m.-3 p.m.

Meadowbrook CC:**BALLET 1:**

Ages 5-7 Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Guests are invited to watch class on the last day. Instructor: Charla Jennings

4/5-5/10 Thu 4:4-45 p.m. \$72

5/17-6/21 Thu 4:4-45 p.m. \$72

6/28-7/26 Thu 4:4-45 p.m. \$60

8/2-8/30 Thu 4:4-45 p.m. \$60

QUICKSTART TENNIS LEAGUE:

Ages 7-10 QuickStart Tennis League is designed as a FUN play-based approach to tennis for kids 7-10 years old. They also provide the outlet to engage parents in practices/matches...the program is not designed as a drop off activity. We want parents to be engaged as much as possible. Two divisions that use age-appropriate courts and equipment (racquets, balls and court space) will be used guaranteeing success!! Kids will be active and learn important skills, while having FUN!! League and practice play included. Local League play towards end of season. Volunteer Managers wanted! For more info on Quickstart concepts go to netgeneration.com (Note this is a national website and overview of the concepts). Rain out days are not made up. No program 7/4. Instructor: Quickstart Volunteers Location: Meadowbrook Courts

Ages 7-8

6/25-8/15 M/W 6-7 p.m. \$40

Ages 9-10

6/25-8/15 M/W 7-8 p.m. \$40

KENDO: THE WAY OF THE JAPANESE SWORD:

Ages 10 and Older Kendo is a path towards self-improvement through training in the ways of the Japanese sword. Meadowbrook Kendo Dojo offers beginning and advanced practitioners year round training in basic and

advanced sword techniques along with teaching the cultural and traditional aspects of Japanese martial arts. No class 5/28 and 7/4. Location: Meadowbrook Teen Life Center

4/2-6/18 Mon 7-8:30 p.m. \$65*

6/25-8/27 Mon 7-8:30 p.m. \$65*

*Fee is for youth. Adult fee is \$130.

KARATE:

Ages 7 and Older Learn the practice of Karate. You will exercise a variety of techniques including blocks, strikes, evasions, throws, and joint manipulations. No class 5/28 and 7/4. Instructor: Nihad Khalaf

4/2-4/30 M/W 6:30-7:30 p.m. \$30

5/2-5/30 M/W 6:30-7:30 p.m. \$30

6/4-6/27 M/W 6:30-7:30 p.m. \$30

7/2-7/30 M/W 6:30-7:30 p.m. \$30

8/1-8/29 M/W 6:30-7:30 p.m. \$30

BABYSITTING CERTIFICATION:

Ages 11-15 This class, taught by a CPR instructor/parent, is a fun, interactive workshop providing 11-15 year-olds the essential skills they must know in order to obtain babysitting work. The course includes role play, video lessons, instructor led discussions, and hands on skills training to give potential babysitters the confidence to responsibly care for the infants and children in their charge. An ASHI (American Safety and Health Institute) certification card is issued upon completion of the training. This class includes a CPR review, but does not include CPR certification. ENROLL AT WWW.CPRSEATTLE.COM

5/19 Sat 9:15 a.m.-1:45 p.m. \$45

COMMUNITY KITCHEN:

Ages 12 and Older Sustainable NE Seattle and the Meadowbrook Community Center are joining together to create a community kitchen which brings people together around food in a shared space to plan, cook, learn,

and eat together. These meals are focused on food that is healthy for people and the planet, i.e. organic and vegetarian. An added bonus of cooking together is the economic benefit of purchasing food in bulk and saving fuel resources. Participants will prepare food, eat together, and have food to take home. Participants are asked to bring dishes/cookware to bring home their portion of the food that is prepared.

NORTHERN ITALIAN NIGHT Milanese Risotto, spinach with pine nuts and raisins, sautéed cucumbers, green salad, and biscotti. 2/21 Wed 6-9:30 p.m. \$20

FORAGING FOR WILD FOODS Nettle quiche, wild greens salad, sorrel sauce on potatoes, and berry cobbler. 3/17 Wed 9 a.m.-1 p.m. \$20

FOCACCIA NIGHT Basic savory focaccia, vegetable filled focaccia, sweet focaccia with fruit, and large green salad. 4/18 Wed 6-9:30 p.m. \$20

CRAFTING GROUP:

Ages 16 and Older Open drop-in craft group. Bring your own supplies and craft alongside other inspired crafters: beading, sewing, scrapbooking, dying, etc. Chances are good that if you need help, you can find it for your individual projects... or at least a discussion! All welcome; sometimes we have snacks. This is not a class, there are no organized projects or themes, just crafting and/or discussions.

4/7 Sat Noon-4:30 p.m.

5/5 Sat Noon-4:30 p.m.

6/2 Sat Noon-4:30 p.m.

7/7 Sat Noon-4:30 p.m.

8/4 Sat Noon-4:30 p.m.

FUN! FIT:

Ages 16 and Older This is full body workout that targets all of the major muscle groups. We will increase strength, decrease body fat, and improve overall conditioning. Class format will change slightly, but we will focus on essentials: cardio, strength training, and a

proper cool down which includes stretching. Depending on weather conditions, this may take place outdoors. No class 5/28 and 7/4. Instructor: Maricres Tuliao ACE Certified

4/3-6/26 Tue 6-7 p.m. \$55

7/3-8/28 Tue 6-7 p.m. \$45

4/5-6/28 Thu 6-7 p.m. \$60

7/5-8/30 Thu 6-7 p.m. \$45

Miller CC:

KIDZ LOVE SOCCER-SOCCER:

1 Ages 5-6 Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

6/22-7/20 Fri 4-4:30 p.m. \$63

8/3-8/31 Fri 4-4:30 p.m. \$63

KIDZ LOVE SOCCER-SOCCER 1: TECHNIQUES & TEAMWORK:

Ages 5-6

4/20-6/1 Fri 4:35-5:20 p.m. \$88

6/22-7/20 Fri 5:15-6 p.m. \$63

8/3-8/31 Fri 5:15-6 p.m. \$63

KIDZ LOVE SOCCER-SOCCER 2: SKILLZ & SCRIMMAGES:

Ages 7-9

4/20-6/1 Fri 5:20-6:05 p.m. \$88

6/22-7/20 Fri 6-6:45 p.m. \$63

8/3-8/31 Fri 6-6:45 p.m. \$63

KIDZ LOVE SOCCER-SOCCER 3: OPEN PLAY:

Ages 10-12

4/20-6/1 Fri 6:05-6:50 p.m. \$88

6/22-7/20 Fri 6:45-7:30 p.m. \$63

8/3-8/31 Fri 6:45-7:30 p.m. \$63ges 10-12

AFTER SCHOOL TEEN DROP-IN: Ages 11-19 Daily activities set up by teens for teens- volleyball, basketball, crafts, and

more. Miller also offers a homework computer station and FREE Wi-Fi access.

4/2-6/15
M/F 3:30-6 p.m.
Wed 2:30-6 p.m.
T/Th 3:30-5 p.m.

DINNER AND A MOVIE:

Ages 11-18 Come to Miller Community Center and learn basic culinary skills every Wednesday starting at 3 p.m.. You will learn about nutrition while having fun with other teens. You will also learn how to make healthy meals that are quick, easy and not lacking in taste in this class. Then relax in the teen room while watching a movie.

Wed 3-6 p.m

Montlake CC:

OKINAWAN KARATE-DO:

Age 8 and Older Learn traditional Okinawan KARATE-DO in a safe, welcoming environment. Karate is an effective way of self-defense: learn blocks, kicks, punches, stances—all integrated in movement pattern drills called "kata". Develop concentration, calmness, confidence, and grow fit. Class taught at Montlake Community Center since 1973; instructor has 35 years of training and teaching experience there. Karate questions? Email instructor at epseattle@msn.com. No class 5/28 and 7/4. Instructor: Harold R. Avelar

4/9-5/23 M/W 6:30-8:30 p.m. \$60

5/30-7/11 M/W 6:30-8:30 p.m. \$60

7/16-8/29 M/W 6:30-8:30 p.m. \$60

YOUTH POTTERY:

Ages 6-13 Come explore the nature of clay as we hand form it into cups, bowls, animals, masks, and glaze paintings. We will practice basic hand building and glazing techniques for making functional pottery and small sculptures. No class 5/28 and 7/4. Instructor: Adrien Miller

4/16-6/11 Mon 4:30-5:15 p.m. \$100

CHILD 2 CHEF COOKING CLASS:

Ages 6-11 Child2Chef inspires youth through culinary arts. Our classes are each 2 hours long and the mini chefs will learn a new recipe each class. We also cover food safety, healthy options, etiquette, and more! On the last day, please join us for a celebration to see what they've learned! No class 5/28.

Instructor: Dwane Butler

4/2-4/18 M/W 5-7 p.m. \$167

4/23-5/9 M/W 4:30-6:30 p.m. \$167

5/14-6/4 M/W 5:30-7:30 p.m. \$167

TRI-HARA KARATE YOUTH CLASS:

Ages 6-18 Through this martial art form, students will develop coordination of mind and body, confidence, awareness, respect, sincerity, focus, perseverance, self-defense, and healthy boundaries. These are tools for life. Benefits will be noticeable at home, as well as in school, sports, and social behaviors. This program is designed to be fun and challenging, encouraging students to be the best they can be in all aspects of life.

Beginners welcome. The instructor for this class is Sean Gorman, who holds a 3rd degree black belt in Goju-Ryu karate, and has studied several other martial art forms since 1992. Instructor: Sean Gorman

4/7-6/16 Sat 9-10 a.m. \$25

NorthGate CC:

BALLET 1:

Ages 5-7 This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. Class will introduce traditional barre and center-floor work, and a creative game to round out the day.

4/3-5/8 Tue 4:30-5:15 p.m. \$52.50

5/15-6/19 Tue 4:30-5:15 p.m. \$63

6/26-7/24 Tue 4:30-5:15 p.m. \$52.50

7/31-8/28 Tue 4:30-5:15 p.m. \$52.50

BALLET 2:

Ages 7-10 This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. Class will introduce traditional barre and center-floor work, and a creative game to round out the day. This traditional class is for students who have taken two years of dance instruction and for older beginners.

4/3-5/8 Tue 5:30-6:15 p.m. \$52.50

5/15-6/19 Tue 5:30-6:15 p.m. \$63

6/26-7/24 Tue 5:30-6:15 p.m. \$52.50

7/31-8/28 Tue 5:30-6:15 p.m. \$52.50

HIP POP JUNIOR:

Ages 5-7 Join the fun! Students will learn basic hip-hop dance moves and choreography to classic and current pop and hip hop music. Classes are energetic and focused on coordination and self-confidence. The dance party continues with some fun dance games. Students should wear comfortable sneakers and bring a water bottle. Instructor: Sheila Gruner

4/2-5/21 Mon 3:45-4:30 p.m. \$60

BOOM DANCE: HIP HOP KIDS:

Ages 7-10 Learn the creative and energetic dance steps of hip-hop for fun or fitness. Hip-hop classes are designed for students to learn all facets, foundations, and basic fundamentals of hip-hop. Students will leave class refreshed, with confidence and ready to strut their stuff. Students do not need to have any dance experience. From warm up and stretches, to isolations and choreography, students will SWAG their way out of class. Instructor: Boom Dance Studio

4/5-5/10 Thu 4:45-5:45 p.m. \$75 5/17-6/21 Thu 4:45-5:45 p.m. \$90

QUICKSTART TENNIS:

Ages 7-10 QuickStart Tennis League is designed as a FUN play-based approach to tennis for kids 7-10 yrs old. They also provide the outlet to engage parents in

practices/matches...the program is not designed as a drop off activity. We want parents to be engaged as much as possible. Two divisions that use ageappropriate courts and equipment (racquets, balls and court space) will be used guaranteeing success!! Kids will be active and learn important skills, while having FUN!! League and practice play included. Local League play towards end of season. Volunteer Managers wanted! For more info on Quickstart concepts go to netgeneration.com (Note this is a national website and overview of the concepts). Rain out days are not made up. Location: Victory Heights Playground

Ages 7-8: 6/25-8/15 M/W 6-7 p.m. \$40

Ages 9-10: 6/25-8/15 M/W 7-8 p.m. \$40

TEEN ROOM:

Ages 11-19 Come to Northgate and hang out after school at the Northgate Teen Room. Sit back and relax with friends, listen to music, play Xbox, and enjoy the end of your day.

Every M-F After school until close

BOARD GAME NIGHT:

Ages 11-19 No more Monopoly or Life, we've got more than your average board game. Try out some of the newest, most popular board games like Pandemic and Settlers of Catan. There's group cooperative games, competitive games, and even roleplay games! Our nerd experts will help you learn the games and their strategies.

Every Thursday 6-8 p.m.

TEEN WORKPLACE READINESS:

Ages 11-19 Teens looking to work on a resume, improve interview skills, or just gain valuable insight into the transitioning into the workplace can find help in our center. Work with other teens, staff, and volunteers to gain knowledge about professional employment. To learn about internships at Northgate Community Center, email Tom.Diamond@seattle.gov.

ENGLISH LANGUAGE

CONVERSATION:

All Ages We offer a welcoming place for English language learners to practice their conversational skills. In partnership with Seattle Public Libraries, come meet others who are eager to practice their vocabulary through casual conversation. If you are interested in volunteering, email Tom.Diamond@seattle.gov. Patience is appreciated and bilingualism is helpful, but not necessary.

Wed 4-6 p.m.

Rav-Eck CC:

HIP POP JUNIOR:

Ages 5-7 Join the fun! Students will learn basic hip hop dance moves and choreography to classic and current pop and hip hop music. Classes are energetic and focused on coordination and selfconfidence. The dance party continues with some fun dance games. The students should wear comfortable sneakers and bring a water bottle. Instructor: Sheila Gruner

4/3-5/1 Tue 4-4:45 p.m. \$55

5/8-5/29 Tue 4-4:45 p.m. \$44

PRE-BALLET:

Ages 3-5 Children learn basic ballet skills in a creative, fun environment. Students will experience the joy of dancing while learning basic movements and ballet vocabulary. This class has a classic structure with rhythmic and creative games mixed in. No class 5/28. Instructors: Michaela Hendrix and Anna Moretti

4/4-6/13 Wed 4:15-5 p.m. \$143

4/7-6/9 Sat 9:15-10 a.m. \$117

4/7-6/9 Sat 10:15-11 a.m. \$117

PRE-BALLET:

Ages 3-4 Children learn basic ballet skills in a creative, fun environment. Students experience the joy of dancing while learning basic movement skills and ballet vocabulary.

This class has a classic structure with rhythmic and creative games mixed in. Children should dress in close-fitting clothing that allows for comfortable movement. Instructor: Charla Jennings

4/6-5/4 Fri 11:30 a.m.-12:15 p.m. \$60

5/11-6/8 Fri 11:30 a.m.-12:15 p.m. \$60

PRE-BALLET 2:

2 Ages 4-6 This class is for children who have completed Pre-Ballet and would like to continue to learn ballet skills in a creative, fun, and safe environment. This class has a classic structure with rhythmic and creative games mixed in. Children should wear close-fitting clothes that allow for comfortable movement. Instructor: Charla Jennings

4/6-5/4 Fri 12:20-1:05 p.m. \$60

5/11-6/8 Fri 12:20-1:05 p.m. \$60

SPORTS OF ALL SORTS:

Ages 3-5 This is a fun way to start out in sports. Your child will learn the basics of soccer, basketball, baseball, and more! In this class, we will cover basic skills while having fun in a non-competitive environment, focusing on team work and good sportsmanship! Instructor: Sheila Gruner

4/3-5/1 Tue 3-3:45 p.m. \$55

5/8-5/29 Tue 3-3:45 p.m. \$44

YOUTH INTRO TO TENNIS:

Ages 5-10 Introduce your children to racquet sports and sharpen their hand-eye coordination. There's no waiting in lines in this class, and fun games and drills make it a hit! We provide racquets. Class takes place in the gym in the fall. Water bottle recommended. Class size is limited to 8 so register early. No class 8/7 and 8/14. Instructor: Denise Bailey

4/16-5/21 Mon 4-4:45 p.m. \$72

6/26-8/14 Tue 4-4:45 p.m. \$72

YOUTH BEGINNING/ADVANCED TENNIS:

Ages 7-15 Keeping the fun in tennis, this beginning/advanced class will introduce basic court play, focus on swings, and continue building hand-eye coordination skills. Games and drills will keep you busy hitting the ball! This class picks up where "Youth Intro to Tennis" leaves off. Class takes place in the gym. No class 8/7 and 8/14. Instructor: Denise Bailey

4/16-5/21 Mon 4:45-5:30 p.m. \$72

BEGINNING

6/26-8/14 Tue 4:45-5:30 p.m. \$72

ADVANCED

6/26-8/14 Tue 5:30-6:15 p.m. \$72

HIP POP:

Ages 8-10 Join the dance party! The students will learn more complex hip hop dance moves and choreography to classic and current pop and hip hop music. Classes are energetic and focused on coordination and self-confidence. The dance party always includes fun dance games. The students should wear comfortable sneakers and bring a water bottle. Instructor: Sheila Gruner

4/5-5/3 Thu 4-4:45 p.m. \$55

5/10-5/31 Thu 4-4:45 p.m. \$44

BALLET 1:

Ages 5-7 This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. Class will introduce traditional barre and center-floor work, and a creative game will round out the hour. No class 5/28. Instructors: Michaela Hendrix and Anna Moretti

4/4-6/13 Wed 5-6 p.m. \$154

4/7-6/9 Sat 11 a.m.-Noon \$126

BALLET 2/3:

Ages 8-13 This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet

vocabulary and combine it into fun, energetic, and expressive dances. Class will include traditional barre and center-floor work. This traditional class is for students who have taken 2 years of dance instruction and older beginners. No class 5/28.

Instructors: Michaela Hendrix

4/4-6/13 Wed 6-7 p.m. \$154

SHOTOKAN KARATE:

Ages 6 and Older Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached the level of seventh kyu (Orange belt) or above, or with Instructor's permission. Instructor: John Lane

BEGINNER

4/5-4/26 Thu 6-6:45 p.m. \$36

5/3-5/31 Thu 6-6:45 p.m. \$45

6/7-6/14 Thu 6-6:45 p.m. \$18

INTERMEDIATE/ADVANCED

4/5-4/26 Thu 7-8 p.m. \$36

5/3-5/31 Thu 7-8 p.m. \$45

6/7-6/14 Thu 7-8 p.m. \$18

RAVENNA SECOND-STRING

ORCHESTRA:

Ages 13 and Older Ravenna Second String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is a little easier than the Ravenna String Orchestra, and is a wonderful opportunity for intermediate players. Enjoy a supportive atmosphere with no auditions. For additional information please visit www.ravennastrings.com. Concert at Eckstein Middle School on Wednesday, 6/6. No class 5/28. Conductor: Nathan Harrison

4/2-6/4 Mon 7:15-8:30 p.m. \$75

PITA, HUMMUS AND FALAFEL

WORKSHOP:

Ages 16 and Older Join us as we learn to create a yummy Middle Eastern meal in a pocket-bread! In hands-on class, you learn

the entire process of making pita, falafel, and hummus from scratch. You will mix, knead, rise and bake your own pita bread and enjoy it warm out of the oven! All the ingredients are provided; you are encouraged to BYO Apron. Instructor: Masha Shtern

4/28 Sat 10:30 a.m.-1:30 p.m. \$35

DESIGNER CHEESECAKE

WORKSHOP:

Ages 16 and Older In this hands-on class, you'll learn how to make delicious creamy cheesecake and beautiful swirling patterns. We'll make our own mini-cheesecake and learn how to make round and rectangular swirling patterns using berries and chocolate sauces. You will get your own mini-cheesecake pan to keep! BYO apron. Glutenfree crust available upon request. Instructor: Masha Shtern

5/12 Sat 10:30 a.m.-1:30 p.m. \$35

Center Info:

HOURS Maintenance Closure June 18-23.
Mon-Fri 12:30-8:30 p.m. Saturday 9 a.m.-5
p.m. Sun (available for rentals) Closed

LAURELHURST C. C.:

4554 NE 41st St. / Seattle WA 98105
PH: 206-684-7529 Fax: 206-522-6029
HOURS Mon-Fri 9 a.m.-2 p.m. Sat/Sun
(available for rentals) Closed

MAGNUSON C. C.:

7110 62nd Ave. NE / Seattle WA 98115
PH: 206-684-7026
HOURS Mon-Wed 2-9 p.m. Thursday 9 a.m.-
9 p.m. Friday 9 a.m.-6:30 p.m. Saturday 9
a.m.-5 p.m. Sunday Closed Late Night (ages
13-19 only): Fri 6:30-11 p.m.

MEADOWBROOK C. C.:

10517 35th Ave. NE / Seattle WA 98125
PH: 206-684-7522
HOURS Mon-Fri 9 a.m.-9 p.m. Saturday 9
a.m.-5 p.m. Sunday Closed

MEADOWBROOK TEEN LIFE CENTER:

10750 30th Ave. NE / Seattle WA 98125
PH: 206-684-7523
HOURS Sun/Mon Closed Tue-Thu 2:30-8
p.m. Friday 2:30 p.m.-Midnight Saturday 5
p.m.-Midnight

MILLER C. C.:

330 19th Ave. E/ Seattle WA 98112
PH: 206-684-4753
HOURS Mon/Wed/Fri Noon-8 p.m. Tue/Thu 9
a.m.-5 p.m. Sat/Sun Closed

MONTLAKE C. C.:

1618 E Calhoun St. / Seattle WA 98112
PH: 206-684-4736 Fax: 206-233-7140
HOURS Mon/Fri 11 a.m.-9 p.m. Tue/Wed/Thu
3-9 p.m. Saturday 9 a.m.-4 p.m. Sunday
Closed

NORTHGATE C. C.:

10510 5th Ave. NE / Seattle WA 98125
PH: 206-386-4283
HOURS Mon/Fri 11 a.m.-7 p.m. Tue/Thu 10
a.m.-8 p.m. Wednesday 11 a.m.-8 p.m.
Saturday 9 a.m.-5 p.m. Sunday (available for
rentals) Closed

RAVENNA-ECKSTEIN C. C.:

6535 Ravenna Ave. NE / Seattle WA 98115
PH: 206-684-7534 Fax: 206-233-3973

Seattle Parks and Recreation Aquatics Information:

Lessons "Seattle Swims": Swim for fun, fitness, and safety! All ages swimming instruction by certified lifeguards and trained instructors.

Class Information: Online registration using the SPARC system. Go to <http://class.seattle.gov/parks>

Contact your local pool for more information!

BALLARD POOL 1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL 7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL 13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL 10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL 500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/everspool.htm

QUEEN ANNE POOL 1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL 8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL 2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

Summer Only **COLMAN POOL** 8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL 2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

Other Activities:

**This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening.*

Free Art Saturdays at The 2100 Building in Rainier Valley:

All materials provided. All levels welcome. Space is limited, so be sure to arrive on time. Every Friday night the Gage Alhadeff Studio is transformed into a drop-in art center for teen artists and on Saturdays, Teen Art Studios sets up in The 2100 Building in Rainier Valley!

Teen Art Studios (TAS):

A free program that provides a diverse, challenging and productive environment for young artists. Every month a different professional artist teaches a new art form, including cartooning, figure drawing, mixed media and more. You receive focused instruction and get the chance to explore a range of different mediums and skills. *Refreshments provided.*

Location: 2100 24th Ave South Seattle, WA 98144
6:30pm-9:30pm/Ages 13-18



A FREE year round outdoor recreation and environmental education program for teens 14-19 years old citywide.

PROGRAMMING INCLUDES: After-School Workshops, Overnight and Day Trips, Service Projects, Week Long Expeditions, Paid Internships. **GET INVOLVED TODAY! NO EXPERIENCE NECESSARY.**

For more information please go to: seattle.gov/parks/teens/o2

Langston Hughes Performing Arts Center:

The Langston Hughes Performing Arts Center (LHPAC) celebrates, nurtures, presents and preserves African American and

Diaspora performing arts and cultural legacies. LHPAC provides a continual opportunity for all citizens of Seattle, from various walks of life and diverse backgrounds to experience and engage in these performing arts. Every season, Langston Hughes Performing Arts Center has new theatrical works, classes, and programs. Contact them for more information about their FREE and low cost classes and performances. **1700 Yesler Way S. Call us at 206-684-4758.**

Youngstown Cultural Arts Center:

Free After School Art classes: Beatmaking, DIY Organic Gardening, Digital Media, Live Music Lab, Youngstown Records, Breakdancing, DIY Fashion, Spoken Word Poetry, Sustainable Visual Art. **4408 Delridge Way SW, Seattle, WA 98106 206-935-2999**

Weekdays 3:30-5:30

Visit their website at [:http://www.youngstownarts.org/all_access_classes/](http://www.youngstownarts.org/all_access_classes/) to apply for these free classes!

Environmental Learning Centers:

LEARN ABOUT THE WILD SIDE OF Seattle at your Environmental Learning Centers! All the centers have programs for adults and families focusing on the natural wonders of the Puget Sound region and how you can make a difference in your world. Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at www.seattle.gov/parks/.

Discovery Park: located 5 miles northwest of downtown Seattle with 8 miles of trails, ponds, saltwater beaches, forests, and meadows.

206-386-4236, 3801 W. Government Way, email: discover@seattle.gov

Carkeek Park: Located in North Seattle With trails, playground, and the historic Piper's Orchard
206-684-0877, 950 NW Carkeek Park Road, email: carkeek@seattle.gov

Camp Long: Located in West Seattle With 68-acre forested park with hiking trails, climbing rocks with instructors, wetlands loaded with frogs and salamanders
206-684-7434, 5200 35th Ave SW, email: camplong@seattle.gov

The Burke Museum of Natural History and Culture:

Open daily, the Burke Museum welcomes all visitors who are curious about the natural wonders of Washington State, the Pacific Northwest, and the Pacific Rim. Discovery awaits you. Admission is **FREE on the first Thursday of the month from 10am-8pm.**

Regular hours are daily from 10am-5pm, \$9.50 adult, \$6 students and youth 5+, ages 4 and under are always free. On the University of Washington campus at the corner of 17th Avenue NE and NE 45th Street (206) 543-7907

Seattle Art Museum (SAM):

1300 First Avenue Seattle, WA 98101 | 206.654.3100 | www.seattleartmuseum.org
SAM offers free admission to all on the **FIRST THURSDAY** of each month. All free day programs include access to special exhibitions as well as all SAM collections and installations.

Museum of Flight:

Tuesday-Thursday, Saturday 10 a.m.-5:30 p.m.; Friday 10 a.m.-9 p.m.; Sunday 11 a.m.-5:30 p.m.

Frye Art Museum:

704 Terry Ave. - Seattle, WA 98104
206-622-9250 | www.fryemuseum.org
The Frye Art Museum engages audiences, challenges perceptions, and encourages dialogue about art in all its complexities, past and present. Admission is always free. For updated information on Frye's education programs that provide art experiences for children, adults, and educators. Tuesday - Saturday, 10 a.m.-5 p.m.; Sunday, noon-5 p.m.; Thursday, 10 a.m.-8 p.m.

Seattle Center Children's Museum:

The Children's Museum, Seattle is an interactive, hands-on museum which provides children (ages birth - 10) and their families a fun and creative place to play and discover. Children can explore and interact with the 11 permanent exhibits including the Neighborhood, Global Village, Imagination Studio and the Mountain. Daily programming provides additional opportunities for art, culture and science exploration. Visitors to the Museum are immediately wrapped up in this kid sized world of fun and exploration.

Mon - Fri: 10 AM - 5 PM

Sat/Sun: 10 AM - 6 PM

Price: \$7.50 adults/children, \$6.50 for

9404 East Marginal Way S. Seattle, WA 98108 | 206.764.5720 | www.museumofflight.org Thanks to sponsor Wells Fargo Bank, Museum admission is free of charge on the first Thursday evening of every month from 5-9 p.m!

Bellevue Arts Museum:

510 Bellevue Way N.E. - Bellevue, WA 98004
425-519-0770 www.bellevueart.org
Bring out your child's imagination and creativity with one of Bellevue Arts Museum's many free or low-cost workshops for children of all ages.
Tuesday-Thursday, Saturday 10 a.m.-5:30 p.m.; Friday 10 a.m.-9 p.m.; Sunday 11 a.m.-5:30 p.m.

Treehouse Caregiver Resource Guide

Resource Support Lines:

The Foster Parent & Caregiver Support Line: 1-800-301-1868

A help line that foster parents and relative caregivers can access when they are in crisis. Crisis line workers will be able to listen and offer advice about how to manage children with emotional or behavioral problems. The support line operates after business hours, when Children's Administration social workers and foster care licensors are not available.

Family Help Line: 1-800-932-HOPE www.parenttrust.org

The Family Help Line is a free, statewide training and referral line for the families of Washington State. Last year, the Family Help Line received over 5,000 calls and requests for information. Calls can last up to 90 minutes and parents can call as often as needed.

Foster Parent Investigation Retention Support Team (FIRST): 1-253-219-6782

Support for foster parents under investigation for allegations of abuse or neglect Monday through Saturday, 8:00 a.m. – 8:00 p.m., or leave a message and receive a return call within 24 hours.

On-Going and Crisis Support for foster parents:

Under contracts with the state, three private agencies are working to build supports for you within the foster care community. Supports include hubs, support groups and matching new foster parents with veteran foster parents. To get connected:

- If you live in **eastern Washington, the Olympic Peninsula down through Pacific County or from Thurston County to Clark County**, call 1-888-794-1794.
- If you live in **King County**, call 206-605-0664 and in any county from **Snohomish County north**, call 360-510-7601 or 360-863-6530
- If you live in **Pierce or Kitsap counties**, call 253-473-9252
- If you live in **Renton Region 4**, call CARE: Counseling, Assistance, Relief and Education 1-888-263-3457 or www.friendsofyouth.org

Parenting Resources and Classes:

Children's Administration Foster Parent Website:

<http://www.dshs.wa.gov/ca/fosterparents/>
Visit this website for information on training and parenting resources. The website offers helpful training videos on behavioral issues, health and safety, parenting tips, and many more. It also provides links to other websites for parenting concerns.

Contact 1-800-543-7414 to connect with the statewide foster parent recruitment information center.

Children's Home Society of Washington Parent Education:

206-695-3200
http://www.childrenshomesociety.org/Our_Services/Family_Support/Parent_Education.html

The parent education programs give families important skills and information to help children reach their potential in safe, loving homes. Classes available in:

- Conscious Fathering
- Home Team Parent Aide Program
- Home Visitation
- Next Generation
- Parent Education and Skill-Building
- Parent Trust
- Parents as Teachers
- SPARK: Strong Partners and Relationships for Kids
- Strengthening Families Program
- The Nurturing Parenting Program
- Triple P Parent Coaching

Friends of Youth: Parenting Resources (classes):

(Issaquah, Duvall, Snoqualmie)
<http://www.friendsofyouth.org/parentingRes>

[ources.aspx](#)

Parents are their children's first and most important teachers. But sometimes, they need a little extra help dealing with the challenges that arise. They need the opportunity to learn effective parenting strategies, build skills, and discuss their issues with other parents. Friends of Youth offers several parenting education classes throughout our community that provide the tools parents need to encourage the development of strong healthy families.

STEP (Systemic Training for Effective Parenting) classes:

Parents of 2-12 year-olds.
Parents of Teens (Open to parents of 13-19 year-olds).

Prevention Parenting classes:

Guiding Good Choices (Open to parents of 9-14 year olds).
Staying Connected with Your Teen (Open to parents of 14-17 year olds).

Foster Parent/Caregiver resources:

Lutheran Community Services

(Seattle): (206) 694 – 5713

<http://www.lcsnw.org/permanencyplanning/parents.html>

- Group and individual preparation and training for Permanency Planning
- Foster Parent Support Group
- Permanency Planning Newsletter
- Parenting training or referral
- Information and referral to community resources
- Ongoing counseling and support

Children's Administration:

Meet, Greet, and Train

These long lunch hours are set aside for all caregivers to come together and enjoy a brown bag lunch Gala and engage in one hour of training on a variety of topics. Those topics include things like, Managing Anger in Your Homes; Tactics to Avoid Chaos When Parenting the ADHD child; Active Communication and many, many more. Come and get acquainted and enjoy the networking with other caregivers.

To register call: 1-800-876-5195

Children's Home Society of Washington: 206-695-3200

Family Resource Centers:

www.childrenshomesociety.org/Our_Services/Family_Support/Family_Resource_Centers.html

Our family resource and support centers help families build on their strengths, find support networks and services, and promote the well-being of the entire family. Locations: Auburn, North Seattle

Kinship Caregiver Support:

Groups for parents and relatives who are primary caregivers offer an opportunity to connect with others, find new ways to deal with challenges, and gain insight and support from people in similar situations.

FPAWS: Foster Parent Association of Washington State: 1-800-391-CARE

(2273) www.fpaws.org

Help to empower, to support and to advocate for foster, kinship-care and adoptive families.

The NFPA is the national voice for foster parents and provides services to individual states to improve the services to foster parents throughout the country. NFPA holds an annual training conference in late April or May.

FPAWS is part of the larger NFPA: National Foster Parent Association:
<http://www.nfpainc.org/>

CARE: Counseling, Assistance, Relief, and Education:

CARE supports state licensed foster parents or relative caretakers when they are caring for state placed children with difficult behavior problems. If the caregiver calls CARE at 206-915-0459, we will call them back within 24 hours. We will offer to go to their home within 72 hours of their call. The primary goal of CARE is to prevent the placement from "failing"; to keep the child in your home and keep you as a placement resource. We provide the following kinds of support for up to three months:

- Telephone consultation as requested by the caregiver

- A master's level CARE staff member can provide short term in-home counseling using behavior based approaches to help the caregiver gain skills and techniques for dealing with the child's behavior.
- We can help develop behavior management and supervision plans that meet the needs of the child. Friends of Youth programs specialize in sexually aggressive behaviors, physically aggressive behaviors, mental health problem behaviors and others.
- Access to CARE staff 24/7 for emergency consultation
- Referrals and information about resources and training to improve caregiver skills
- Funds to assist in paying for community resources; e.g. boys and girls club membership, day camp, etc.
- Funds to assist with child evaluations and assessments
- Funds to assist in paying for training classes
- Assistance in advocating with the assigned social worker to get respite funds for household items that will assist in maintaining a child in the home; e.g. bedding, special needs items, etc.

Additional Community Resources:

2-1-1 Washington Information Network:

Dial: 2-1-1 or online at:

<http://www.resourcehouse.info/WIN211/>

This network provides a directory of health and human service programs to find resources like food banks (food pantries), emergency shelters, transportation, health clinics, rent or utilities assistance, legal help, and many more.

Casey Family Programs:

A guide to SSI and Social Security Benefits for Children and Youth in Out-of-Home Care:

<http://www.casey.org/Resources/Publications/pdf/GuideToSSI.pdf>

Relative Caregiver Resources:

<http://www.grandfactsheets.org/doc/Washington%2007%20New%20Template.pdf>

Kent Youth and Family Services:

A list of services and support organizations dedicated to helping individuals and families in South King County.

<http://www.kyfs.org/resources.html>

YMCA: The Center For Young Adults:

Providing young adults who have experienced foster care or homelessness with the resources and skills they need to move toward independence.

<http://www.seattlemca.org/page.cfm?ID=center> (206) 749-7550

Educational Resource:

See the below link for the second edition of the Guide to Supporting Students in Foster Care.

The primary purpose of this guide is to provide information, resources and tools to positively impact the educational experiences of students in foster care.

<https://www.treehouseforkids.org/wp-content/uploads/2018/01/treehouse2017final2ndedinteractive.pdf>

For additional educational support resources, please see the Treehouse website at <http://www.treehouseforkids.org/our-services/academic-support/>