

# 2016



## Free & Low Cost Activities Now Including a Caregiver Resource Guide!

**\*This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening. This is not a complete list of Seattle events.\***

The City Council has completed its budget deliberations and adopted the 2011 budget on Monday, November 22. There will be changes to the operating hours at some community centers, and changes to some Parks and Recreation fees. We have tried to provide the most up to date information, but changes may still occur before registration starts. Please call your local community center or pool for updates. We apologize for the inconvenience this may cause.

**WEST SEATTLE AND SOUTH PARK.....Page 3**

- Alki Community Center
- Alki Bathhouse
- Delridge Community Center
- Hiawatha Community Center
- High Point Community Center
- South Park Community Center
- Southwest Community Center
- Southwest Teen Life Center
- West Seattle Branch Library

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- Ballard Community Center
- Bitter Lake Community Center
- Loyal Heights Community Center
- Ballard Branch Library

**CENTRAL SEATTLE.....Page 16**

- Garfield Community Center
- Garfield Teen Life Center
- Yesler Community Center
- Yesler Teen Room
- International District/Chinatown (IDCCC)
- Belltown Community Center
- Central Library

**SOUTHEAST SEATTLE.....Page 23**

- Jefferson Community Center
- Ranier Beach Community Center
- Ranier Community Center
- Van Asselt Community Center
- Beacon Hill Branch Library

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## Teen Late Night – A Seattle Parks & Recreation Citywide Teen Program

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7 p.m.-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required.

Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society.

**NORTH - (206) 684-7523** Meadowbrook Teen Life Center, Bitterlake Community Center

**CENTRAL - (206) 684-4550** Garfield Teen Life Center

**SOUTHEAST- (206) 551-7316** Ranier Community Center, Ranier Beach Community Center, Van Asselt Community Center

**SOUTHWEST- (206) 684-7438** Southwest Teen Life Center High Point Community Center, Delridge Community Center South Park Community Center

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## WEST SEATTLE AND SOUTH PARK

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### CITYWIDE TEEN ADVISORY COUNCIL (TAC )

Join other teens and make a difference in your community. The Teen Advisory Council (TAC) plans activities, fundraisers, and volunteer projects. If you're interested, please join our monthly meetings by registering with the teen programs at any community center. Times and days of meetings will vary from center to center.

Alki C.C. Third Fri. of the month 5-6 p.m.

Delridge C.C. Last Thursday of the month 4-5 p.m.

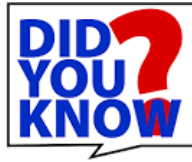
Hiawatha C.C. Thursday 5 p.m.

High Point C.C. Friday 4:30 p.m.

South Park C.C. 2nd and 4th Wednesday 4:15-5 p.m.

SouthWest C.C. Tuesday 3 - 5 p.m

### SPECIAL EVENTS



## VALENTINES HEART HOP

**Ages 0-5 years**

Spread the love with your little one at this valentine's special event. There will be music, games, balloons, and cupcakes! **Location:** High Point CC  
2/11 Thu 10 a.m.-Noon \$5



## THEMED SKATE NIGHT – PARTY ROCKER

Join us for a night of fun; we will have games, raffles, music, and a whole lot of fun for everyone. Don't forget to bring your friends.  
**Location:** Alki CC

## Teen Drop In Activities    Ages 11-19    FREE!

Times and days for drop-in programs are subject to change depending on Basketball League practices. **Location:** Southwest Teen Life Center (SWTLC) **BASKETBALL**  
Wed 3-6 p.m.  
**VOLLEYBALL**  
Tue 3-6 p.m.  
**PICKLE BALL/BADMINTON**

## Teen Late Night – Free!

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7 p.m.-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required.

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**SOUTHWEST- (206) 684-7438 Southwest Teen Life Center High Point Community Center, Delridge Community Center South Park Community Center**

### **ALKI COMMUNITY CENTER**

**5817 SW Stevens St / Seattle, WA 98116**

**Phone: 206-684-7430 Fax: 206-938-9549**

**Hours of operation:**

**Monday – Friday 1 – 7 pm**

#### **H.O.P.E. OPPORTUNITY (HELPING OTHER PEOPLE ENGAGE)**

At Alki we believe every youth has something special to offer. We embrace the opportunity to help each youth volunteer find that gift through various engaging activities. H.O.P.E is a program that gives not only students an opportunity to engage with other students,

youth, and adults, but is also a program that gives adults the opportunity to engage with youth. This program allows youth to bring their voice and insight to their service learning experience at Alki Community Center. To find out ways you too can be engaged with your service learning hours, contact Paula Pablo at (206) 684-7430 to set up an interest interview.

## **DELRIDGE COMMUNITY CENTER**

**4501 Delridge Way S / Seattle, WA 98106**

**Phone: 206-684-7423: Fax: 206-684-7424**

**Hours of operation:**

**Monday - Friday 9 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m.**



**Toddler Indoor Gym - \$3**

**DOES YOUR CHILD NEED TO BURN OFF**

**SOME ENERGY?** Your child will learn social skills, develop hand-eye coordination, and

make new friends. *A parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.*

**Mon/Wed 1 pm-4 pm \$3 per child**



**Winter Gardening Class FREE!**

All Ages Welcome Kids can join the Little Red Hen Project in our learning garden, even during the cold months! We will learn

about mulching, crop rotation, season extension, winter crops, and do some garden planning for spring – A few nature walks will be had as well. If you are in middle or high school looking for service learning hours, please let contact Daryl or Katie, we are always looking for student volunteers. (thelittleredhenproject@gmail.com) No class on 2/18.

Instructor: Katie Kadwell

**1/14-4/7 Thu 4:30-5:30 p.m.**

**Music Production – Ages 11-19**

Chow down as you learn the basics of DJing and Music production or just cook and eat while you listen to great music, either way, you are welcome! Professional guest DJ instructors and performances monthly.

**Feb.-Mar. Tue 4-5 p.m.**

**Delridge Bowlers Bi-Weekly Trips - Ages 11-19**

Every other Thursday come join the Delridge teen bowlers to compete against yourself or the other kids in the neighborhood. Signed E-13 form required for participation.

**Feb.-Mar. Thu 4-6 p.m.**

**The Great Outdoors – Ages 11-19**

The Delridge teen program will be on the go, exploring many local trails, beaches, and green spaces. We will also be working with Camp Long and the Seattle Parks and Recreation O2 program to offer some great fun and educational events outdoors such as the Camp Long low ropes course, mountain biking, and rock climbing. Call Daryl and look for upcoming programs: 206-684-7423.

**Teen Fitness - Ages 16-19**

Cease to be obese! Work off those calories and feel great! Teen open fitness room hours, E-13 Authorization Form is required.

**Feb.-Mar. T/W 4:30-6 p.m.**



**Green Teen Gardening - Ages 11-19**

Want to learn how to help your community and get service learning hours at the same time? Explore the importance of urban gardening while meeting new people, gaining valuable experience, and having fun! For More info contact Daryl at 206-684-7423.

**Jan.-Mar. M/F 4-5 p.m. Sat 11a.m. – 1p.m.**

**Teen Advisory Council - Ages 12-19**

Join us for the Delridge Teen Advisory Council the last Thursday of each month. , **2/26, 3/26 Thu 6-7 p.m.**

## **HIAWATHA COMMUNITY CENTER**

**2700 California Ave SW / Seattle, WA 98116**

**Phone: 206-684-7441: Fax: 206-923-1691**

**Hours of operation:**

**Monday & Tuesday 1 - 9 p.m.**

**Wed., Thu., & Fri. 11 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m.**

**Sunday Noon - 5 p.m.**



### **Toddler Indoor Gym - \$3**

Does Your Child Need to Burn Off Some Energy? Your child will learn social skills, develop hand-eye coordination, and make new friends. *A parent or responsible caregiver (18 or older) must be present times. Registration is not required. Times and days vary due to community center special events or su camps.*



**Mon/Thu 10 am-1 pm \$3 per child**

### **Drop-In Adult Ballet - Ages 16 and older - \$6**

This is a beginning class for adults who are interested in taking ballet and designed for dancers of varying levels with exercises that can be modified for different physical abilities. Dancers should wear ballet shoes, clothes they are able to move in and protect modestly. No class 2/18 and 4/14.

**1/7-5/26 Thu 7-7:45 p.m.**

### **After School Teen Drop-In – Ages 11-19**

Daily activities set up by teens for teens- volleyball, basketball, badminton, current music, homework time and more. Hiawatha also offers FREE dance studio space and FREE Wi-Fi access.

**Feb-Mar M-F 2:20 pm-4 pm**

### **Job Readiness Program – Ages 14-19**

Join our team of community volunteers and interns! Earn service learning hours and gain skills that prepare you for work and university life. In addition to internship positions, staff also offers resume, job application and interviewing assistance. For more information send your resume and/or inquiries to [John.Hasslinger@Seattle.gov](mailto:John.Hasslinger@Seattle.gov). \*Note: Seattle Parks and Recreation summer internship applications are available April 1-15!

**Location: Hiawatha CC**

**Feb-Mar Hours vary by position**

### **“FLEX-FIT 2.0”- Drop In - Ages 14-19**

Challenge your body to do great things! This is a student-centered drop-in program focusing on body-

weight circuits, power yoga, core-fit, sports training and more.

**Feb-Mar T/Th 2:30 pm-3:30 pm**

### **Tutor Connect - Ages 11-18**

Connect with a fellow teens who can help you succeed in the classroom. Volunteer tutors and those seeking help are asked to email [John.Hasslinger@Seattle.gov](mailto:John.Hasslinger@Seattle.gov).

**BY APPOINTMENT ONLY!**

**Feb-Mar M-F 3-7 p.m.**

### **Westside Musical Late Night Performance - Ages 14-18**

Volunteer 20+ hours at Hiawatha CC prior to the show date and earn a FREE seat! Pre-funk begins at 6 p.m. in the Center, shows starts at 7 p.m. next door at West Seattle High School.

**Feb-Mar Select Fri 6-10:30 p.m.**

### **Create-a-Cook - Ages 14-19**

Share recipes and cook foods that will make you loved by all. Kitchen space is limited to eight youth. Sign up in the teen room today!

**Feb-Mar Select Wed 3-5 p.m.**



### **Invest in Yourself - Ages 13-19**

Got college on your mind? Check out community center opportunities to earn tuition dollars, seek scholarship funds, and raise your value to potential universities. Invest in YOU! Please send emails to [John.Hasslinger@Seattle.gov](mailto:John.Hasslinger@Seattle.gov) to schedule an appointment.

**Feb.-Mar. By appointment-ongoing**

## **Year Of The Monkey Party**

Join Hiawatha's 3rd annual Lunar New Year kickoff.

Special features include a short, women's self-defense clinic, martial arts and lion dance demos, zodiac information, fortune telling and New Year snacks for all attendees. Hiawatha seeks



knowledgeable teen martial artists and lion dance students to volunteer assist with this event. Please send emails of interest Please send emails of interest to [John.Hasslinger@Seattle.gov](mailto:John.Hasslinger@Seattle.gov). **2/12 Fri 2:30-4:30 p.m.**



#### **Teen Pick Big Screen Movie - Ages 14-18**

Hiawatha's YCTP teen interns will lead this event complete with popcorn, drinks, snacks, projector screen, and sound system. Drop-in youth welcome.

**3/11 Fri 6-9 p.m.**

#### **Night Out - Ages 14-18**

Volunteers only! Serve your community through service and earn a "night out". For details how to earn qualifying service hours, please visit the teen room or email [John.Hasslinger@Seattle.gov](mailto:John.Hasslinger@Seattle.gov).

**3/25 Fri 4:15-8 p.m.**

#### **Hiawatha Teen Council Open Meetings - Ages 14-18**

Make your voice heard by planning Hiawatha teen activities, special events, and community service projects. Interested teens are encouraged to join the following open meetings:

**2/10, 3/9 Wed 3 p.m.**

## **HIGH POINT COMMUNITY CENTER**

**6920 34th Ave SW / Seattle, WA 98126**

**Phone: 206-684-7422: Fax: 206-684-7402**

**Hours of operation:**

**Mon., Wed., & Fri.\* 1 - 9 p.m.**

**Tuesday & Thursday 10 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m.**



#### **Toddler Indoor Gym - \$3**

Does Your Child Need to Burn Off Some Energy? Your child will learn social skills, develop hand-eye coordination, and make

new friends. *A parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.*

**Tue/Thu 10 am-2 pm \$3 per child**

#### **Popcorn & Movie - Ages 11-19**

This program is for kids who participate in one or more of our programs. The youth will be able to choose the Red Box movie and choices will be discussed in our Teen Talk sessions. Call to confirm movie night dates.

**Every other Thu 5-8 p.m.**

#### **Teen Advisory Council - Ages 11-19**

Teen Advisory Council - Our council gets together to discuss what programs the youth would like to see their community center engage in. They arrange and help with events and event planning. Learn about civic engagement and how to strengthen our community through youth expression and discussions. We also discuss community service hours, projects, events, and

availability. Youth earn community service hours for participation.

**Last Wed/month 5-6 p.m.**

#### **Teen Art Program - Ages 11-19**

Youth will create different kinds of crafts. Some of the crafts include: jewelry making, crochet, ducttape projects, and seasonal crafts. Call to confirm art program dates.

**Every other Friday 5-7 p.m.**

#### **Teen Fitness - Ages 11-19**

The High Point Teens will be working out every Thursday. This class will be formed around all different types of plyometrics, T25, and more.

**Thu 6-7:30 p.m.**



#### **Teen Grub Club - Ages 11-19**

This class explores healthy eating and cooking habits. We cook from scratch, no mixes and/or packaged sauces. Real whole foods are cooked and served by youth and for youth. Food is for participating youth. If you have recipe ideas or if you can cook please come out and share your ideas and thoughts. Call to confirm grub club dates.

**Every other Tue 4-6 p.m.**



### Teen Baking - Ages 11-19

Our teen baking group started with cookies but has expanded to baking many other things. We bake everything from scratch. No cake mixes allowed in this place. The youth are experimenting with using whole food choices and healthy recipes. Call to confirm baking dates.

**Every other Wed 4-6 p.m.**

### College Preparation - Ages 11-19

Need help with college applications, scholarships, budgets, grades, and financial aid? Are they oh so confusing? This program is for youth who are looking to further their educational goals. Learn what colleges are looking for from youth including grades and extracurricular activities. Explore how to apply for scholarships, financial aid, and how to realistically budget for books, tuition, and fees to avoid the credit card debt trap. Call to confirm dates.

**Select Wed 4-5 p.m.**



### Fun, Games, and Taco Thursdays - Ages 11-19

These afternoons are for those games you don't get to play that often, games like Monopoly (life size version), Charades, Dominos, Boggle and all kinds of card games. The card game "13" has become the popular favorite of our teens so come learn how to play or challenge others to interactive games. While you are playing enjoy a light and healthy taco Thursday snack. Call to confirm dates.

**Every other Thu 4-6 p.m.**



### Ice Cream Socials - Ages 11-19

Everybody knows that everything tastes better with ice cream. Youth will make and serve ice cream to their peers - the participants in youth programs here at High Point. The youth that make and serve ice cream will receive community service hours.

**1/15, 2/19, 3/18 Fri 4-7 p.m.**



## **SOUTH PARK COMMUNITY CENTER**

**8319 8th Ave South, Seattle, WA 98108**

**Phone: 206-684-7451: Fax: 206-684-7992**

**Hours of operation:**

**Mon. - Fri.\* 9 a.m. - 9 p.m. Saturday 10 a.m. - 5 p.m. Sunday Noon - 5 p.m**

**OPEN COMPUTER LAB HOURS Monday-Friday Noon-4:30 p.m. Monday-Thursday 5:30-7 p.m.**



### Toddler Indoor Gym - \$3

Does Your Child Need to Burn Off Some Energy? Your child will learn social skills, develop hand-eye coordination, and make new friends. *A parent or*

*responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.*

**Thu 12 pm-2 pm \$3 per child**

### Vecino a Vecino/Neighbor to Neighbor - All Ages

Practice conversational English and Spanish with native speakers! This informal group will spend the first half of the class practicing conversational English, and the second half conversational Spanish. Please come ready to participate in both parts, as teacher and learner. Get to know your neighbors. Family friendly, children welcome. We will provide prompts and props, or

students can bring in specific things they need help with. Bring a dish or snack to share and discuss! No class on 3/16.

**LANGUAGES: ENGLISH AND SPANISH**

**1/6-3/30 Wed 6:30-7:30 p.m.**

### South Park Community Kitchen with Local Harvest from Marra Farm – All Ages

The Community Kitchen brings people together to prepare food and share it almost every third Wednesday of the month. Everyone will be involved in the food preparation, cooking and cleaning, and then we all eat a meal together. Kids and youth ages 2-15 work on their own recipe and share the meal with the group. In addition to eating a delicious meal, participants gain cooking skills, fresh ideas, nutrition awareness, and connections in the community. Don't forget to bring a container for leftovers! Space is limited to 15 participants so please reserve your spot by

calling the South Park Community Center at (206) 684-7451 or sign up online.


**Instructor: Liz Nelson**

**LANGUAGES: ENGLISH AND SPANISH**

**2/17 Wed 5:30-8 p.m.**

**3/23 Wed 5:30-8 p.m.**

### **ZUMBA! Zumba® - Ages 12 and older**

 Sea Mar Community Health Center and South Park Community Center partner to bring you this free Zumba Class. Zumba is a popular fitness program inspired by Latin dance. The word "Zumba" comes from a Colombian word that means to move fast and have fun, which is just how people describe the routine. Using upbeat Latin music together with cardiovascular exercise, Zumba is aerobic dancing that is lots of fun and easy to learn. Ages 12 and up are welcome to participate and childcare is provided. No class on 3/16.

**Instructor: Becky Newell**

**1/6-3/30 Wed 5:30-6:30 p.m.**

### **Beginners English as a Second Language - Ages 14+**

Come learn English! Learn to count, the days of the week, months of the year and much more. Improve your vocabulary, learn to ask questions and form simple

sentences. You will have a great time practicing your pronunciation and making new friends. No class on 3/17.

**2/4-2/25 Thu 6:45-8 p.m. \$10**

**3/3-3/31 Thu 6:45-8 p.m. \$10**

### **Screenwriters Workshop - Ages 12-18**

Gain creative writing skills to develop strong characters and a vibrant story for your own screen play format. All experiences are welcomed. If you attend this class you will submit screenplays for 2nd Annual Film Festival Internship 2016. **Instructor: Tony Hatten Feb.-Mar. Mon 4:30-6 p.m.**

### **Digital Media Workshop - Ages 12-18**

Learn the ins and outs of video production at the South Park Community Center Computer Lab. Learn how to edit films using Final Cut Pro and Adobe Premiere, create eye popping special effects using Adobe After effects and build professional techniques using a video camera to tell an vibrant story. These skills will grant you qualification for 2nd Annual Film Festival internship 2016.

**Instructor: Tony Hatten**

**Feb.-Mar. Tue 4:30-6 p.m.**



## **SOUTHWEST COMMUNITY CENTER**

**2801 SW Thistle Street Seattle, WA 98126**

**Phone: 206-684-7438: Fax: 206-233-7295**

**Mon. & Wed. 10 a.m. - 9 p.m.**

**Tues.,Thu., & Fri.\* 1 - 9 p.m.**

**Saturday\* 10 a.m. - 5 p.m. Sunday Closed**

## **SOUTHWEST TEEN LIFE CENTER**

***South Entry Doors at Southwest C. C.***

**Phone: 206-684-4115**

**Hours of operation:**

**Monday - Friday 2 - 9 p.m.**

**Friday & Saturday\* 7 - Midnight**



### **C.A.S.T. (COPING AND SUPPORT TRAINING)-Ages 13-19**

CAST: Coping and Support Skills Training is an evidence-based program. This training is mandatory for all youth entering the YCTP Program and is considered a pre-requisite. CAST focuses on mood management, school smarts, drug use/abuse, and creating/maintaining realistic goals. The registration deadline is 1/1/2016.

**Feb.-March T/Th 3:30-5 p.m.**

### **Beautiful Rhythm - Ages 13-18**

The Beautiful Rhythm Step/Dance Team is looking for new, dedicated members! Are you interested in learning drill team style steps, performing steps at various venues, school talent shows, and potentially march proudly in local parades? If so, this team is for you! E-13 is required for participation.

**Feb.-March T/W 6-8 p.m.**  
**Sat 8-10 p.m.**

### **Homework Helpers - Ages 11-19**

Need help with your homework? Are deadlines approaching, and you need use of a computer? Or, would you like to earn service learning hours and become a tutor? Either way, Homework Helpers is for YOU! Stop by and see us for all of your homework needs!

**Feb-Mar Tue-Thu 3:30-5:30 p.m.**

### **Grub Club - Ages 11-19**

Are you hungry after school? Do you like to cook? Do you like to eat yummy food? If you answered yes to any of the previous questions, then this club is for YOU!! Learn how to cook delicious meals! The best part about this class is YOU GET TO EAT ALL THE FOOD YOU COOK!! Have a favorite recipe? Bring it with you and we will make it the following week!

**Jan-Mar Thu 3:30-5:30 p.m.**



### **Real Talk Girls Group - Ages 12-18**

LADIES!! Looking for a place to talk? Have questions about boys, relationships, friendships, school, your

future or life in general? Real Talk Girls group is the place for you. Feel free to sit in on conversations in an all-female / non-judgmental setting. Participants who attend the weekly discussion may attend the bi-weekly field trips. E-13 forms are required for participation and occasional field trips.

**Feb-Mar Fri 3:30-4:30 p.m.**

### **Teen Art Studio - Ages 12-18**

Do you like to create things? Key chains, lanyards, friendship bracelets, ice candles and origami are only a

few of the things we will be doing in these fun hands on classes! Let your imaginations soar! An E-13 is required for participation and field trips..

**Feb-Mar Wed 3:30-4:30 p.m.**

### **Cribbage Club - Ages 11-19**

Learn a game that can be played on trips, on vacations, and for a lifetime. The intention of this card game is to have the student use math and strategy to build skills and become the victor.

**Feb-Mar Thu 5-6 p.m.**

### **Fun With Drawing and Painting - Ages 11-19**

This program is designed to give students a chance to see if drawing and painting are hobbies of interest.

**Feb.-Mar Wed 6-7:30 p.m.**

### **Ping Pong Fridays - Ages 11-19**

Come to play, bring your best! See if you can win in the weekly tournament.

**Feb.-Mar Fri 3-5 p.m.**



### **Teen Drop-In Activities - Ages 11-19**

Times and days for drop-in programs are subject to change depending on Basketball League practices.

**Location: Southwest Teen Life Center (SWTLC)**

**Basketball Wed 3-6 pm**

**Volleyball Tue 3-6 pm**

**Pickleball/Badminton Thu 5-8 pm**

### **March Madness Bracket Buster - Ages 11-19**

Challenge the staff to a little basketball knowledge test. See who can pick the College National Champion. Date, time, additional details are TBD.

## **WEST SEATTLE BRANCH LIBRARY**

**2306 42<sup>nd</sup> Ave SW Seattle, WA 98116**

**Phone: 206-684-7444**

**Hours of operation:**

**Monday - Thursday 10 - 8 p.m.**

**Friday & Saturday 10 -6 p.m**

**Sunday 1-5 p.m.**

### **Toddler Story Time - Free**

It's story time at the West Seattle Branch! Bring your toddlers to enjoy stories, rhymes, songs and fun with our children's librarian. For ages 2 - 3.

**Tues 10:30 – 11 am**



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# NORTHWEST

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## Upcoming Special Events



### Spring Egg Hunt Ages 10 and Under

Join your neighbors for the quickest special event of the year; the Spring Candy and Egg Hunt! Plan enough time to park and find your age group's hunt area. This event runs rain or shine. Make sure to bring a basket or bag to put all of your goodies in! We will also be collecting non-perishable food items for the local food bank. Volunteers needed. Call your local center.

**Locations: Ballard CC, Bitter Lake Annex (13040 Greenwood Ave N), Loyal Heights CC, Magnolia.**

**3/26 Sat 10 a.m. sharp!**

### Spring Egg Scramble

**Ages 12 and Under** Everyone will meet in the gym according to their child age and time. Please bring a can food donation for the local food bank.

**Location: Green Lake CC**

**3/26 Sat 10 a.m. (Ages 3 & under) 10:30 a.m. (Ages 4-5 and 6-7) 11 a.m. (Ages 8-9 & 10-12)**

## BALLARD COMMUNITY CENTER

**6020 28th Ave NW / Seattle, WA 98107**

**Phone: 206-684-4093**

**Hours of operation: Monday, Wednesday, Friday 11 a.m. - 9 p.m.**

**Tuesday & Thursday 1 - 9 p.m.**

**Saturday 10 a.m. - 5 p.m.**

**Sunday CLOSED**



### **Toddler Gym Play Time –Walkers-Age 5 - \$3**

Children play, learn, and develop both motor and social skills in this highly interactive

drop- in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles,

play with bouncy balls, and much more. (Parents must accompany their child at all times.)

**M/W/F\* 9:30 am-12:30 pm \$3**

### **Toddler Play Rooms – Ages 4 and Younger**

Enjoy a dedicated play space filled with lots of children's toys of all shapes, sizes, and mobility. It's a great way for your child to learn and socialize with others.

Parental supervision required. Must adhere to posted rules. So what are you waiting for? Come in from the wet & cold and play! Public Health-Seattle and King

County requires that you take away changed diapers.

Enjoy the toddler open gym at no extra charge on M/W/F.

**Mon-Fri 9 a.m.-1:30 p.m. \$3**

**T/W/Th 4-8 p.m. \$3**



## **BITTER LAKE COMMUNITY CENTER**

**13035 Linden Ave N / Seattle, WA**

**Phone: 206-684-7524 Hours of operation:**

**Monday & Tuesday 1 - 9 p.m.**

**Wednesday, Thursday, Friday 11 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m**

### **Aaron Brooks Foundation Drills and Skills - Ages 10-18**

The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop academic, social, and leadership skills. The participants will start each session with tutoring and homework time, followed by structured activities to develop their interpersonal skills, and ending with physical activity, such as basketball drills, and scrimmages. No class 1/18 or 2/15.

**Instructor: James Hampton**

**1/4-3/28 Mon 3-7 p.m.**

### **Who Am I? - Ages 11-18**

This program will focus on teaching youth self-discipline, self-motivation, self-confidence, and other important life skills. Youth will begin to implement these learned skills into their everyday lives and become better family members, students, and members of the community. Through intense discussions, group games, and other activities participants will become equipped with the ability to better communicate who they are and where they are headed in life. No meeting 1/18 or 2/15.

**1/4-3/28 Mon 5-7 p.m.**

### **Teen Chefs! - Ages 11-18**

This 8-week class will provide hands-on cooking and nutrition education for participants. Learn how to sustainably prepare your own meals. Have a favorite recipe you'd like to share with the group? Bring it to class and we'll cook it together!

**1/26-3/15 Tue 4-5:30 p.m.**



### **Teen Advisory Council - Ages 11-18**

Here is a chance for teens to represent their peers by planning afterschool activities and field trips for

themselves and their friends! Participants will also engage in discussions regarding issues in and around their community, as well as ideas to help solve them. For more information, please contact Isiah Anderson 'r. at 206-684-7524.

**1/7-3/24 Thu 4-5 p.m.**



### **Community Service Hours - Ages 13-19**

High school students seeking to fulfill community service hours can earn them by helping out at special events. Please contact the community center at 206-684-7524 for opportunities.

**Ongoing**

### **Toddler Gym Play Time –Walkers-Age 5 - \$3**

Children play, learn, and develop both motor and social skills in this highly interactive drop- in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.)

**Mon/Wed 9:30 am-12:30 pm**

### **Late Night Teen Program - Ages 13 - 19**

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences



that build skills, while embracing stewardship to ensure confident leadership roles in society.

**Contact your local neighborhood specialist for more information.**

**NORTH - (206) 684-7523**

**Meadowbrook Teen Life Center**

**Bitterlake Community Center**

**CENTRAL - (206) 684-4550**

**Garfield Teen Life Center**

**SOUTHEAST- (206) 551-7316**

**Ranier Community Center**

**Ranier Beach Community Center**

**Van Asselt Community Center**

**SOUTHWEST- (206) 684-7438**

**Southwest Teen Life Center**

**High Point Community Center**

**Delridge Community Center**

**South Park Community Center**



## **LOYAL HEIGHTS COMMUNITY CENTER**

**2101 NW 77th St. Seattle, WA 98117**

**Phone: 206-684-4052**

**Hours of operation:**

**Monday, Wednesday, Friday 1 - 9 p.m.**

**Tuesday & Thursday 10 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m.**

**Sunday CLOSED**



### **Toddler Gym Play Time –Walkers-Age 5 - \$3**

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.)

**Tue/Thu 10 am - 1 pm \$3**

### **Loyal Heights After School Teen Program - Ages 11-18**

Middle and high school aged youth have the opportunity to participate in fun, exciting, and educational activities after school; while being in a safe, secure, structured, and enjoyable environment. No program 1/18 and 2/15.

**1/4-3/22 M-F 3-6 p.m.**

### **Teen Council - Ages 11-18**

The Loyal Heights Teen Council is looking for trustworthy, reliable, and responsible teens to join the Loyal Heights Teen Council. Members are expected to participate in monthly teen meetings, help with special events, plan activities, and recruit other teens. Meetings are held on the first Thursday of the month.

**Ongoing Thu 4-5 p.m.**

### **Pizza & Pins - Ages 11-18**

Participants will eat pizza, drink pop, and socialize with friends while bowling at Roxbury Lanes.

**1/8-3/18 Alt. Fri 4-7:30 p.m.**



### **Teen Swim - Ages 11-18**

The group will go to Evans Pool at Green Lake to participate in their weekly Teen Swim.

**1/5-3/22 Tue 6:30-8:30 p.m.**



### **Movies and Popcorn - Ages 11-18**

Each week, participants will watch an exciting, age appropriate movie rental from Rain City Video. No program 1/18 and 2/15.

**1/4-3/21 Mon 3:30-6 p.m.**



### **Teen Fitness - Ages 11-18**

Participants are encouraged to participate in weekly workouts in the Loyal Heights fitness room.

**1/6-3/16 Wed 5-6 p.m.**

### **Homework Time - Ages 11-18**

Participants are given an hour at the beginning of the program to do their homework. No program 1/18 and 2/15.

**1/4-3/22 M-F 3-4 p.m.**



### **Service Learning - Ages 14-17**

High school students are required to complete

60 hours of community service. There are citywide service learning project coordinated by Ron Mirabueno. You can also create a service learning project at your local community center. Contact Ron Brown at Loyal Heights for more information. No program 1/18 and 2/15.

#### **Community Dinner Program - Ages 11-18**

The goal of this program is to teach teens the importance of volunteering and helping others. High School students can receive service learning hours for volunteering. This program is held once a month on Thursdays.

#### **Check Monthly Teen Calendar**

**Thu 4:30-6:30 p.m.**



### **BALLARD BRANCH LIBRARY**

**5614 22<sup>nd</sup> Ave NW Seattle, WA 98107**

**Phone: 206-684-4089**

**Hours of operation:**

**Monday - Thursday 10 - 8 p.m.**

**Friday & Saturday 10 - 6 p.m.**

**Sunday 1-5 p.m.**

#### **Sign Language Story Time – Ages 2-5**

Bring your toddlers and preschoolers to enjoy stories, rhymes, songs and fun with our American Sign Language (ASL) storyteller.

**Wed 10:30 a.m.**



#### **Toddler Story Time - Ages 2-5**

Bring your toddlers and preschoolers to enjoy stories, and finger plays.

**Wed 11:30 -11:50 a.m.**

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## **CENTRAL SEATTLE**

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### **SPECIAL EVENTS**



#### **Belltown Art Walk Kick-Off - All ages**

On the second Friday of each month, Belltown CC hosts the Belltown Art Walk Kick-off from 6-7:30pm. Come to the center to pick up your map, enjoy refreshments, raffle prizes, and new art by local artists. The art walk continues in neighborhood venues from 6-9pm.

**Location: Belltown CC**

**2/12, 3/11 Fri 6-7:30 pm**



## MARCH 2016 Upcoming Events

**Ages 1-11 Spring Egg Hunt** Join in the fun for Montlake Community Center's greatest egg hunt ever! The hunt **begins at 10 a.m.** sharp. Bring your own basket to collect all the goodies.  
**Location:** Montlake CC

**Ages 11 and under Spring Egg Hunt** Bring a basket or bag to gather up all of the goodies found at the Queen Anne Annual Spring Egg Hunt. Come rain or shine!  
**Location:** Queen Anne CC  
**3/26 Sat 10 a.m.-Noon**

**Ages 11 and under Spring Egg Hunt** Join the fun, collaboration with Garfield, Miller, and Yesler Community Centers, big fun for all at our annual egg hunt! The egg hunt begins at 10 a.m. sharp. Bring your own bag/basket. Donations gladly accepted.  
**Location:** Cal Anderson Park  
**3/26 Sat 10 a.m.**

**Ages 5 and under Mighty Might's Egg Stravaganza** Miller Community Center wants to invite you to an "egg" stravaganza. Children will enjoy fun activities including toys, play equipment, and a bounce house from 10 a.m.-noon. Hunting begins promptly at 11 a.m. **Location:** Miller CC  
**3/24 Thu 10 a.m.-Noon**



### Community Kitchen

IDCC will host Community Kitchens on the last Thursdays of each month for lunch through a partnership with International Community Health Service. Please call 206-233-0042 for more information.

**Location:** IDCCC  
**Thursday Time TBD**

## **GARFIELD COMMUNITY CENTER**

**2323 E. Cherry Street Seattle, WA 98122**

**Phone: 206-684-4788**

**Hours of operation:**

**Monday & Tuesday 1 - 9 p.m.**

**Wednesday, Thursday, Friday 11 a.m. - 9 p.m.**

**Saturday 9 a.m. - 5 p.m.**

**Sunday Noon - 5 p.m.**



### **Youth Open Gym - Ages 18 and under**

Work off that energy after a day at school! Get in shape, improve your sportsmanship, and learn respect for each other. *These times are subject to*

*change based on availability, classes and rentals.*

**Location: Garfield C.C.**

**Mon-Fri 2:30-3:30 p.m.**

### **Teen Fitness - Ages 12-18**

Join fellow teens in Garfield Community Center's Fitness Room and learn to be fit together! You will encourage each other to be healthy, learn how to use fitness equipment properly, and learn simple techniques to incorporate into your daily routine to accomplish your fitness goals.

**Instructor: Available Staff**

**M/W-F 3-4 p.m.**

**Sat 1-3:30 p.m.**



### **Let's Cook**

This teen cooking class will consist of menu planning, learning how to bargain shop, food prep, nutritional value, and hands on experience for teens in completing a project from start to finish. All teen participants must sign up in advance and fill out and return the E-13 Authorization Form. Maximum is 10 participants per class.

**Instructor: Dwayne Jackson**

**Mon 4-6 p.m.**



### **Homework Help/Open Computer Lab - Ages 12-18**

Need help boosting those grades or help completing a school project? Come in for quiet study time and get help in all subjects. The Computer Lab is the place to be. We are operating on a first come first serve basis. Volunteers are needed.

**M/W 3:30-5 p.m.**

### **Teen Organized Gym Time - Ages 12-18**

Teens will be able to participate in team sports.

Activities will be supervised by Recreation Leader or Staff to ensure that everyone gets a chance to participate and enjoy the activities being offered. Games will consist of but not limited to succumb, bump, horse, full court basketball games, badminton, indoor soccer, around the world, team lay-up contest, and much more.

**Instructor: Traci Grant**

**T/Th/F**

### **Young Men's Group - Ages 12-18**

BUILD Young Men's Group will give young men a safe place to discuss issues they face such as race and social justice, police harassment, youth violence, and social norms. The purpose of the group is to give the young men the ability to navigate these issues through documentaries, guest speakers, and facilitation exercises.

### **Girl Talk**

Our focus is joining together as girls with the common goal of being mentally and physically fit. We will discuss hot topics including arts and culture, future education, health, and much more. We will have guest speakers from the community that will cover health, finances, and education.

**Tue 4:30-6pm**



### **Impact Dance Team - Age 12-19**

IMPACT is a dance/performing arts program that provides youth with an opportunity to participate in an activity that furthers and helps develop sportsmanship, character, competitiveness, and compassion for their craft peers and community. Participation in this program is a privilege, not a right. As a member of this program you represent your Instructor(s), your parents/guardians, and the arts program you are enrolled in. Your conduct and actions at home, in the classroom, on the practice floor, on stage, and in the community should not deviate from the regulations and code of conduct set forth in our Code of Conduct. Team

members must show determination, dedication, and desire to be a productive member of this team. Must have a completed E-13 to participate.

**Instructor: Dwayne Jackson**

**ADVANCED GROUP**

**1/5-4/5 Wed 5:30-7 p.m.**

**BEGINNER/ INTERMEDIATE GROUP**

**1/15-4/5 Fri 5:30-7 p.m.**



**Teen Advisory Council - Ages 12-18**

Teen Council is open to all teens willing to get involved in making a difference in teen programs and making their community a better place. All teens are encouraged to come and join us. Volunteer hours can

be earned by being a part of this group! Meetings are held the third Wednesday of the month. For more info please contact Traci Grant Rec Leader @ 206-684-4788  
**Wed 4-5pm**

**Youth Development Tae Kwon Do - Ages 5-18**

This course uses the Korean Art of Tae Kwon Do, as a catalyst to promote soft and hard life skills, focus is on educational achievement and behavior change. Registration can occur throughout session with instructor approval.

**Instructor: Master Leon Preston**

**1/11-3/30 Mon 6-7:30 p.m.**

**Wed 6-7 p.m.**



**GARFIELD TEEN LIFE CENTER (GTLC)**

**428 23rd Ave. Seattle, WA 98122**

**Phone: 206-684-4550 Fax: 206-684-4324**

**Hours of operation:**

**Monday & Wednesday 2:30 - 9 p.m.**

**Tuesdays 2 - 9 p.m. Thursday & Friday 2:30 - Midnight**

**Saturday 7 p.m. – Midnight**

**\*Please call if you have questions about current programs**

**Late Night Teen Program - Ages 13 - 19**

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

**NORTH - (206) 684-7523**

**Meadowbrook Teen Life Center**

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**Ranier Community Center**

**Ranier Beach Community Center**

**Van Asselt Community Center**

**SOUTHWEST- (206) 684-7438**

**Southwest Teen Life Center**

**High Point Community Center**

**Delridge Community Center**

**South Park Community Center**

**Late Night Volleyball**

**Fri 8 – 10 pm**

**Late Night Hoops**

Bring your Late Night game and get in a good work out. This is a great opportunity to exercise and enjoy some healthy competition with your friends and make new ones!

**Sat 7 – 11pm**

**Late Night Cooking**

This "Late Night" edition cooking class will teach you basic culinary skills in the kitchen. In this class you will learn to shop on a budget and plan healthy nutritious meals that will hold you over until dinner time. The next best thing to eating is cooking.

**Instructor: Daisy LaPoint**

**Fri 7 - 9:30 pm**



### **Late Night Martial Arts**

Martial Arts for all levels. Learn the craft from a 5th Degree Black Belt with over 20 years of teaching experience every Saturday. Participants will practice self-defense, learn weapon craft and more.

**Sat 6 - 9 pm**

### **The Social Club**

Enhance your social skills and make new friends in the Social Club. Social Club will meet weekly and engage in a variety of fun recreational activities.

**Thu 5:30-6:30 pm**

### **Freestyle Fridays**

Freestyle Fridays is GLTC's "Open Mic" Night. Can you sing, rap, do spoken word poetry or play an instrument, then you are invited to share your talents and gifts with us at Freestyle Fridays.

**Fri 2:30-7 pm**

### **Sports Lab**

Need help with homework after school? Sports Lab at GLTC is where you can get that extra help you need in all your classes. This is open all high school students and in particular students who are playing Fall Sports.

**Mon-Thu 2:45-3:45 pm**

### **Music Literacy**

The Music Literacy Program is a music education program that coordinates resources to provide quality music instruction for teens

**Mon/Wed 5:30-7:30 pm**

### **Late Night Open Mic**

**Fri 8:30-9:30 pm**

### **Grub Club**

Are you hungry after school? Do you like to cook? Do you like to eat yummy food? If you answered yes to any of the previous questions, then this club is for YOU!! Learn how to cook delicious meals! The best part about



this class is YOU GET TO EAT ALL THE FOOD YOU COOK!!

Have a favorite recipe? Bring it with you and we will make it the following week!

**Thu 4-5:30 pm**

### **Raise the Bar Fitness**

A fitness training system based on kinesthetic aerobics and boxing conditioning. This program uses hip hop music and popular culture to promote healthy choices.

**Wed 3-5 pm**

### **Mix Cloud**

Excuse Me... uuhhh Mr. DJ can you teach me how to spin? Yes we can!!! Learn the fundamentals of DJing from mixing to transitions with an emphasis on live performance and audience interaction using the Serato DJ software and industry standard equipment. You'll also create tracks that may be selected for our quarterly Mixed Tape to keep for your own use.

**Mon/Wed 4-5:30 pm**

### **Austin Foundation Fitness**

Why pay for a Gym membership when you can get fit with your own personal trainer? Our personal trainer will build a fitness program just for you! There will be group training as well as individual sessions, every participant will learn about fitness goals, BMI's and Nutrition, we offer Yoga, Piliates and Zumba in our state of the art Fitness Zone

**Tue 3-5 pm**

### **Late Night Seahawks Play 60 Fitness**

The Play 60 Fitness Club is the home for all youth fitness programs. Work out with a friend or solo and have fun.

**Fri/Sat 8:30 pm - midnight**



## **YESLER COMMUNITY CENTER**

917 E. Yesler Way Seattle, WA 98122

Phone: 206-386-1245 Fax: 206-684-7787

Hours of operation:

Monday, Wednesday, Friday 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.



### **Youth Open Gym - Ages 18 and under**

Work off that energy after a day at school!  
Get in shape, improve your sportsmanship  
and learn respect for each other.

**Mon-Fri 3-5 pm**

### **Toddler Play Gym - Ages 5 and under**

Come join the fun in our toddler play gym. Toddler-friendly toys, balls, and cars. Bring your little ones to play and meet new friends. Parent supervision is required.

**Mon/Wed 1-3 p.m. \$3**

## **YESLER TEEN ROOM**

Hours of operation:

**Monday – Friday 1 – 8pm**

**Unless otherwise posted, check the monthly calendar for changes.**

The Yesler Teen Program welcomes all youth. The goal of our program is to engage, empower, and stimulate our participants through a variety of activities and community collaborations. We do this by providing activities to teens in six core areas: Environmental Education and Stewardship, Arts & Culture, Life Skills & Job Readiness, Social Recreation, Citizenship & Leadership Development, and Sports and Fitness. All activities are FREE to registered participants unless otherwise noted. To get involved, visit us at Yesler Community Center at 917 E. Yesler Way.

## **INTERNATIONAL DISTRICT/CHINATOWN**

719 Eighth Avenue S. Seattle, WA 98104

Phone: 206-233-0042 Fax: 206-233-5036 TDD only: 206-233-7061

Hours of operation:

**Monday, Wednesday, & Friday 11 a.m. - 9 p.m.**

**Tuesday & Thursday 1 - 9 p.m. Saturday 10 a.m.- 5 p.m**

### **ID/C Teen Advisory Group (CCC-TAG) – Ages 13-18**

Held monthly every third Wednesday. This is your opportunity to get more involved and have a say in what effects teens in the ID/C area. Come share your thoughts and ideas, help plan programs, and stay informed on what's coming up in your community.

**3rd Wed/Month 4-6 pm**

### **Teen Crafts - Ages 13-18**

We will work on projects that are fun for all levels. Every month we will feature a different project. Some projects may include scrapbooking, shopping bags, t-

shirt design, and many more. Or bring your own unfinished projects and work on them in the company of friends.

**2nd Wed/Month 4-6 p.m.**

### **Knit Happens - Ages 13-18**

Teens will learn the basic skills to knit and/or crochet. They will come away with the skills to complete at least one finished project this quarter. Project that they may learn to knit are a scarf, hat, iPod cozy, socks, or fingerless gloves.

**1st Wed/Month 4-6 p.m.**



### Teen Night

Teens in 7th-12th grades come join us every Friday night from 6 – 9 p.m. for open gym and special events. This program provides a safe environment for teens to hang out with friends while having fun. This is a drop-in program, so stop by anytime. Most activities are FREE unless otherwise noted. (School ID required).

**Fri 6-9 p.m.**

### Drop-In Dodgeball - Ages 13-18

Time to kick it old school! Come play the game of dodgeball all you need to know is the three D's of dodgeball: duck, dive, and dodge. This is a great way to have fun with friends and burn some calories. So put on your game face and join the fun.

**Tue 3-5:30 p.m.**



### Miso Happy Cooking - Ages 13-18

The Miso Happy Cooking Class offers members a chance to learn about nutrition, while enjoying delicious meals and having fun with other teens. This class is designed for teens and 'tweens with little to no experience in cooking and baking. **Tue 4-6 p.m.**

### Drop-In Table Tennis - Ages 13-18

Every Thursday afternoon is the time to practice your table tennis skills or challenge your friend to a match. Open to all youth and teens. We also offer paid table tennis lessons.

**Mon 3-6 p.m.**

**Wed 4:30-6 p.m.**



### Drop-In Pickleball - Ages 13-18

Pickleball is a racquet sport which combines elements of badminton, tennis, table tennis, and ping-pong. The sport is played on a court with the same dimensions as a badminton court. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

**Mon 3-6 p.m.**



### Drop-In Basketball - Ages 13-18

Come get your game on and play full court with some of Seattle's best high school players. No program 11/27.

**Fri 3-9 p.m.**

## **BELLTOWN COMMUNITY CENTER**

415 Bell Street. Seattle, WA 98121

Phone: 206-684-7245

Hours of operation:

Sunday & Monday Closed

Tuesday, Thursday, & Friday 9:30 a.m. – 2:30 p.m.

Wednesday 3 – 8 p.m.

Saturday 9:30 a.m. – 2:30 p.m.

### Playtime Imagination Playground – Ages 0-7 - \$3

Bring your children to Belltown's Playtime featuring push toys, balls, Imaginary Playground and more!

T/Th/Fri 9:30 am-2:30 pm \$3

M/W 3:00 pm-8:00 pm \$3



## **CENTRAL LIBRARY**

1000 4th Ave Seattle, WA 98104

Phone: 206-386-4636

Hours of operation:

Monday - Thursday 10 - 8 p.m.

Friday & Saturday 10 -6 p.m

Sunday 12-6 p.m.

### **Tecno Ayuda – Adult**

¿Necesita ayuda personal con las computadoras o en la búsqueda de información? ¡La Biblioteca de Seattle puede ayudarlo! Inscripción necesaria.

Los tópicos pueden incluir:

- Como utilizar el catálogo de la biblioteca
- Descargar libros electrónicos y audio libros
- Enseñarle computación básica, iPads, etc.
- Utilizar Facebook, Twitter, Pinterest, etc

- Obtener una cuenta de correo electrónico

- Uso de Microsoft Word **Tue 12-4 p.m.**

### **Baby Story Time - Ages Birth-1 year**

It is story time at Central Library! Bring your babies to enjoy stories, rhymes, songs and fun with our children's librarian. Suggested age: birth - 1 year. Sessions fill up early.

**Tue 12:00 -12:30 p.m.**

### **Youth Drop In – Ages 12-24**

Youth ages 12-24 are invited to join us in the Teen Center on Level 3 for free snacks, activities, and access to resources. Contact \*Central Library Teen Center 206-615-1410 **Thur 3-5**



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## **SOUTHEAST SEATTLE**

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### **SPECIAL EVENTS**



#### **Dodgeball Tournament**

Join us for the 1st Annual Dodgeball Tournament; this round robin style tournament will consist of coed teams of 7. Food and refreshments provided and prizes for winning team.

**Location: Rainier CC**

**2/12 Fri 7:30-11 p.m.**



#### **Free Tax Prep**

**United Way is offering free tax preparation services in locations throughout the county, including Rainier and Rainier Beach Community Centers from January 12-April 18.** Come prepared with your Social Security Card, Photo ID, and your tax documents (W2s, 1099 forms, Social Security documents, etc.). You can also bring your bank account information,



only if you would like your refund directly deposited into your account (recommended). Lastly, bring a copy of your tax return from last year. United Way Tax volunteers can also prepare back taxes for up to three years. Along with all this, tax volunteers are trained to connect clients to public benefits, health care, and other financial services. For more information, please visit [www.uwkc.org/taxhelp](http://www.uwkc.org/taxhelp) or call 2-1-1.

**Location: Rainier Beach CC**

**Wed 5-7:30 p.m.**

**Sat 10 a.m.-1:30 p.m.**

**Sun 11 a.m.-2:30 p.m.**

**Location: Rainier CC**

**T-Th 5:30-8:30 p.m.**

**Wed 10 a.m.-1 p.m.**

**Sat 10 a.m.-2 p.m.**

## **Lunar New Year Celebration** Have a firecracker of a good time at a celebration

of the 2016 Lunar New Year! Red will abound

as we attempt to scare away the mythical beast Nian. You will be immersed in traditional music, cultural booths, and live entertainment. We will provide ethnic appetizers and demonstrations such as: Lion Dance, Calligraphy, Magic Show, Kung Fu, Ballet, and Chinese dance. To find out more about this festival and the legend of Nian, wear red and attend this colorful celebration.

The celebration is offered through the partnership of Seattle Parks and Recreation and Chinese Information and Service Center (CISC).

**Location: IDCCC 2/18 Thu 4-6p.m.**

## **Upcoming Events**

**Flashlight Egg Hunt Ages 12-18** Looking for a new twist on an egg hunt? Try finding the loot in the dark. Bring a flashlight and a bag, but don't be late, because the hunt goes quick. Meet in the Jefferson Community Center Gym. Rain or shine, we will be outside, so dress for the weather.

**Location: Jefferson CC**

**3/25 Fri 8 p.m.**

**Spring Egg Hunt Ages 11 and under** Come run around and hunt for eggs and possibly other activities; check with center for more details.

**Location: Jefferson CC 3.26 Sat 10a.m. sharp!**

**Location: Rainier CC 3/26 Sat 10.a.m. sharp!**

## **JEFFERSON COMMUNITY CENTER**

3801 Beacon Ave. S. Seattle, WA 98108

Phone: 206-684-7481

Hours of Operation: Monday, Wednesday, Friday 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.

Late Nights Hours at Mercer Gym

7 p.m. – Midnight

### **Toddler Gym Play Time – Ages walkers-5 - \$3**



Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the

opportunity to play with other during this exciting drop-in session. (Parents must accompany their child at all times.)

**T/Th 10am – 2pm**

### **Peer Tutoring Club - Ages 13-18**

Teach others and work together on homework.

Meet new friends.

**Tue 3:30-5:30 p.m.**



### **Teen Advisory Council - Ages 13-18**

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising, and giving

back to the community.

**Thu 3-5 p.m.**

### **Jefferson Mock Trial - Ages 14-18**

Come and learn public speaking skills, acting, and analyzing the case. Be dedicated and committed to experience new skills and challenges. Make new friends and get team support and earn service hours by tutoring each other.

**M/W/F 6:30-8:30 p.m.**

## **RAINIER BEACH COMMUNITY CENTER**

8825 Rainier Avenue South, Seattle, WA 98118

Phone: 206-684-4075

Hours of Operations: Sunday–Thursday 11 a.m. to 9 p.m.

Friday & Saturday 9 a.m. to 7 p.m.

### **Toddler Gym Play Time – Ages walkers-5 - \$3**

Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times.)

**Mon/Fri 10 am-1 pm**

### **Strengthening and Conditioning**

Strength training is not about bulking up but about developing your body's core muscle. The use of free weights, weight machines, and rubber resistance bands along with your body weight will develop a physique no mass amount of weight can accomplish. With resistance the muscles have to work harder to move which makes the muscle grow stronger and more efficient.

**Location: Rainier Beach CC**

**1/8-3/19 F/Sa 7:30-9:30 p.m.**



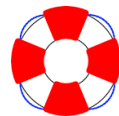
### **Pre-Lifeguard Certification**

Teens come and learn the principles of swimming and water safety. The ability to save someone's life that is in a water emergency. One piece swimsuits are required for young ladies. Participants are not required to know how to swim at all.



**Location: Rainier Beach Swimming Pool-Late Night**

**1/2-3/26 F/Sa 8:-9:30 p.m.**



### **Virtues Awakening!**

The Virtues Project™ empowers individuals to live more authentic meaningful lives. In this society young people are being bombarded by images and acts of violence. In an environment where bullying is a constant challenge; we are teaching that violence is a symptom and meaninglessness is the disease. Let's awaken the Virtues of Character: respect, compassion, excellence, and purposefulness.

**Location: Rainier Beach CC**

**1/29, 1/30 F/Sa 6 p.m.-Midnight**

**Location: Van Asselt CC**

**2/20, 2/27 Sat 6 p.m.-Midnight**

**Location: Rainier CC**

**3/25, 3/26 F/Sa 6 p.m.-Midnight**

\*Must attend both days to complete workshop, this workshop serves as a prerequisite to Youth Employment Programs.

### **Community Service/Service Learning Hours**

High school students seeking community service/service learning hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Beach Staff for a volunteer packet. Contact us at (206)386-1925 or rbcc@seattle.gov for more information.

### **Game Room Drop-In - Ages 11-18**

Hangout and plug in with your friends try and win at any Xbox game such as Madden, NBA 2K16, Dance Central, Wipe Out, or at the traditional board games like Dominoes, Uno, Checkers, Jenga, Pictionary, and Ping Pong. No drop-in on 1/18 and 2/15.

**1/4-3/18 M-Th 4-7 p.m.**

**Fri 4-6:30 p.m.**

**Availability Subject to Staffing of the Game Room.**

### **Teen Late Night Swim Program - Ages 13-19**

Looking to learn marketable skills that could lead to future employment? We will teach swimming to teen's ages 13-19 years old for FREE, no experience necessary! Teen Late Night Swim Program is every Friday and Saturday evening, 8 -9:30 p.m. Our program is focused on a three tiered progression: swimming, Red Cross Lifeguarding Skills, and then lifeguard job skills. Please bring a picture ID and ask for an E-13 Participation Form. This program requires parental signature to participate.

**Location: Rainier Beach Community Center Pool**

**Fri and Sat 8-9:30 p.m.**

### **Pizza Project Thursday - Ages 11-18**

The goal of these projects is doing research on a decided topic and youth are encouraged to come up with points on how these topics relates to them. After the work is done we have pizza and discuss what ideas they come up with.

**1/7-3/17 Thu 4-6 p.m.**



### **Cooking at the Beach**

Our center's cooking program focuses on teen finding health alternatives to what they normally eat. Youth research recipes and are responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is totally hands on under the supervision of center staff.

**1/6-3/16 Wed 4-6 p.m.**

### **Drills and Skills - Ages 11-18**

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills. Drills and Skills Application, E-13, and Concussion Form required.

**1/6-3/23 Tue 3-7 p.m.**



### **Your House Boxing - Ages 12-18**

YHBCC was developed to meet the needs of youth at risk and provide a safe place to develop and execute a life plan. YHBCC will achieve its goals through a three house system: boxing, education, and community support. Each "house" provides a point of emphasis for youth enrolled in the



YHBCC program. Students must fulfill commitments to education and community while learning discipline

through boxing and training their minds and bodies. The three house system was developed by YHBCC founder and Executive Director, Chris Cates-Lopez. Registration paperwork required. No program 1/27, 1/28.

**1/6-3/16 T/W/Th 4-6 p.m.**

### **Music Production Software: Ableton Live - Ages 12-18**

Explore the realm of music production with a Pro DJ/Producer! Learn how to create your own customized instrumental hip hop and/or dance 'beats' just like the pros! Each of your tracks will contain all the elements heard in today's music, from deep bass and crisp hi hats, to epic strings and big synths. The popular freeware, Audacity and other software may be used in correlation with Ableton Live, for chopping samples. Call for more information, (206) 386-1925. Space is limited.

**1/7-3/17 Thu 4-6 p.m.**



### **Graphic Arts Software: Adobe Creative Suite - Ages 13-18**

You will be introduced to essential graphic design principles. Through various projects, you'll learn the ins and outs of Photoshop and Illustrator to convey messages by combining images and text. Projects will include album art, posters, facebook cover photos, avatars, logos, and more! Call for more information, (206) 386-1925. Space is limited.

**1/5-3/15 Tue 4-6 p.m.**

### **College Bound: Scholarships, Grants and FAFSA Workshop - Ages 15-24**

It is never too late to start! Learn the ins and outs of applying for college scholarships that can help you pay for books, school supplies, food, and other living expenses. Tips and tricks for filling out FAFSA and tips for the college bound athlete will be discussed. Call for more information, (206) 386-1925. Space is limited.



**1/6-3/16 Wed 4-6 p.m.**

### **Game Creating Software: Multimedia Fusion Developer 2 - Ages 11-17**

Game on! Come and explore the 2-D realm of video games! In this course, you will create your own Multi-Level level computer based video games using Multimedia Fusion Developer 2 by Clickteam. Each game will contain at least functioning levels with

sound effects and music. Photoshop and other software may be used in correlation to Fusion, for creating custom objects and editing images for backgrounds, characters, etc. At the conclusion of this course you will take home a disk with your game on it. Instructor has 8 years of experience teaching the software. Call (206)386-1925 for more information regarding date and time. Space is limited.

### **Self Defense for Girls**

Self-defense skills are not only for those few times in your life you have a scary encounter, it should be an integral part of your living strategy. Whether or not you ever face an attacker, your benefits will extend into your daily living. You will learn to:

- »» Recognize when someone is planning an assault
- »» Ways you can use your voice and body language to prevent harm
- »» Simple, effective physical skills to disable an attacker long enough for you to escape
- »» What to do afterwards to keep your sanity

**1/16-2/20 Sat 7-8 p.m.**



### **Southeast Teen Life Program Recreation Program Specialist:**

Damien Hicks and Joy House

Contact: (206) 684-5421

**Rainier Community Center**

**Mon-Thu 3-8 p.m.**

**Fri-Sat 5 p.m.-Midnight**

**@ Rainier Beach Late Night**

**Fri-Sat 7 p.m.-Midnight**

**@ Van Asselt Late Night**

**Sat 7 p.m.-Midnight**

*\*All programs and activities that take place during Fridays and Saturdays after 7 p.m. are considered Late Night Recreation. Photo Identification is required to enter the facility during this time as the program is intended for young adults between 13-19 years of age. If a participant is in need of any assistance obtaining photo ID please refer them to Late Night Staff for information to obtain an ID.*

## **RAINIER COMMUNITY CENTER**

**4600 38th Ave. S. Seattle, WA 98118**

**Phone: 206-386-1919**

**Hours of operation:**

**Monday 1 p.m. - 9 p.m. Tuesday - Friday 11 a.m. - 9 p.m.**

**Saturday 10 a.m. - 5 p.m. Sunday Noon - 5 p.m.**

**Late Night Hours**

**Friday & Saturday 7 p.m. – Midnight**



### **Toddler Gym Play Time – Ages walkers-5 - \$3**

Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym.

Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times.)

**Wed/Sat 10 am-1 pm**

**Friday 10 am-2 pm**

### **Teen Center Drop-In Hours**

Xbox 360: Madden 2013 & NBA 2K

Wii: Golf, Bowling, Baseball, and Tennis

**M-Th 4-8 pm**

**Fri 3-6 pm**

### **Southeast Teen Life Program**

#### **Recreation Program Specialist:**

Damien Hicks and Joy House

Contact: (206) 684-5421

**Rainier Community Center**

**Mon-Thu 3-8 p.m.**

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### **American Sign Language – Ages 6<sup>th</sup>-8<sup>th</sup> Grade**

In this world communication is the key to building successful relationships. Teens will learn the development of visual and expressive skills necessary

for effective communication with deaf and hard-of-hearing individuals. Youth will also get an understanding of the deaf culture.

**1/5-3/8 T/Th 4:30-6 p.m.**



### **Music Productions - Ages 12-19**

Create and modify your own sound, even program your own beats and patterns.

You'll learn key music-production concepts

like songwriting and musical arrangement; record, edit, and mix digital music using Logic Pro X.

**Location: Rainier Music Studio**

**1/4-3/14 Mon 3:30-5 p.m.**

### **JA Career Success Program**

JA Career Success equips students with the tools and skills required to earn and keep a job in highgrowth career industries. This new program covers key topics, such as:

»» 4Cs: critical thinking, communication, collaboration, and creativity

»» Strong soft skills

»» Work priorities

»» STEM and other high-growth industries

»» Personal-brand and job-hunting tools—resumes, cover letters, interviews, and digital profiles

**1/5-2/23 Wed 4-5 p.m.**



### **First Aid and Adult CPR**

Whether you need it to get that job you want or the ability to respond with safety in mind. Come join us and learn how to

handle first aid emergencies. This training is hands-on and extremely beneficial.

**1/6-1/27 Wed 5-7 p.m.**

**Location: Rainier Late Night**

**3/4-3/25 Fri 8-10 p.m.**

### **Babysitters Certification**

Parents want a babysitter who is dependable and responsible. This certification teaches you how to be a dependable and responsible babysitter while also providing you the opportunity to learn how to operate your business as a caregiver. Participants also come out of this program with a 2-years certification in First Aid/CPR/AED.

**Location: Rainier CC**

**2/2-3/8 Tue 5-7 p.m.**

**Location: Rainier Beach CC**

**1/23-2/27 Sat 7:30-9:30 p.m.**

### **Conversational Spanish**

This class is for those who consider themselves beginners or low-intermediate level. It is not necessary to have taken Spanish in the past. This course is designed to teach you the basics of holding a conversation, whether it's in a restaurant or on vacation.

**1/8-3/18 Fri 7:30-9:30 p.m.**

### **Coping and Support Training (CAST)**

CAST emphasizes three primary goals: to decrease emotional distress and suicide-risk behaviors, increase drug use control, and increase school performance. This program combines skills training and small group work together to learn and practice skills to enhance self-esteem, decision making, anger management and reinforcement of coping and helpseeking behaviors, and increased access to social support.

**Location: Rainier CC**

**1/13-2/19 W/F 5:30-7 p.m.**

**Location: Rainier CC**

**1/9-3/19 Sat 7:30-9 p.m.**

**Location: Rainier Beach Meeting Room**

**1/22-3/25 Fri 8-10 p.m.**



### **Food Safety Training**

Do you want to get a job in the food service industry? This training will assist you in completing the requirement that mandates you successfully complete the Food Safety Training and obtain a Washington State Food Worker Card. This is an online training that is hosted by the Computer Labs at various Late Night Sites.

**Location: Rainier CC**

**1/16, 2/20, 3/18 Sat 7 p.m.-Midnight**

**Location: Rainier Beach CC**

**1/2, 2/6, 3/5 Sat 7 p.m.-Midnight**

### **JA Personal Finance**

With a focus on earning money; spending money wisely through budgeting; saving and investing money; using credit cautiously; and protecting one's personal finances. Following participation in the program, students will be able to recognize the fundamental elements of smart personal finances. They also will be able to apply those elements to a personal financial plan that allows them to set specific goals for their lifelong financial needs and desired quality of life.

**Location: Rainier CC**

**1/7-2/4 Thu 6:30-7:30 p.m.**

### **Links-2-Leadership**

Whether it's finding a job or getting into school it takes skills and experience. The Links-2-Leadership program is designed to be a resource for developing a wide range of skills necessary to be equitable in attaining those dreams. We offer workshops from resume writing to interview etiquette; we teach skills including how to work with different Microsoft products and customer service basics.

**Location: Rainier CC**

**1/8-3/26 F/Sa 7 p.m.-Midnight**

**Location: Rainier Beach CC**

**1/8-3/26 F/Sa 7 p.m.-Midnight**

\*For a schedule of workshops stop by during Late Night.

### **Verses and Flow**

Tap into your lyrical and musical fire. Inspired by the hit TV show Verses and Flow young people will have a chance to express themselves in their chosen art form of Slam Poetry and Lyrical Writing. This form of creative writing is very influential in musical genres like R&B and Hip Hop. (Stay tuned for the #NoFilter Poetry Slam to be hosted during Youth Appreciate Week)

**Location: Rainier CC**

**1/29-3/26 F/Sa 8-10 p.m.**



### **Vocal Training**

Many people are born with a natural singing ability whether your desire is to entertain with your gift or for personal enjoyment. It's important to protect your best asset and increase its full potential.

**Location: Rainier Music Studio**

**1/4-3/14 Mon 5:30-7:30 p.m.**



### Parenting with Ease!

Do you find yourself nagging, pleading, bribing, or counting to three? Sometimes overwhelmed with frustration, stress, or anger? We are here to help! We know how hard it can be raising kids and we want to equip you with some skills to do the very best job possible with love and logic on your side. This workshop is available to anyone raising children or working with children.

**Location: Rainier CC**

**1/7-2/11 Thu 6:15-7:15 p.m.**

### Homework Help

Library too crowded? Too many distractions at home? Rainier's computer lab has 12 PCs equipped with Office 2007, Adobe Premium Design Suite, and 2 color printers to make your homework time more productive.

Tutoring available.

**1/11-3/31 M-Th 2:30-4 p.m.**

### Reel Talk

In this program youth will explore the power of collective activism through artistic expression. Teamwork will be paramount to the overall success of a final media project that requires skill building in graphic design, music production, creative writing, and video editing. Past projects include documentary films, music videos, songs, and graphic social campaigns. For examples of past projects visit [rainierhiphop.tumblr.com](http://rainierhiphop.tumblr.com). No class on 1/18, 2/15.

**1/11-3/28 Mon 4-5:30 p.m.**

**Registration required, limited space**



### Sampling History

Hip-Hop production can take reference from various genres of music including, Classical, Jazz, Reggae, Soul, and Blues and is often an amalgamation of multiple sounds and "samples" collected from sonic works of the past. In this course we will research the roots of sample based production, walk through the process of beat making, and piece together original compositions.

**1/12-3/29 Tue 4-5:30 p.m.**

**Free (Registration required, limited space)**

### Graphic Design

Learn how to use Adobe Photoshop Elements to produce holiday cards, flyers, t-shirts, CD covers, and more. Portfolio assistance and development provided for those interested in enrolling in a college design program.

**1/13-3/30 Wed 4-5:30 p.m.**

**Free (Registration required, limited space)**

### Community Service/Service Learning Hours

High school students seeking community service hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Staff for a volunteer packet.

**VOLUNTEER OPPORTUNITIES: TUTORS NEEDED!**

### MLK March - Ages 11-19

Teens from all around Seattle will march in respect and honor of the late Martin Luther King and meet new friends. Call Rainier Community Center for date and time.

### Leadership / Life Skill Speakers - Ages 11-19

Everyone has talent and potential. The speakers will focus on self-awareness, goal setting, communication, trust, and productive life skills. Times and dates TBA.

### Library / Homework Help - Ages 11-19

Teens will go to the Library to do their homework at least once a week.

**Mon 4-6 p.m.**

### Taco Tuesdays Cooking Class

**Tue 4-6 p.m.**



### Teen Swim - Ages 11-19

Teens will go swimming at Green Lake Evans Pool. Every participant will need their school ID to get in free.

**Tue 6-8 p.m.**

### Let's Talk Club - Ages 11-19

With all the gun violence going on with the teens in the city, teens will have the opportunity to talk about anything they wish to talk about and together we will figure out what resources we have to resolve any issues or concerns.

**Wed 4-6 p.m.**

### Teens Newsletter-Pizza Thursdays - Ages 11-19

Teens will learn how to create a Rainier News Trifold in the computer lab. Teens will also make homemade pizzas.

**Thu 4-6 p.m.**



**Family Night - Ages 11-19** Parents or custodial parent come and volunteer to do a game, movie, or something of their choice with the teen program. **Fri 4-6 p.m.**

## **VAN ASSELT COMMUNITY CENTER**

**2820 South Myrtle Seattle, WA 98108 Phone: 206-386-1921**

**Hours of operation:**

**Monday 1 - 9 p.m.**

**Tuesday, Wednesday, Thursday 11 - 9 p.m.**

**Friday 1 - 9 p.m. Saturday 10 a.m. - 5 p.m**

### **MixedFit® for Teens**

Are you tired of the same old work out? Try something NEW! MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages and skill levels.

**Location: Van Asselt CC**

**1/2-3/19 Sat 8-9 p.m.**

### **Aviation Nation Club - Ages 11-19**

This program provides its members an opportunity to fly model helicopters as well as practice during off time with flight simulators. This club also serves as a mentoring opportunity for youth. This is a great opportunity for youth who have an interest in planes and/or becoming a pilot.

**Location: Van Asselt CC**

**1/9-3/26 Sat 2-5 p.m.**

### **Self Defense - Ages 5 & up**

Learn the basic self-defense techniques, come as you are street clothing allowed, we want confidence motivation and skills to p in an ever changing world.

**2/3-2/26 W/F 6-8 p.m.**

**3/2-3/25 W/F 6-8 p.m.**

### **KARATE**

**1/5-1/28 T/Th 6-7 p.m.**

**2/3-2/26 T/Th 6-7 p.m.**

**3/2-3/25 T/Th 6-7 p.m.**



recording with all the students work at the end of each quarter SW Beats and Rhymes.

**T/Th 4-6 p.m.**

### **Drills and Skills - Ages 10-19**

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills.

**Fri 3-7 p.m.**

### **Teen Open Gym - Ages 13-18**

This is an open opportunity for all teens to come in and shoot some hoops.

**M/W 3-7 p.m.**

**T/Th/F 7-7:45 p.m.**



### **Open Teen Room - Ages 13-18**

Come in to the Van Asselt Teen room and use the computer, study for upcoming test, do homework, watch TV, or play board games.

**M-F 3-7 p.m.**

### **Teen Council - Ages 13-18**

Teen Council will be held every 3rd Thursday of the month from 5:30-7 p.m. Each meeting will consist of new ideas from the teens to help the community and come up with new program ideas that best suit the teens.

**3rd Thu/month 5:30-7 p.m.**

### **Music Studio Beats and Rhymes - Ages 12-19**

Learn basic digital recording skills. We will set up instructional basic recording classes and produce a

**Southeast Teen Life Program  
Recreation Program Specialist:**

Damien Hicks and Joy House  
Contact: (206) 684-5421

**Rainier Community Center**

**Mon-Thu 3-8 p.m.**

**Fri-Sat 5 p.m.-Midnight**

**@ Rainier Beach Late Night**

**Fri-Sat 7 p.m.-Midnight**

**@ Van Asselt Late Night**

**Sat 7 p.m.-Midnight**

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**BEACON HILL BRANCH LIBRARY**

**5614 22<sup>nd</sup> Ave NW Seattle, WA 98107**

**Phone: 206-684-4089**

**Hours of operation:**

**Monday - Thursday 10 - 8 p.m.**

**Friday & Saturday 10 -6 p.m**

**Sunday 1-5 p.m.**

**Homework Help – All Ages**

Homework Help volunteers will be at this branch to assist students on a drop-in basis throughout the school year, with the exception of school holidays. Please note that, while Homework Help is available to students from kindergarten through 12th grade, volunteers are not responsible for children, who should not be left unsupervised.

**Mon – Fri 3- 7:45 p.m.**

**Mobile Game Design Class**

Do you want to become a game designer? In this 6-part class, create a game with other teens in your neighborhood that anyone can play with a mobile phone or tablet. **Registration is required. Call the Branch for More info.**

**Story Time – Birth – 5 years**

It is story time at the Beacon Hill Branch! Bring your preschoolers and toddlers to enjoy stories, rhymes, songs and fun with our children's librarian.

**Wed 6:45-7:15 p.m.**

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## OTHER ACTIVITIES

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### **Free Art Saturdays at The 2100 Building in Rainier Valley**

*All materials provided. All levels welcome. Space is limited, so be sure to arrive on time.*

Every Friday night the Gage Alhadeff Studio is transformed into a drop-in art center for teen artists and on Saturdays, Teen Art Studios sets up in The 2100 Building in Rainier Valley!

Teen Art Studios (TAS) is a free program that provides a diverse, challenging and productive environment for young artists. Every month a different professional artist teaches a new art form, including cartooning, figure drawing, mixed media and more. You receive focused instruction and get the chance to explore a range of different mediums and skills.

*Refreshments provided.*

**Location: 2100 24<sup>th</sup> Ave South Seattle, WA 98144**

**6:30pm-9:30pm/Ages 13-18**



### **Girls Group at Treehouse – Girls in Middle to High School**

Meet once a month to hang out with girls your age and women from the community, eat delicious food, learn about yoga, self-defense, art, healthy cooking and so much MORE! Contact Stephanie Neil at 206-713-5598 for more information.

**Location: Treehouse 2<sup>nd</sup> floor in the Treehouse Learning Center**



**A FREE year round outdoor recreation and environmental education program for teens 14-19 years old citywide.**

**PROGRAMMING INCLUDES:** After-School Workshops, Overnight and Day Trips, Service Projects, Week Long Expeditions, Paid Internships. **GET INVOLVED TODAY! NO EXPERIENCE NECESSARY.**

**For more information please go to: [seattle.gov/parks/teens/o2](http://seattle.gov/parks/teens/o2)**

## Langston Hughes Performing Arts Center

**1700 Yesler Way S. Call us at 206-684-4758 for general information.**

The Langston Hughes Performing Arts Center (LHPAC) celebrates, nurtures, presents and preserves African American and Diaspora performing arts and cultural legacies. LHPAC provides a continual opportunity for all citizens of Seattle, from various walks of life and diverse backgrounds to experience and engage in these performing arts. Every season,

Langston Hughes Performing Arts Center has new theatrical works, classes, and programs. LHPAC offers both performances and instruction, which is highly inclusive and reflects the pluralistic diversity of the surrounding neighborhoods of the Central Area, the International District and across Seattle. Contact them for more information about their FREE and low cost classes and performances 206-684-4758.

## Youngstown Cultural Arts Center

**4408 Delridge Way SW, Seattle, WA 98106**

**206-935-2999**

**Free After School Art classes:** Beatmaking, DIY Organic Gardening, Digital Media, Live Music Lab, Youngstown Records, Breakdancing, DIY Fashion, Spoken Word Poetry, Sustainable Visual Art. Weekdays 3:30-5:30

**Visit their website at :**[http://www.youngstownarts.org/all\\_access\\_classes/](http://www.youngstownarts.org/all_access_classes/) to apply for these free classes!



### Environmental Learning Centers

LEARN ABOUT THE WILD SIDE OF Seattle at your Environmental Learning Centers! All the centers have programs for adults and families focusing on the natural wonders of the Puget Sound region and how you can make a difference in your world. Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at [www.seattle.gov/parks/](http://www.seattle.gov/parks/).

- **Discovery Park:** located 5 miles northwest of downtown Seattle
  - 8 miles of trails, ponds, saltwater beaches, forests, and meadows
  - 206-386-4236, 3801 W. Government Way, email: [discover@seattle.gov](mailto:discover@seattle.gov)
- **Carkeek Park**
  - Located in North Seattle
  - Roam the trails, play at the playground, explore the historic Piper's Orchard
  - 206-684-0877, 950 NW Carkeek Park Road, email: [carkeek@seattle.gov](mailto:carkeek@seattle.gov)
- **Camp Long**
  - Located in West Seattle
  - 68-acre forested park with hiking trails, climbing rocks with instructors, wetlands loaded with frogs and salamanders
  - 206-684-7434, 5200 35th Ave SW, email: [camplong@seattle.gov](mailto:camplong@seattle.gov)



### **The Burke Museum of Natural History and Culture**

**On the University of Washington campus at the corner of 17th Avenue NE and NE 45th Street (206) 543-7907**

Open daily, the Burke Museum welcomes all visitors who are curious about the natural wonders of Washington State, the Pacific Northwest, and the Pacific Rim. Discovery awaits you. **Admission is FREE on the first Thursday of the month from 10am-8pm.** Regular hours are daily from 10am-5pm, \$9.50 adult, \$6 students and youth 5+, ages 4 and under are always free.

### **Upcoming Event**

#### **Burke Museum Lecture : Dinosaurs of the Lost Continent**

Discover the ancient lost continent of Laramidia and the remarkable dinosaurs that lived there at a free public lecture with paleontologist Dr. Scott Sampson—better known as “Dr. Scott the Paleontologist,” host of the hit PBS KIDS series, Dinosaur Train.

**Friday, March 11, 2016 Free for all; Pre-registration required**

**Kane Hall 130, UW Campus**

### **Experience Music Project**

**325 5th Avenue North Seattle, WA 98109 | 206.770.2700 | <http://www.empsfm.org>**

EMP|SFM offers **free admission and live music from 5:00 pm to 8:00 pm on the first Thursday of every month!**

### **Seattle Art Museum (SAM)**

**1300 First Avenue Seattle, WA 98101 | 206.654.3100 | [www.seattleartmuseum.org](http://www.seattleartmuseum.org)**

SAM offers **free admission to all on the FIRST THURSDAY** of each month. All free day programs include access to special exhibitions as well as all SAM collections and installations.

### **Museum of Flight**

**9404 East Marginal Way S. Seattle, WA 98108 | 206.764.5720 | [www.museumofflight.org](http://www.museumofflight.org)**

Thanks to sponsor Wells Fargo Bank, Museum admission is **free of charge on the first Thursday evening of every month from 5-9 p.m!**

### **Bellevue Arts Museum**

**510 Bellevue Way N.E. - Bellevue, WA 98004**

**425-519-0770 [www.bellevueart.org](http://www.bellevueart.org)**

Bring out your child's imagination and creativity with one of Bellevue Arts Museum's many free or low-cost workshops for children of all ages.

Tuesday-Thursday, Saturday 10 a.m.-5:30 p.m.; Friday 10 a.m.-9 p.m.; Sunday 11 a.m.-5:30 p.m.

### **Frye Art Museum**

**704 Terry Ave. - Seattle, WA 98104**

**206-622-9250 | [www.fryemuseum.org](http://www.fryemuseum.org)**

The Frye Art Museum engages audiences, challenges perceptions, and encourages dialogue about art in all its complexities, past and present. Admission is always free. For updated information on Frye's education programs that provide art experiences for children, adults, and educators. Tuesday - Saturday, 10 a.m.-5 p.m.; Sunday, noon-5 p.m.; Thursday, 10 a.m.-8 p.m.

### **Seattle Center Children's Museum**

Mon - Fri: 10 AM - 5 PM

Sat/Sun: 10 AM - 6 PM

Price: \$7.50 adults/children, \$6.50 for grandparents and \$6.00 for groups (10 or more)

The Children's Museum, Seattle is an interactive, hands-on museum which provides children (ages birth - 10) and their families a fun and creative place to play and discover. Children can explore and interact with the 11 permanent exhibits including the Neighborhood, Global Village, Imagination Studio and the Mountain. Daily programming provides additional opportunities for art, culture and science exploration. Visitors to the Museum are immediately wrapped up in

this kid sized world of fun and exploration. **Medical Coupon cards provide free daily admission for the individual listed on the card only.**



\*This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening.



## **CAREGIVER RESOURCE GUIDE**

### **Resource or Support Lines**

#### **➤ Foster Parent and Caregiver Crisis and Support Line**

1-800-301-1868

The Foster Parent & Caregiver Support Line is a help line that foster parents and relative caregivers can access when they are in crisis. Crisis line workers will be able to listen and offer advice about how to manage children with emotional or behavioral problems. The support line operates after business hours, when Children's Administration social workers and foster care licensors are not available.

#### **➤ On-Going and Crisis Support for foster parents**

Under contracts with the state, three private agencies are working to build supports for you within the foster care community. Supports include hubs, support groups and matching new foster parents with veteran foster parents. To get connected:

- If you live in eastern Washington, the Olympic Peninsula down through Pacific County or from Thurston County to Clark County, call 1-888-794-1794.
- If you live in King County, call 206-605-0664 and in any county from Snohomish County north, call 360-510-7601 or 360-863-6530
- If you live in Pierce or Kitsap counties, call 253-473-9252
- If you live in Renton Region 4, call CARE: Counseling, Assistance, Relief and Education 1-888-263-3457 or [www.friendsofyouth.org](http://www.friendsofyouth.org)

#### **➤ Family Help Line**

1-800-932-HOPE

[www.parenttrust.org](http://www.parenttrust.org)

The Family Help Line is a free, statewide training and referral line for the families of Washington State. Last year, the Family Help Line received over 5,000 calls and requests for information. Calls can last up to 90 minutes and parents can call as often as needed.

➤ **Foster Parent Investigation Retention Support Team (FIRST)**

1-253-219-6782 Support for foster parents under investigation for allegations of abuse or neglect Monday through Saturday, 8:00 a.m. – 8:00 p.m., or leave a message and receive a return call within 24 hours.

## **Parenting Resources and Classes**

➤ **Children's Administration Foster Parent Website:** <http://www.dshs.wa.gov/ca/fosterparents/>

Visit this website for information on training and parenting resources. The website offers helpful training videos on behavioral issues, health and safety, parenting tips, and many more. It also provides links to other websites for parenting concerns.

Contact 1-800-543-7414 to connect with the statewide foster parent recruitment information center.

➤ **Children's Home Society of Washington Parent Education**

206-695-3200

[http://www.childrenshomesociety.org/Our\\_Services/Family\\_Support/Parent\\_Education.html](http://www.childrenshomesociety.org/Our_Services/Family_Support/Parent_Education.html)

The parent education programs give families important skills and information to help children reach their potential in safe, loving homes. Classes available in:

- Conscious Fathering
- Home Team Parent Aide Program
- Home Visitation
- Next Generation
- Parent Education and Skill-Building
- Parent Trust
- Parents as Teachers
- SPARK: Strong Partners and Relationships for Kids
- Strengthening Families Program
- The Nurturing Parenting Program
- Triple P Parent Coaching

➤ **Friends of Youth: Parenting Resources (classes)**

(Issaquah, Duvall, Snoqualmie)

<http://www.friendsofyouth.org/parentingResources.aspx>

Parents are their children's first and most important teachers. But sometimes, they need a little extra help dealing with the challenges that arise. They need the opportunity to learn effective parenting strategies, build skills, and discuss their issues with other parents. Friends of Youth offers several parenting education classes throughout our community that provide the tools parents need to encourage the development of strong healthy families.

STEP (Systemic Training for Effective Parenting) classes:

Parents of 2-12 year-olds

Parents of Teens (Open to parents of 13-19 year-olds)

Prevention Parenting classes:



## **Foster Parent/Caregiver Resources**

### ➤ **Lutheran Community Services (Seattle)**

<http://www.lcsnw.org/permanencyplanning/parents.html> (206) 694-5713

- Group and individual preparation and training for Permanency Planning
- Foster Parent Support Group
- Permanency Planning Newsletter
- Parenting training or referral
- Information and referral to community resources
- Ongoing counseling and support

### ➤ **Children's Administration**

#### Meet, Greet, and Train

These long lunch hours are set aside for all caregivers to come together and enjoy a brown bag lunch Gala and engage in one hour of training on a variety of topics. Those topics include things like, Managing Anger in Your Homes; Tactics to Avoid Chaos When Parenting the ADHD child; Active Communication and many, many more. Come and get acquainted and enjoy the networking with other caregivers.

To register call: 1-800-876-5195

### ➤ **Children's Home Society of Washington**

206-695-3200

#### Family Resource Centers

[www.childrenshomesociety.org/Our\\_Services/Family\\_Support/Family\\_Resource\\_Centers.html](http://www.childrenshomesociety.org/Our_Services/Family_Support/Family_Resource_Centers.html)

Our family resource and support centers help families build on their strengths, find support networks and services, and promote the well-being of the entire family. Locations: Auburn, North Seattle

#### Kinship Caregiver Support

Groups for parents and relatives who are primary caregivers offer an opportunity to connect with others, find new ways to deal with challenges, and gain insight and support from people in similar situations.

### **FPAWS: Foster Parent Association of Washington State**

1-800-391-CARE (2273)

[www.fpaws.org](http://www.fpaws.org)

Help to empower, to support and to advocate for foster, kinship-care and adoptive families.

The NFPA is the national voice for foster parents and provides services to individual states to improve the services to foster parents throughout the country. NFPA holds an annual training conference in late April or May.

FPAWS is part of the larger NFPA: National Foster Parent Association: <http://www.nfpainc.org/>

### ➤ **Friends of Youth:**

### CARE: Counseling, Assistance, Relief, and Education

CARE supports state licensed foster parents or relative caretakers when they are caring for state placed children with difficult behavior problems. If the caregiver calls CARE at 206-915-0459, we will call them back within 24 hours. We will offer to go to their home within 72 hours of their call. The primary goal of CARE is to prevent the placement from "failing"; to keep the child in your home and keep you as a placement resource.

We provide the following kinds of support for up to three months:

- Telephone consultation as requested by the caregiver
- A master's level CARE staff member can provide short term in-home counseling using behavior based approaches to help the caregiver gain skills and techniques for dealing with the child's behavior.
- We can help develop behavior management and supervision plans that meet the needs of the child. Friends of Youth programs specialize in sexually aggressive behaviors, physically aggressive behaviors, mental health problem behaviors and others.
- Access to CARE staff 24/7 for emergency consultation
- Referrals and information about resources and training to improve caregiver skills
- Funds to assist in paying for community resources; e.g. boys and girls club membership, day camp, etc.
- Funds to assist with child evaluations and assessments
- Funds to assist in paying for training classes
- Assistance in advocating with the assigned social worker to get respite funds for household items that will assist in maintaining a child in the home; e.g. bedding, special needs items, etc.

## **Additional Community Resources**

### **2-1-1 Washington Information Network**

Dial: 2-1-1 or online at: <http://www.resourcehouse.info/WIN211/>

This network provides a directory of health and human service programs to find resources like food banks (food pantries), emergency shelters, transportation, health clinics, rent or utilities assistance, legal help, and many more.

### **Casey Family Programs**

A guide to SSI and Social Security Benefits for Children and Youth in Out-of-Home Care:

<http://www.casey.org/Resources/Publications/pdf/GuideToSSI.pdf>

Relative Caregiver Resources:

<http://www.grandfactsheets.org/doc/Washington%2007%20New%20Template.pdf>

### **Kent Youth and Family Services**

A list of services and support organizations dedicated to helping individuals and families in South King County. <http://www.kyfs.org/resources.html>

### **YMCA: The Center For Young Adults**

Providing young adults who have experienced foster care or homelessness with the resources and skills they need to move toward independence.

<http://www.seattleyymca.org/page.cfm?ID=center> (206) 749-7550

